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FOTA 2018 Annual Conference **Orlando, Florida** 

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## President's Welcome

Welcome to #FOTA18, the annual conference for the Florida Occupational Therapy Association. Thank you for attending and participating in this exciting event. Your attendance of this event demonstrates your commitment to our profession, and to occupational therapy (OT) in Florida.

Our conference theme – **#FOTA18 Advancing Your Practice: Translating Knowledge Faster** – demonstrates our commitment to the OT clinicians in our state. This year we come together in Orlando with a devotion to serve those who serve others. Our selection of courses and programming are designed to engage the practicing OT. Our aim for all educational sessions is to share evidence based best practice emerging from research along with practical knowledge that you can implement at work on Monday. Our goal is to provide you with education that informs your practice with new ideas and enthusiasm. We hope this conference provides opportunities to network with others OT practitioners, and create a greater sense of community within our profession across our state. We celebrate the art and science of being a clinician, and we salute the dedication, resilience, and ability to adapt that it takes to serve OT clients in today's healthcare system.

The **conference's Educational Sessions** this year offer a specially selected roster of diverse topics including two-hour Workshops and many one-hour Short Courses and sessions called Conversations That Matter that target the special interest sections. Poster sessions showcase both professional and student posters from educational programs across Florida. Two courses required for licensure, Medical Errors and Florida Laws and Rules, are offered again this year.

This year's **Exhibit Area** is dedicated to informing you about informing you about products, and networking with others about special opportunities in your career. Please stop by and see the latest and greatest from our vendors. Also, stop by the Government Affairs booth to meet our FOTA Lobbyist who assist us in advocacy with our state legislature and to discuss the current trends and issues affecting OT in Florida.

At the Saturday **Annual FOTA Membership Meeting and Awards Ceremony**, we will recognize individuals who have advanced occupational therapy in Florida. Join our students and faculty late Saturday for the **Student Poster Awards** events - always exciting and energizing.

Thank you to your **Conference Team:** #FOTA18 Conference Convener Tia Hughes and FOTA Vice President Debbie Misrahi, the dynamic duo who produced a conference with exciting events and meaningful educational sessions. Special thanks to Volunteer Coordinator Vicki Case and to Deb Oliviera, who steered the Exhibitor's area. FOTA Association Coordinator Janine Silvaroli is responsible for a huge amount of behind the scenes coordination, both before and during conference. To her, we extend a sincere expression of gratitude.

Without the **conference volunteers**, we would be lost. Thank you, practitioners, board members and student volunteers --we value your time and energy.

Your attendance is appreciated and your Membership Matters! We want clinicians to be a HUGE part of FOTA membership. Our motto is Education\*Practice\*Advocacy. We work as a volunteer organization to develop a community of practitioners who advocate at the state level for appropriate access to OT services, fair regulation and reimbursement, and protection of the scope of practice. Further, we strive to create opportunities for leadership, mentorship, networking for OT professionals. Through our annual conference, regional representation, local connections, and special interest sections offering specialized information, we offer the exchange of valuable ideas and practices to serve individual, communities, and populations in need with regard to participation in occupations. The truth is we need to grow our membership to build a capacity for greater action, power, and influence on behalf of OTs like you. With more clinician members, we can do more to achieve our goals. Help us inspire others to join and be active participants in our voluntary, non-profit association. Please continue to renew your FOTA membership and join us at our annual conference.

Enjoy our #FOTA18 Conference! Best regards,

Brent Cheyne, OTD, OTR/L



## Friday, October 26

## Registration Open 7 am - 5 pm in EXHIBITION HALL EXHIBITION HALL 8 am - 4 pm

	OCEANS 1-3	ROOM 4	ROOM 9	ROOM 10	ROOM 11	TARPON A	TARPON B
8:00	WS-1 NBCOT® Strategies for	<b>SP-1</b> Student Poster	WS-2 VAMPS Visual Activity, Motor, Postural & Sensorimotor Assessment	WS-3 Vehicle Automation for Medically At-Risk Drivers: Opportunities and Challenges	WS-4 Occupational Therapy in Early Childhood Transitions: Supporting Children and Families	WS-5 Incorporating Evidence-Based Practice into Fieldwork Experiences	CTM-1 Meeting AOTAs vison 2025 with experien- tial education labs
9:00	Certification Success	Judging					CTM-2 Exchange of ideas on innovative apps to promote health & occupational engagement
10:00		<b>SP-1</b> Student Poster Presentations	SC-1 Pick your Partners: Teachers, PT and OT collaboration in schools	SC-2 Implicit Bias: Educational and Professional Implications for Application to Occupational Therapy Practice	SC-3 Improving quality of life using interdisciplinary collabs for patient centered care w/in specialty individu- alized memory care programs	SC-4 Though Bubbles: Making Clinical Reasoning More Visible to Fieldwork Students	CTM-3 Addressing abuse and violence during home and community occupational therapy visits
11:00		CONFERENCE	WELCOME & K	EYNOTE ADDRE	SS - Oceans 1 - 3	3	
12:00			LUNCH BRE	AK: Oceans 5-6			
1:00			SC-5 Sexuality & Intimacy after a	SC-6 How to Write Evidence-Based	SC-7 Training in Oral Care with Persons	SC-8 Leadership and Engagement:	CTM-4 Quick Way to Use Evidence in Your
1:30			Spinal Cord Injury	Practice Manu- scripts for Journal Publication	with Cognitive Dysfunction	Readiness and Willingness to Lead	Practice
2:00		PP-1 Professional	WS-7 Driving and Community	WS-8 Lymphedema:	WS-9 Medical Errors	WS-10 A Case Based Look	CTM-5 The rising suicide rate in baby boomers and the unique role
2:30	WS-6 Go Baby Go	Poster Presentation	Mobility: Occupational	an under identified issue in routine occupa- tional therapy practice		at Proprioceptive Rehabilitation Following Trauma to the UE	of occupational therapy
3:00		SP-2 Student Poster	Therapy Practitioner Roles in Driving Rehabilitation Program				CTM-6 Beyond Pulse, Parkland, & other incidents: conversa- tions about health
3:30		Judging					effects, disruptions, opportunities & resources
4:00		SP-2 Student Poster					
4:30		Presentations	SC-9 Empowering Leadership: Our State Association's	<b>SC-10</b> The School Based Occupational Therapy Assess-	SC-11 Trauma-informed community-based occupational	SC-12 SOTA Leaders Network	CTM-7 Ethical Dilemmas That Arise in
5:00			Leadership Development Program	ment: Úsing the occupational profile & other tools to capture relevant data	therapy: A practice model used w/ children & youth receiving out-pa- tient psychological services		Everyday OT Practice

## Saturday, October 27

Registration Open 7 am - 12 pm in EXHIBITION HALL

## Yoga 6:45 - 7:30 am in NOMEUS

EXHIBITION HALL 8 am - 4 pm



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	OCEANS 1-3	ROOM 4	ROOM 9	ROOM 10	ROOM 11	ROOM 12	TARPON A	TARPON B	NOMEUS
3:00	WS-11 Laws & Rules	WS-12 Connecting Applied Behavior Analysis to Occupational	WS-13 Implementation of the Allen Scale into Clinical Practice	WS-14 NBCOT Navigator®: The Next Era in Continuing	WS-15 The Role of OT in Diabetes	WS-16 Pediatric Mental Health Make and Take	WS-17 Neurogenic bowel and blad- der education: Training therapists on	CTM-8 Adding to the psychosocial observation- based assessment toolbox	
9:00 9:30		Therapy Can't We All Just Get Along?		Competency			how to instruct their patients to perform bowel and bladder programs properly	CTM-9 Working together as pediatric therapists	<b>SP-3</b> Student Poster Judging
0:00		SC-13 Implementing Community Outings Across the Continuum of Care	SC-14 Improving Engagement and Leadership in OT Associations for Students, New Grads, & Practitioners	SC-15 Rett Syndrome and aging, from a parent's perpspective	SC-16 Provision & need for low vision OT intervention in children with amblyopia: Caregiver perspectives	SC-17 Florida Resources for Maintaining Safe Mobility	SC-18 Strategies for managing multidimensional time-related challenges for college students with learning and attention disorders	CTM-10 The Role of OT in Upper Extremity Amputation	SP-3 Student Poster Presentation
1:00	MEMBERSHIP MEETING & AWARDS CEREMONY - Oceans 1 - 3								
12:00				LUNCH B	REAK: Ocean	IS 5-6			
12:30	Student Poster Awards & Flotec Educator of the Year Awards	SC-19 The Intersection of Current Trends in OT: Establish- ing a Wellness and Prevention Practice for Baby Boomers	SC-20 Handwriting Hacks & Playful Strategies to Remedy Preschool Pressure	SC-21 Fitness-to-Drive Screening Measure: Clinical Utility for Occupational therapists identifying at- risk older drivers	SC-22 Essential Oils for Pain, Inflammation and Joint/ Muscular Conditions	SC-23 Flick of the Wrist	SC-24 Supporting College Student Mental Health to Enhance Occupational Performance in Classroom, Lab, and Fieldwork	CTM-11 Productivity Demands and Professional Clinical Ethics: Resolving Dilemmas	<b>PP-2</b> Professional Poster Presentations
2:00	WS-18 Sorting it All Out with	WS-19 Adult Day Service	WS-20 Older Adults in Recovery from	WS-21 Is it Sensory or Behavior, That's	WS-22 Innovative and Collaborative	WS-23 School as a Sensory	WS-24 Using Clinical Guidelines and	CTM-12 Introduction to the OTD Capstone	
2:30	Therapy, Emotional, and	Center: A Viable	Addiction: Realities and	the Question	Fieldwork	Experience- Creating Sensory	Patient Decision Aids in your OT	Experience & Capstone Innovations	
3:00	Service Dogs: the Who, What, When, Where,	Long-Term Care and Level II Field Work Option	Remediation of Cognition Loss			Smart Classroom for our Children	Practice	CTM-13 How is your oc- cupational balance?	
3:30	Why, and Wow!		1	1	1	1	1	Conversations about	



## COCKTAIL HOUR Friday Night • 7pm

Meet and Greet your Lobbyists and Government Affairs Coordinators

Boardwalk Bar near Starbucks in courtyard area Hors d oeuvres provided



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When logged on, click "Directory."

Click **"My Profile "** from the drop-down menu.

Click **"Edit"** at the top or bottom of the page.

Update your information and click "Save."

# **FOTA18 Keynote** Delaina Parrish

11:00 am Friday, October 26

#### Receive 1 CE available for attending the Welcome & Keynote Address

## Becoming Fearlessly Independent

Come jump in the shotgun seat alongside a young woman who is navigating life with CP, from early childhood through graduating high school with a perfect GPA, to transitioning into a major university, to designing for and promoting the much-needed world of adaptive fashion, all which eventually led her to the runway of New York with Tommy Hilfiger! Don't miss this invitation to join the world of an innovator who is challenging the status quo at every turn.

# Florida Occupational Therapy Association

Friday, October 26, 2018 Saturday, October 27, 2018

## Saturday, October 27, 2018 Renaissance Orlando at SeaWorld<sup>®</sup> 6677 Sea Harbor Drive Orlando, FL 32821

## Vision

FOTA is the respected authority on occupational therapy's contribution to health and well being in Florida.

## Mission

FOTA members support and develop the best practice of occupational therapy to advance the profession and to better serve our consumers.

www.flota.org



FOTA is a state affiliate of the American Occupational Therapy Association.

## WIFI: FOTA18 Password: advance

## 2018 Annual Conference Continuing Education (CE) Certificate Policy

You must attend an entire session to earn Continuing Education (CEs).

Your attendance certificate is a two-part, carbonless NCR form available at the registration desk. Write your name, Florida OT/OTA license number and the name of the session(s) that you attend.

Attendance will be verified at each session by a host who will initial the form indicating the session you are attending.

At the end of the conference, total the CE hours of the sessions that you attended and enter on the form. Sign the form and return the yellow copy to the conference registration desk. Secure the white copy in your records for at least four years.

Ensure that your name, license number and total hours of CEs are correct. FOTA will not process any certificate without the practitioner's correct Florida OT/OTA license number.



Florida Occupational Therapy Association

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Brent Cheyne, OTD, OTR/L VICE PRESIDENT Debra Misrahi, DrOT,OTR/L Kathleen Frahm, MBA, OTR/L Elise Bloch, Ed.D., OT/L

## **STANDING**

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MEMBER CONCERNS André Johnson COTA/L, BHS

PRACTICE SIS Ricardo Carrasco, PhD, OTR/L, FAOTA

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CONFERENCE CONVENER Tia Hughes, DrOT, MBA, OTR/L

AOTA REP (FL) Dr. Edwin Myers, OTD, OTR/L

SIS CHAIRS **ADMINISTRATION** Michael Steinhauer, OTR, MPH, FAOTA

DEVELOPMENTAL DISABILITIES Kathleen Frahm, MBA, OTR/L

**EDUCATION** Kurt Hubbard, PhD, OTD, OTR/L, FAOTA

FIELDWORK EDUCATION Linda Struckmeyer, PhD, OTR/L

GERONTOLOGY Anjali Parti, OTD, OTR/L Annette Bullard, OTA/L, B.A., AFWC

HEALTH PROMOTIONS AND WELLNESS Elizabeth Strickland, OTR/L

HOME & COMMUNITY Amanda Kotolski, Ph.D. OTR/L

MENTAL HEALTH Martha Montejo-Whaley, PhD, OTR/L

PHYSICAL DISABILITIES Kristin Antonlini, MOT, OTR/L

**RESEARCH CO-SIS** Lynn Jaffe, PhD, OTR/L Sarah Fabrizi, PhD, OTR/L

SCHOOL SYSTEMS Kim McKinney, MPT, MOT, OTR/L

SENSORY INTEGRATION Gustavo A. Reinoso, PhD, OTR/L

TECHNOLOGY Rick Davenport, PhD, OTR/L

WORK PROGRAM Regina Bonynge, OTR/L, CWCE, CEAS

REGIONAL REPRESENTATIVES **REGION 1: NORTHWEST** Open

**REGION 2: CAPITOL** Sylvia Young, OTR/L

**REGION 3: NORTH CENTRAL** Heidi Horwitz, OTR/L

**REGION 4: NORTH EAST** Julie Watson, PhD, OTR/L

REGION 5. CENTRAL EAST Karen Snyder, PhD, OTR/L

**REGION 6: SOUTH EAST** Lindsey Demetres, MSORT/L

**REGION 7: SOUTH** Cathy Peirce, PhD, OTR

**REGION 8: SOUTH WEST** Shannon Miller, COTA/L, CSRS

**REGION 9: CENTRAL WEST** Dana Dixie, OTR/L

## SCHEDULE AT A GLANCE

## Friday, October 26, 2018

7am	Registration
8 am - 11 am	Education Sessions
9 am	Student Poster Session 1
11 am	Welcome & Keynote Address
12 pm	Lunch
1 pm - 5:30 pm	Education Sessions
2 pm	Professional Posters
4 pm	Student Posters 2

## Saturday, October 27, 2018

7 am	Registration
8 am - 11 am	Education Sessions
10 am	Student Poster 3
11 am	Membership Meeting
	& Award Ceremony
12 pm	Lunch
12:30 pm	Student Poster Awards
1 pm - 4 pm	Education Sessions
1 pm	Professional Posters
4 pm	Conference concludes

# CONFERENCE WELCOME & KEYNOTE ADDRESS

#### **Keynote Address** FRIDAY 11 am • OCEANS BALLROOM Delania Parrish

Come jump in the shotgun seat alongside a young woman who is navigating life with CP, from early childhood through graduating high school with a perfect GPA, to transitioning into a major university, to designing for and promoting the much-needed world of adaptive fashion.

After attending this inservice, the attendee will Identify the importance of hard work and Understand how creativity can be used to overcome challenges.

## Shop 'Til You Drop **SOTA Fundraising**

Florida OT schools will be fundraising during FOTA18 Conference.

Student Occupational Therapy Association teams from the schools will be selling products at the exhibition hall.

Friday Oct. 26 · 8 am - 4 pm Saturday Oct. 27 · 8 am - 4 pm

## FRIDAY OCTOBER 26 WORKSHOPS



## **NBCOT®: Strategies for Certification Success** Barbara Williams, Associate Director, External and Regulatory Affairs, DrOT, MS, OTR

**INTRODUCTORY** 

## NBCOT serves the public interest by advancing client care and professional practice through evidence-based certification standards and the validation of knowl-

edge essential for effective OT practice. Connect with NBCOT and hear about the best approaches to achieve your goal for Occupational Therapy Certification. Learning Understand the certification examination application process. Learn about exam preparation strategies and the NBCOT Aspires<sup>®</sup> Study Tools. Increase awareness of NBCOT and why competency matters.

## WS-2 Fri. 8-10 am ROOM 9

## VAMPS, the New Visual Activity, Motor, **Postural, and Sensorimotor Assessment** Cara Koscinski MOT

**INTRODUCTORY** 

# The VAMPS questionnaire brings a comprehensive way

to assess functional visual concerns. Children today

spend long periods of time using technology. Postural, sensorimotor, reading, and movement tasks lag when children do not complete gross motor and sensory exploration.

Name functional visual exercises used to assess concerns seen in children. Complete activities designed to assess body movement in all planes for optimal function. Use the VAMPS assessment to identify treatment goals and strategies for remediation.

## **WS-3** Fri. 8-10 am **ROOM 10 INTRODUCTORY**

Vehicle Automation for Medically At-Risk **Drivers: Opportunities and Challenges** Mary Jeghers MSOT, OTR/L, Sherrilene Classen PhD, MPH, OTR/L, FAOTA, FGSA, Sandra Winter PhD, OTR/L, Luther King DrOT, CDRS, CDI, OTR/L Medically at-risk drivers may experience visual,

cognitive, and motor declines that impact their fitness to drive. Our presentation illustrates the opportunities and challenges of vehicle automation, which stands to revolutionize transportation and community mobility as we understand them.

Participants will conceptualize terminology and taxonomy, and distinguish policies related to vehicle automation. Participants will utilize critical thinking skills in small group collaborations to illustrate how vehicle automation may help offset functional limitations for medically at-risk drivers. Participants will engage in a case study analysis, deconstructing a recent autonomous vehicle crash using the Person-Environment-Occupation Model to understand the roles and occupational performance of road users, including drivers and pedestrians, and the interplay of vehicle and environmental factors.

## WS-4 Fri. 10-11 am **ROOM 11** INTERMEDIATE

## **Occupational Therapy in Early Childhood Transitions: Supporting Children and Families** Christine Myers PhD, OTR/L

Transitions to preschool and kindergarten set the stage for future school success. This presentation will provide an overview of promising strategies and best

practices for supporting children and families during transitions from early intervention to preschool and preschool to kindergarten.

Describe the role of early intervention and related service providers in the continuum of transitions across early childhood. Articulate how positive transition outcomes may be supported through interventions and strategies that address participation in community and school environments, with an emphasis on strategies for emotional regulation. Prioritize family involvement in all phases of the transition process (planning, implementation, adjustment) for positive child and family outcomes.

WS-5 Fri. 8-10 am **TARPON A** 

**Incorporating Evidence-Based Practice into Fieldwork Experiences** Helene Lieberman MS, OTR/L

**INTERMEDIATE** 

Lora May Swart BSAS, COTA/L This workshop focuses on using Evidence Based Practice (EBP) for the student and the fieldwork

educator (FWE). The levels and benefits of using EBP will be reviewed. Reasoning to incorporate EBP into fieldwork including resources and strategies will be provided. Attendees will understand the use of EBP to create a positive fieldwork experience.

Participants will understand the levels of Evidence-Based Practice. Participants will be able to articulate the benefits of using Evidence-Based Practice on a Fieldwork Experience. Participants will be able to identify 3 strategies to incorporate Evidence-Based Practice into Fieldwork.

Go Baby Go

## **WS-6** Fri. 2-3:50 pm OCEANS 1-3

Jennifer Tucker PT, DPT, PCS This session will focus on the Go Baby Go movement.

**INTRODUCTORY** 

Go Baby Go! is a national, community-based research and outreach program that provides accessible, inexpensive and common sense solutions for kids and adults with limited mobility. The program continues to find innovative solu-

tions for children and adults with limited mobility. Strategies for developing real world solutions for children and adults will be discussed. Participants will be provided an opportunity to see some of the novel solutions for promoting early mobility including modified ride on cars and a portable harness system. In addition, participants will recognize that where the child is matters more than the device they are using. Concepts of user centered design, participation, and enriched environment will be presented with examples of real world applications.

## **WS-7** Fri. 2-3:50 pm ROOM 9

## **Driving and Community Mobility: Occupational Therapy Practitioner Roles in Driving Rehabilitation Program** Raina Hammond MOTR/L DRS, Michelle Hanley OTR/L

**INTRODUCTORY** 

This presentation will highlight OT's role as the expert in the IADL driving and community mobility and how

to collaborate with the driver rehabilitation specialist. Gain specific knowledge on resources, strategies for driving conversations, & referral strategies to driving rehabilitation.

Describe how occupational therapists are uniquely positioned to address the driving and community mobility needs of their clients through collaboration of driver rehabilitation services and local transportation options. Demonstrate the various resources currently available for the occupational therapy practitioner, including the Spectrum of Driver Rehab services, to facilitate appropriate referrals when the expertise of a driver rehabilitation specialist is required.

## **WS-8** Fri. 2-3:50 pm ROOM 10

## Lymphedema - An Under Identified Issue in Routine Occupational Therapy Practice Prerna Poojary-Mazzotta PhD, OTR/L, CLWT Bryan Groleau COTA/L, CLT-LANA, CLWT, WCC

**INTRODUCTORY** 

Addressing lymphedema is important to prevent disease progression and manage complications. Clinicians will understand basic lymphedema management skills and involvement of healthcare professionals, to direct patient-centered care,

enhancing quality of life and interdisciplinary collaboration. Define lymphedema when presented as a secondary diagnosis or coexisting condition to the primary diagnosis and prioritize the plan of care accordingly. Understand the physical and psychological implications of lymphedema on the patient's quality of life and demonstrate an entry level understanding of the complications and risk factors of lymphedema. Practice basic lymphedema evaluation methodologies across the healthcare continuum and formulate plan of care management strategies that target the primary diagnosis while monitoring the lymphedema and preventing exacerbation.

## WORKSHOPS FRIDAY OCTOBER 26

**WS-9** Fri. 2-3:50 pm **ROOM 11 INTRODUCTORY** 

## Medical Errors

Debra Chasanoff MEd, OTR/L

This program was designed to meet the criteria in Section 456.013(7), Florida Statutes, which mandates that two hours of continuing education in medical errors prevention is required for licensure renewal in Florida. Participants will be able to identify how to

apply a systems approach to identify and reduce the risk for medical errors in the clinical environment to improve patient safety.

WS-10 Fri. 2-3:50 pm TARPON A INTERMEDIATE

#### A Case Based Look at Proprioceptive Rehabilitation Following Trauma to the UE Laura Conway MSOTR/L, CHT, COMT UE

Proprioceptive dysfunction is an underappreciated component of functional deficits following trauma or surgery. This dysfunction may be successfully assessed

and treated by the occupational therapy practitioner. This course will include instruction in assessment, dosing, practical application and a review of support within the literature.

Participants will understand the role that proprioceptive dysfunctions plays in completion of daily tasks following an injury. Participants will gain an understand of the stages of proprioceptive rehabilitation as in relates to functional restoration. Participants will be able to identify techniques that are applicable to this population that may be easily applied within their own clinic.

## WORKSHOPS SATURDAY OCTOBER 27

WS-11 Sat. 8-9:50 am OCEAN 1-3

**INTRODUCTORY** 

## Laws & Rules

Barbara Ingram Rice OT, CHC, CLT Designed to meet Florida's requirement for a

two-hour course on Laws and Rules, the session will teach participants how to find the Occupational Therapy Practice Act, its purpose and what it means.

Participants will understand their obligations under OT licensure, including supervision, continuing education, reporting unlicensed activity and disciplinary actions, if found in violation.

#### **Connecting Applied Behavior Analysis to** WS-12 Occupational Therapy... Can't We All Just Sat. 8-9:50 am **Get Along?** ROOM 4 Sandra Brown PhD, OTR/L, BCP, BCBA

**INTRODUCTORY** 

This workshop will align principles of applied behavior

analysis (ABA) within the occupational therapy clinical reasoning process to target challenging behaviors that negatively impact a child's participation in therapy. Case examples and group discussions will

provide practical learning opportunities for participants. Describe how ABA principles align with the occupational therapy clinical reasoning process. Relate ABA principles to occupational therapy practice to analyze and respond to challenging behaviors as they occur in treatment. Formulate treatment techniques that target challenging behaviors while maximizing engagement in occupational therapy intervention.

#### Implementation of the Allen Scale into WS-13 Clinical Practice Sat. 8-9:50 am Vicki Case MS Ed., OTR/L ROOM 9

INTERMEDIATE

This course is designed for OTs and OTAs who work with persons with cognitive dysfunction and are using the ACL. Participants will be to develop cognitively

appropriate goals based on the different cognitive levels. Participants will also be able to determine appropriate recommendations for environmental modifications and adaptive equipment.

Describe the six cognitive levels of function and the modes of performance that subdivide the levels. Set realistic and relevant treatment goals based

on cognitive level. Predict treatment functional outcomes in order to make recommendations for environmental modifications and adaptive equipment that maximize independence and protect patient safety.

#### NBCOT Navigator®: The Next Era in WS-14 **Continuing Competency** Sat. 8-9:50 am Barbara Williams Associate Director, External and **ROOM 10** Regulatory Affairs, DrOT, MS, OTR This presentation is a prime opportunity to learn about

INTERMEDIATE

the NBCOT Navigator® evidence based continuing competency assessment tools which can be used by OTR® and COTA®

certificants to verify practice strengths and gauge continuing competency needs across all areas of practice.

Increase awareness about the range of competency assessment tools available on the NBCOT Navigator®. Understand how the NBCOT Navigator® online continuing competency assessment tools can be used to identify practice areas for continued professional development. Learn about evidence-based resources for ongoing continuing competency.

WS-15 Sat. 8-9:50 am **ROOM 11** 

The Role of Occupational Therapy in Diabetes Suny Faradj-Bakht OTD, OTR/L Keisa Boykin OT, DHSc, MBA OT is an important partner in the management and

INTERMEDIATE

prevention of diabetes. By the end of the workshop, clinicians will be able to identify goals that maximize

independence self- management and implement intervention plans that improve functional outcomes. OTs will be able to implement strategies to combat stigma.

Understand the physiological/epidemiological differences between the different types of diabetes. Identify specific assessments appropriate for this client population. Generate client-centered goals that maximize self-care and medical management.

WS-16 Sat. 8-9:50 am **ROOM 12** INTERMEDIATE

## Pediatric Mental Health Make and Take Joseph Werner OTD, OT/L Melissa Conti COTA/L, MOT

Mental health issues in pediatric occupational therapy may challenge a therapist to be creative in planning and implementing interventions. This short course will

review 4-5 treatment interventions that can be applied directly to practice. Participants will learn 4-5 evidence based treatment interventions that are directly related to pediatric occupational therapy practice. Participants will understand the activity analysis process when developing interventions for children with mental health problems. Participants will recognize a range of various mental health conditions in children and adolescents, the risks to these conditions, and protective factors associated with them and understand how to analyze child and parent relationships in addition to how to support them.

## WS-17 Sat. 8-9:50 am TARPON A INTRODUCTORY

## Neurogenic Bowel and Bladder Education: Training Therapists on How to Instruct Their **Patients to Perform Bowel and Bladder Programs Properly** Michael Taylor MOT, OTR/L

At this end of this course you will have a basic understanding of what a neurogenic bowel and bladder is and how to instruct someone to manage their new normal.

You will be able to list some common diagnoses that develop neurogenic bowel and or bladder and list the difference between sterile and clean intermittent catheterizations. You will be able to list the 3 categories of intermittent catheters for reimbursement purpose and explain the difference between upper motor neuron and lower motor neuron injury and how this impacts the bowel program choice. You will be able to list the steps required for a complete bowel program, identify the best practice approach for bowel program training with neurogenic bowel and the best practice approach for bladder training with neurogenic bladder.

#### Sorting it All Out with Therapy, Emotional, WS-18 and Service Dogs: The Who, What, When, Sat. 2-3:50 pm Where, Why, and Wow! OCEAN 1-3 Sandra Brown PhD, OTR/L, BCP, BCBA **INTRODUCTORY** Ricky Brown, Therapy Dog

This workshop will provide understanding of the roles of dogs in rehabilitation including emotional support, therapy, and service dogs. Legal rights and regulations will be reviewed for each role, such as housing and aviation. Case discussions will be analyzed and there will be an in-person visit from a trained therapy dog.

This workshop will provide understanding of the roles of dogs in rehabilitation including emotional support, therapy, and service dogs. Legal rights and regulations will be reviewed for each role, such as housing and aviation. Case discussions will be analyzed and there will be an in-person visit from a trained therapy dog.

## WS-19 Sat. 2-3:50 pm ROOM 4

#### Adult Day Service Center: A Viable Long-Term **Care and Level II Field Work Option** Nardia Aldridge MS, OTR/L Lakeisha Sanders-Woods, OTR/L

INTERMEDIATE

As the population ages, they may become dependent on others and experience a decline in their ADLs. Adult day centers posit that they can provide services to meet the complex needs of the older adult and delay nursing home

placement. OT is needed in this setting to demonstrate our distinct value. Define adult day service centers as a long-term care provider. Identify the role of occupational therapy in adult day service centers. Classify adult day centers as a role-emerging Level II fieldwork option.

#### **Older Adults in Recovery from Addiction:** WS-20 **Realities and Remediation of Cognition Loss** Sat. 2-3:50 pm Debra Lynskey-Lake LCSW ROOM 9 Cognition loss due to older adult substance use

## **INTERMEDIATE**

disorder informs evidence-based therapeutic interventions during recovery. Remediation and continuity of

care in daily practice includes the development of empathic mirroring and listening for improvement of social, mental and physical function. Relate the symptoms of older adult cognition loss due to substance use disorder and the evidence of possible remediation and brain plasticity. Describe therapeutic and blended interventions to enhance brain function, chronic pain management and social interaction in this population. Relate and apply vital elements of empathetic practice and meaningful connection in daily practice.

## WS-21 ROOM 10 INTERMEDIATE

## Is it Sensory or Behavior, That's the Question Cara Koscinski, Creator and owner of Sat. 2-3:50 pm The Pocket Occupational Therapist

Therapists receive questions regarding sensory and behavior regularly in all settings. Answering the question requires us to delve into the literature to

understand the purpose of behavior in humans. Looking at behavior as a form of communication helps us to form appropriate treatment strategies. At the conclusion of this session, participants will be able to explain that behavior and anxiety are forms of communication when a child is dysregulated. At the conclusion of this session, participants will identify fun and functional sensory-motor experiences to build new sensory pathways and improve comfort for learning in home, clinic, & school settings. At the conclusion of this session, participants will describe both pre and post-behavioral interventions appropriate for all settings.

#### Innovative and Collaborative Fieldwork WS-22 Experiences Sat. 2-3:50 pm Sheri Montgomery OTR/L, OTD, FAOTA **ROOM 11** Init Marazita OTR/L, MS

INTERMEDIATE

Looking to innovation to create Level I fieldwork experiences is necessary. This course will explore two

approaches successfully used that involve collaboration and provide positive experiential learning opportunities for students. Explore community opportunities and resources that offer innovative opportunities for Level I Fieldework experiences. Explore collaborative relationships to create simulated experiential learning experiences for Level I Fieldwork experiences. Explore faculty driven and supported Level I Fieldwork experiences and possible implementations in your community. Think outside the box to create Level I Fieldwork experiences for students that enhance learning and reduce the burden on sites.

## WS-23 Sat. 2-3:50 pm ROOM 12 **INTRODUCTORY**

## School as a Sensory Experience- Creating Sensory Smart Classroom for our Children Nancy Amar OTR/L

This course will help students understand the importance of play in today's society in light of the limited exposure to sensory experiences in children's lives.

It highlights the school setting as an important sensory experience for children and teaches the OT how to help teachers create sensory classrooms that maximize students's learning potential. Understand the Importance of active sensory play for today's children and the role of school as an important opportunity for sensory exposure. Understand the value of multi-sensory environments to improve learning.

How to help teachers create a sensory classroom environment and the role of the OT in implementing sensory strategies in this setting.

## WS-24 TARPON À INTERMEDIATE

## **Using Clinical Guidelines and Patient Decision Aids in your OT Practice** Sat. 2-3:50 pm Elise Bloch EdD, OT/L

This session will introduce clinicians to the use and appraisal of clinical guidelines and patient decision aids which are considered essential for "best

practic" and knowledge translation to all stakeholders. Relevant resources will be reviewed along with practice appraisals of instruments. Participants will delineate the use and importance of clinical guidelines and patient decision aids in current OT practice. Participants will be able to describe the appraisal parameters for clinical guidelines and patient decision aids. Participants will be able to critically analyze clinical guidelines for use.

# FRIDAY OCT. 26 MEET OUR LOBBYIST

Please stop by the **Government Affairs** booth and say hello to **FOTA's Lobbying and** Government Affairs team.

## SHORT COURSES FRIDAY OCTOBER 26



## Pick your Partners: Teacher, PT, and OT Fri. 10-10:50 am Collaboration in Schools Susan Skees Hermes OTD, OTR/L, BCP

What are the components of successful collaboration across disciplines? The first step is to know your strengths and challenges for teamwork. The next is to

find common goals. Listen to methods and activities to support individual and class-wide gains through OT/PT/ teacher collaborations. Participants will be able to identify the fundamental principles of successful interdisciplinary collaboration for the literature. Participants will be able to identify their own strength and challenges for teamwork. Participants will be able to identify 3 methods to collaborate across disciplines in a medically complex classroom program.

#### Implicit Bias: Educational and Professional SC-2 Implications for Application to Occupational Fri. 10-10:50 am **Therapy Practice ROOM 10** Douglene Jackson PhD, OTR/L, LMT, ATP, INTRODUCTORY Nardia Aldridge MS, OTR/L, Esther Ojo MPH, OTD-S Jessica Henry BS, OTD-S

Implicit bias is a facet of cultural awareness and diversity that impacts society. Participants will engage in interactive activities for self-analysis, discuss educational and professional implications, and gain knowledge of resources to translate into ethical occupational therapy practice. Define implicit bias and its relation to occupational therapy practice. Discuss educational and professional implications of implicit bias in occupational therapy practice. Identify strategies and resource to address implicit bias in the educational and professional settings.

## **Complimentary Class** Gentle Hatha Yoga with a Vinyasa Flow

Saturday 6:45 am • Nomeus



Angelique Micallef-Courts, OTR Certified fitness instructor and creator of the 'Giggleyolates" DVD-the first DVD to include children with disabilities.

SC-3 Fri. 10-10:50 am **ROOM 11** 

## Improving Quality of Life Using Interdisciplinary Collaborations For Patient **Centered Care Within Specialty Individualized Memory Care Programs**

INTRODUCTORY

#### Prerna Poojary-Mazzotta PhD, OTR/L, CLWT Brittany Tallhamer PT, Greg Carr PT, Dell Jarvis PTA

Transitional memory unit residents have complex needs increasing challenges in quality of life. This session may help advance patient care by increased safety and independence, understanding verbal, non-verbal and family-centered needs, thus helping with maximizing positive therapeutic impact.

Understand various dynamics associated with interdisciplinary collaboration in a transitional memory care unit. Articulate the role of occupational therapy in enhancing patient care outcomes while collaboration with other disciplines in a transitional memory care unit. Understand the specific skills of occupational therapists that are vital towards the success of an interdisciplinary treatment program in a transitional memory care unit and Identify skills and organizational qualities associated with collaboration of supportive staff to enhance home exercise programs in a transitional memory care unit.



## Thought Bubbles: Making Clinical Reasoning More Visible to Fieldwork Students Heidi Horwitz M.Ed., M.A., OTR/L

How do we communicate to students the intuitive process of clinical reasoning? Like the thought bubbles in comic strips, we want to expose our students to our

thinking process. This short course will present strategies to make clinical reasoning more visible to fieldwork students.

Describe different types of clinical reasoning used in the occupational therapy practice setting. Explain why it is important to communicate clearly our own clinical reasoning process. Use strategies to make their clinical reasoning more visible to fieldwork students.

## SC-5 Fri. 1-1:50 pm ROOM 9 INTERMEDIATE

## Sexuality and Intimacy after a Spinal **Cord Injury** Lauren Walker MOT, OTR/L Mandy McCarley MOT. OTR/L

As clinicians, it is important to address all ADL-related subjects, including sexuality, with a tactful approach

and informative resources. OT's have the ability to provide sexual education soon after an SCI occurs, which is a life-altering event. Understand the vital role of occupational therapists in relation to sexuality after a spinal cord injury and how to comfortably approach the topic with patients of different learning styles. Understand knowledge of reproductive health, intimacy vs. sexuality, positioning, and adaptive equipment used in intercourse after a spinal cord injury. Leave with easily-accessible references that can be used for educating patients in any setting about sexuality after a spinal cord injury.

SC-6 Fri. 1-1:50 pm ROOM 10

## How to Write Evidence-Based Practice **Manuscripts for Journal Publication** Emily Piven OTD, MHE, OTRL

**INTRODUCTORY** 

This presentation may help self-doubting researchers and tenure- track professors to discern what makes manuscripts publishable or not publishable.

Publication advances the profession, the quality of interventions, and evaluates, integrates, and documents recent clinical evidence for third-party payers, and creates a data base for teaching. Determine the level of evidence-based practice research (I-V) of their research project and identify how to find the best journal for publication. Determine how the journal review process progresses, what editors and reviewers find necessary, in order to appreciate and deal effectively with correction. Consider why manuscripts might be rejected, in order to avoid the pitfalls.

SC-7 Fri. 1-1:50 pm ROOM 11 **INTERMEDIATE** 

## Training in Oral Care with Persons with Cognitive Dysfunction Patricia J. Dasler MA, OT/L

People with cognitive dysfunction are at risk of having poor oral care due to poor performance. This presentation will provide a brief overview of the significance

of good oral care, the barriers and challenges to training, successful strategies to improve the quality of performance, and the use of high and low tech assistive devices.

Have a better understanding of the sensory, cognitive, physical and emotional aspects of task analysis for oral care. Understand the importance of the two-pronged approach of what the person can do for themselves and providing assistance, acceptable to the person. Know how to focus training based on activity analysis and person attributes, how to select assistive oral care devices and how to use a sample consultation form for oral care.

## SC-8 Fri. 1-1:50 pm TARPON A

#### Leadership and Engagement: Readiness and Willingness to Lead Adrianne Smilev Gurlev MS, OTR/L

A short course on leadership as a primary mechanism for actualizing the AOTA Vision 2025, and sustaining the vitality of the occupational therapy profession.

INTRODUCTORY

Qualitative analysis of dynamic pathways to actively support the occupational therapy profession in practice and research.

Participants will compare and contrast attributes among various career paths in achieving the AOTA Vision 2025. Identify factors that commonly influence leadership trajectories among occupational therapy practitioners, related to the pillars of the AOTA Vision 2025. Articulate methods to enhance professional leadership skills development in order to successfully participate in leadership roles within the state and national association, corresponding with the pillars of the AOTA Vision 2025.

## SC-9 Fri. 4:30-5:30 ROOM 9

## **Empowering Leadership: Our State Associa**tion's Leadership Development Program Brent Chevne OTD, OTR/L

This session is devoted to describing the state association's newly designed leadership development **INTRODUCTORY** program. The methods used to identify and address

FOTA's goal to develop future leaders and involve more state association members will be shared.

Understand the history and development of the leadership program to this point in time. Identify issues of key importance in the need for leadership development in the state association to meet its mission, vision, and strategic plan. Discuss the leadership program content, format, outcomes, and plans for future development and expansion of the program and share views on leadership, mentorship, values, and practices that can be developed through service to the state association, and in professional activities.

## SC-10 Fri. 4:30-5:30 ROOM 10

## The School Based Occupational Therapy Assessment: Using the Occupational Profile and Other Tools to Capture Relevant Data Pauline Kelly MS, OTR/L

INTRODUCTORY

By using a top down approach to assessment, developing a thorough occupational profile, and

incorporating Framework language, the school-based therapist can present pertinent information to IEP team members and support participation in context for the students they serve.

Differentiate between a top down and bottom up approach to an occupational therapy assessment. Describe pertinent information to include in the Occupational Profile of a school-based OT assessment. Summarize a school-based OT assessment using language from the Occupational Therapy Practice Framework: Domain and Process (3rd Edition).

## SC-11 Fri. 4:30-5:30 ROOM 11

#### Trauma-informed community-based occupational therapy: A practice model used with children and youth receiving out-patient psychological services Consuelo Kreider PhD, OTR/L

## **INTRODUCTORY**

Childhood trauma is an important public health challenge whose prevalence requires OTs to understand trauma-informed approaches for integration within their interventions. Wisdoms from three schools of thought will be discussed and examples of applications within a community-based practice shared.

Describe complex trauma and impacts on the child's developing neurobiology. Integrate understanding of sensory and neurobiological models of arousal modulation and its application in psychological trauma recovery. Reflect on and discuss multifaceted roles of occupational therapy in community-based pediatric complex trauma recovery and parallels to ommonly used sensory and participation-based pediatric treatment approaches.

## SC-12 Fri. 4-5 pm TARPON A

SOTA Leaders Network Linda Struckmeyer PhD, OTR/L Stephanie Judycki OTS

**INTRODUCTORY** 

This course will start with a presentation on increasing student involvement and student leadership opportunities. Student occupational therapy

association (SOTA) officers and advisors will then have the opportunity to share leadership ideas and network with other Florida OT student leaders.

Identify 3 methods for increasing student involvement. Identify local SOTA roles in FOTA and AOTA. Network with other Florida SOTA officers.



Florida Occupational Therapy Association

## MEMBERSHIP WORKS!

- Legislative advocate for OT practitioners and our clients
- Professional Networking
- Continuing Education
- Consumer Support and Resources
- Discounts on FOTA Conferences
- Student Membership to help new graduates transition to professionals

## VISION

FOTA is the respected authority on occupational therapy's contribution to health and well being in Florida

## MISSION

FOTA members support and develop the best practice of occupational therapy to advance the profession and better serve our consumers.

PRACTICE

**EDUCATION** 

**ADVOCACY** 

## SHORT COURSES SATURDAY OCTOBER 27

#### **Implementing Community Outings** SC-13 Sat.10-10:50 am Across the Continuum of Care Rachael Bengtson OTR/L, MOT, CBIS ROOM 4 Lauren Walker MOT OTR/L **INTRODUCTORY**

Community outings are a widely underserved area of OT, usually due to setting limitations. However, it is our

duty to incorporate all areas of the OTPF to provide quality care. We aim to equip all therapists with tools to implement outings regardless of facility dynamics.

Identify potential focus areas of community outings including functional mobility, cognition, family training, and the psychosocial elements involved. Confidently implement and (or) simulate outings regardless of treatment setting barriers. Competently document the distinct value of community outings for reimbursement and to ensure carryover throughout the client's continuum of care.

#### Improving Engagement and Leadership in OT SC-14 Associations for Students, New Grads, Sat.10-10:50 am & Practitioners ROOM 9 Sue Ram OTD/S, Dana Dixie OTD/OTR/L Engagement must be increased among the student **INTRODUCTORY**

population and therapists in order to secure the future of our profession. Being an active member of our state and national OT associations can benefit our profession and individual

professional growth in various ways.

Compile a list of opportunities available to students and practitioners through state and national OT associations. Discuss how OTs in academic and clinical roles can educate students/new graduates on benefits of leadership and engagement. Identify benefits to being engaged with state and national OT associations.

#### Rett Syndrome and aging, from SC-15 a parent's perspective Sat.10-10:50 am Jessica Divine OTA/L, Becki Chapman (mother of **ROOM 10** case study), Missy Chapman Case study) This seminar will have a live case study and explain

**INTRODUCTORY** 

how family care in addition of Occupational Therapy has helped maintain mobility, function and health in Rett Syndrome facilitating longevity and quality of life.

Participants will gain a parent's perspective of working with Rett Syndrome. Participants will gain knowledge in evidenced based techniques to maintain functional health in Rett Syndrome. Participants will gain knowledge of therapeutic interventions to promote longevity and overall guality of life in Rett Syndrome.

## SC-16 Sat.10-10:50 am **ROOM 11** INTRODUCTORY

## Provision and Need for Low Vision Occupational Therapy Intervention in Children with **Amblyopia: Caregiver Perspectives** Prerna Poojary-Mazzotta PhD, OTR/L, CLWT, Carrie St. Clair Groleau BA, (Florida-certified teacher in

English, ESOL, with Gifted endorsement), Bryan Groleau COTA/L, CLT-LANA, CLWT, WCC, LLE

Clinicians will understand dynamics associated with vision rehabilitationa vital part of early intervention to improve vision, function and guality of life for patients with amblyopia, a preventable and treatable form of vision loss in children. Therapists will become effective liaisons of care. Articulate and understand the functional deficits associated with amblyopia in children. Recognize the need for therapeutic interventions in children with unilateral deficits in visual acuity. Understand the psychological and psychosocial family and patient-centered dynamics of different therapeutic interventions, e.g: patching, atropine, alternate contacts, etc. Apply concepts and principles of universal design to create accessible resources and services for children with amblyopia.

## SC-17 Sat.10-10:50 am Safe Mobility **ROOM 12**

## Florida Resources for Maintaining Sandra Winter PhD, OTR/L Darren Jauncey OTR/L, CDRS

**INTRODUCTORY** 

Occupational therapists are key partners to address community mobility with older adults to support their

participation and ability to transition from driving. Our statewide coalition will present resources including FindaRideFlorida.org, an interactive tool for identifying transportation options.

Identify challenges to safe mobility for Florida's older adult population, and the scope of the Florida Department of Transportation - Safe Mobility for Life Coalition's efforts to address these challenges. Select appropriate resources for clients to help them understand the potential for increased driving risk as they age, how to stay proactive, and how to plan for a safe transition from driving. As an example, participants will learn how to assist clients by navigating FindaRideFlorida.org to identify and access community transportation providers. Relate principles of occupational justice and occupational therapy's advocacy role to the goal of promoting community mobility and participation. We illustrate these principles by explaining existing partnerships among occupational therapists, state agencies, and community organizations.

## SC-18 **TARPON A**

## **Strategies for Managing Multidimensional** Time-Related Challenges for College Sat.10-10:50 am Students with Learning and Attention Disorders

**INTRODUCTORY** 

## Consuelo Kreider PhD, OTR/L, Sharon Medina, MOT. OTR/L. Mackenzi Slamka BS

Presentation will include a multidimensional model of time-related experiences of college students with learning and attention disorders. Strategies used for overcoming time-related challenges will be presented and discussed, which may be applicable to others experiencing timerelated challenges.

At the conclusion of the session, participants will be able to describe the multidimensional aspects of time and identify potential linkages to interventions for transition age youth with L/AD in supporting their occupational performance. At the conclusion of the session, participants will be able to identify strategies including cognitive, communication, self-evaluation, and daily strategies useful for students with L/AD in addressing difficulties associated with time-related challenges and reflect on how strategies may be implemented within the learner's practice.

SC-19 Sat.1-1:50 pm ROOM 4

## The Intersection of Current Trends in **Occupational Therapy: Establishing a Well**ness and Prevention Practice for Baby Boomers in a Community Setting

**INTRODUCTORY** 

Georgia De Las Pozas M.S., OTR/L

This seminar is designed for practitioners who want to explore work opportunities in a community setting. Adults 50 years and older increasingly demand services to preserve quality of life as they age. This presents a unique growth opportunity for occupational therapy practitioners in our state.

Identify possible barriers of establishing a community built practice and examine community resources with which practitioners can partner to develop community built practices. Understand some of the challenges baby boomers may encounter when designing their "Aging in Place" plan. Discuss the concept and the evolving ideas behind "Aging in Place".

## SC-20 Sat.1-1:50 pm ROOM 9 **INTRODUCTORY**

## Handwriting Hacks & Playful Strategies to Remedy Preschool Pressure Amy Baez MOT, OTR/L

This interactive workshop addresses the trend of increased referrals for OT services due to academic pressure in preschools. It includes playful tips and

research-based strategies to remedy this problem and provides solutions for age-appropriate instruction and development of foundational skills. Understand why and how to apply aspects of motor learning theory for improved preparedness for handwriting skills. Learn effective play-based motor strategies to improve foundational skills in preschool-aged children.

#### Fitness-to-Drive Screening Measure: SC-21 **Clinical Utility for Occupational therapists** Sat.1-1:50 pm identifying at-risk older drivers ROOM 10 Shabnam Medhizadah OT-S INTERMEDIATE Sherrilene Classe PhD, MPH, OTR/L, FAOTA, FGSA Sandra Winter PhD, OTR/L

Occupational therapists are in need of an evidence based tool for detecting at-risk older drivers. This presentation will highlight further development of the Fitness-to-Drive Screening Measure, for informing clinician's reasoning when making fitness to drive decisions for older drivers.

Participants will accurately articulate the Fitness-to-Drive Screening Measure's (FTDS) use and construction, based on our presentation of studies conducted over the past 10 years, on the development, expansion and improvement of the FTDS. Through case study presentation participants will evaluate the utility of the FTDS and 15-item FTDS short form for detecting at-risk older drivers and making recommendations.



**Essential Oils for Pain, Inflammation and** Joint/Muscular Conditions Nikki Cleary PTA, Certified Health Coach, American Academy of Drugless Practitioners

# The overall goal of this course is to help health care

providers understand how therapeutic grade essential oils can be used as, or in conjunction with, other modalities in any

rehab setting. We will define "What is an essential oil"? and ""How do I incorporate essential oils into my rehab setting?" and "What makes an essential oil potent, pure, genuine and authentic?".

Trainees will be able to list the most used Essential Oils in the therapy setting and at least two conditions or issues that each oil could be highly effective in supporting and list three distinctly different ways in which CPTG essential oils can be used. Each participant will leave with a free e-book "25+ Recipes for the Health Care Provider".

## SC-23 Sat.1-1:50 pm ROOM 12 **INTRODUCTORY**

## Flick of the Wrist Sharon Rosenberg, MS, OTR/L

## The purpose of this presentation is to provide an intro- ductory education to Occupational Therapy Practitio- ners on the topic of Wrist injuries and OT intervention for best clinical practice.

Basic Anatomy of the Wrist.Common wrist injuries/conditions with definitions. Best Practice and treatment of the above wrist injuries. The Dart Thrower's Motion concept of the wrist.



## Supporting College Student Mental Health to Enhance Occupational Performance in **Classroom, Lab, and Fieldwork** Emily Pugh MA, OTR/L, FAOTA

INTERMEDIATE

OT and OTA educators are seeing more students who are coping with levels of anxiety and depression that

impact their ability to learn and gain competency in clinical reasoning and psychomotor skills. The speaker will offer evidence-based interventions that foster student growth and development.

Discuss the role of occupational therapy educators in supporting student mental health. Offer students coping strategies that address personal stress, emotion management, and social support. Provide interventions at the environment and task levels to aid student performance.

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## CONVERSATIONS that MATTER FRIDAY OCTOBER 26

## CTM-1 Fri. 8-8:50 am **TARPON B**

Meeting AOTAs Vison 2025 with **Experiential Education Labs** Kurt Hubbard PhD, OTD, OTR/L, FAOTA

**ADVANCED** 

This presentation examines the challenges that have developed with fieldwork rotations (specifically

Level I). A course(s) with a focus on experiential

education (e.g., lab simulations) that will improve student self-efficacy and improved student clinical knowledge will be discussed.

Understand the need for experiential labs that could potentially replace current Level I fieldwork exposures. understand the current difficulties academic programs have relating to Level I Fieldwork and meeting AOTA Vision 2025. Understand how to integrate a new innovative model using simulated labs to facilitate clinical learning in the classroom.

## CTM-2 Fri. 9-9:50 am **TARPON B**

INTRODUCTORY

## Exchange of ideas on Innovative Apps that **Practitioners Have Found to Promote Health** and Occupational Engagement Rick Davenport PhD, OTR/L

Innovative healthcare applications (Apps) are becoming ubiquitous and are transforming healthcare.

This Conversations that Matter Session will focus on discussing current innovative practice oriented Apps that practitioners have found to promote health and occupational engagement.

Expand their knowledge about the Apps that practitioners have found to promote health and occupational engagement. Identify current evidence that potentially supports the use of Apps as a component of their therapy.

## CTM-3 Fri. 10-10:50 TARPON B

## Addressing Abuse and Violence During Home and Community Occupational Therapy Visits Amanda Kotolski PhD, OTR/L

**INTERMEDIATE** 

With the increasing volatility within society; home and community occupational therapists are not immune. Therapists strive to protect our clients from harm

however protection of ourselves should remain our priority. Join us for a discussion on best practices to ensure safety during therapy visits. Participants will be able to identify preventative strategies to de-escalate aggressive situations. Participants will be able to differentiate between abusive, aggressive and violent acts. Participants will be able to identify strategies to implement and assure therapist safety during home and community visits."

## CTM-4 Fri. 1-1:50 TARPON B

## **Quick Way to Use Evidence in Your Practice** Sarah Fabrizi PhD OTR/L Lynn Jaffe ScD, OTR/L, FAOTA

**INTERMEDIATE** 

## This conversation will focus on using systematic reviews (SR) to enhance practice. Many SRs are found online in OT sources such as AOTA and OT Seeker.

Strategies for finding and using these studies for current practice will be shared.

Describe a systematic review. Finding systematic reviews online. Applying strategies for practice.

## CTM-5 Fri. 2-2:50 **TARPON B INTERMEDIATE**

## The Rising Suicide Rate in Baby Boomers and the Unique Role of Occupational Therapy Anjali Parti OTD, OTR/L, Annette Bullard AFWC, COTA/L

There is an unfortunate growing baby boomer suicide rate. At a population level, suicide is also a major public health problem. The OT profession is unique in many ways one of which sets our profession apart is that, the whole person is considered during treatment.

How to identify barriers to using mental health approaches in the veteran population for the geriatric occupational therapy practitioner. How to identify and provide resources and strategies to occupational therapy practitioners to utilize in OT sessions to address psychosocial needs of the geriatric veteran population to facilitate decreasing rate of suicide. Strategies and approaches to gain support through advocacy efforts from hospital and nursing home administration to incorporate mental health approaches in OT services and screenings in the geriatric setting.

CTM-6 Fri. 3-3:50 **TARPON B INTERMEDIATE** 

**Beyond Pulse, Parkland, and Other Incidents: Conversations about Health Effects. Disruptions, Opportunities, and Resources** Mirtha Whaley PhD, MPH, OTRL, Ricardo Carrasco PhD, OTR/L, FAOTA, Anjali Parti OTD, OTR/L

Despite repeated calls to address and end gun violence in the US, the incidence of mass shootings continues to rise. These events affect the victims, their families, and the general population Occupational therapy has much to contribute to developing interventions and promoting prevention. Identify health risks associated with mass shootings. Describe the role and occupational disruptions associated with these incidents. Discuss our unique value in responding to these events and propose opportunities for occupational therapy intervention across the lifespan.

CTM-7 Fri. 4:30-5:20 **TARPON B INTRODUCTORY** 

## Ethical Dilemmas That Arise in Everyday OT Practice

Barbara Ingram-Rice OT, CHC, CLT, Edwin Myers OTD, Delone Cleare, OT/L

This presentation will be an extension to the Laws and Rules course to further discuss ethical and legal dilemmas that arise in the work place. Participants with discuss specific issues and learn the role of FOTA and AOTA in this process.

Participants will be able to identify the difference between law, ethics and insurance guidelines in determining an appropriate course of action in the clinical setting. Participants will be able to understand the scope of FOTA and AOTA role in managing clinical ethical issues. Participants will know what how to locate the OT professional documents pertaining to laws, rules and ethics.

## SATURDAY OCTOBER 27 CONVERSATIONS that MATTER

## CTM-8 Sat. 8-8:50 TARPON B

## Adding to the Psychosocial Observation-Based Assessment Toolbox for Individuals with Challenging Behaviors: Providing Choice Kathleen Frahm MBA, OTR/L

Activities that individuals choose has been shown to reduce and even eliminate challenging behaviors of those with intellectual and developmental disabilities. Occupational therapists must understand the functions of these behaviors and incorporate them into assessments and treatment plans.

Discuss examples of challenging behaviors, antecedents, and consequences. Describe the main functions that reinforce or maintain behaviors. Explain how choice affects challenging behaviors."

## CTM-9 Sat. 9-9:50 TARPON B

## Working Together as Pediatric Therapists Kim Mckinney MPT, MOT, OT/L

ADVANCED As pediatric practitioners, we will come together to discuss what is happening in the field at this time, current trends, and collaborate on ways to support therapists, children, and families.

Identify current concerns in pediatric therapy. Identify current trends in pediatric therapy. Identify what others are doing to demonstrate positive outcomes.

CTM-10 Sat. 10-10:50 TARPON B	The Role of Occupational Therapy in Upper Extremity Amputation Kristin Antolino MOT, OTR/L
INTRODUCTORY	Occupational therapy plays a critical role in the rehabilitation of a person with an upper extremity
	amputation. The OT has the skill and knowledge to

promote optimum performance in ADL, guide the patient through the grieving process, and support prosthetic training.

Understand the role of occupational therapy in rehabilitation of upper extremity amputation. Review the current trends in prosthetic fitting and training. Identify and address psychosocial Issues.

CTM-11
Sat. 1-1:50
TARPON B

#### Productivity Demands and Professional Clinical Ethics: Resolving Dilemmas Michael Steinhauer OTR, MPH, FAOTA

INTERMEDIATE

Productivity is the measurement standard by which most OT services are quantified and it reflects workload expectations. Practitioners have a duty to critically

examine whether productivity expectations are congruent with published codes of ethics, legal standards, and payer requirements.

Participants will be able to identify examples of unreasonable or unethical productivity expectations of the practice setting. Participants will be able to apply ethical decision making and strategies to address the gap between productivity standards and ethical clinical reasoning. Participants will learn about available resources around ethical decision making and the AOTA Code of Ethics.

## CTM-12 Sat. 2-2:50 TARPON B

#### Introduction to the OTD Capstone Experience & Capstone Innovations Linda Struckmeyer PhD, OTR/L, Kristin Valdes OTD, OT, CHT

ACOTE standards related to the doctoral capstone experience and project will be introduced. Descriptions of several doctoral experiences will be described. Participants will learn how being a doctoral site can benefit your facility. There will be an open discussion and a question and answer session.

Develop a basic understanding of the ACOTE standards related the entry level Capstone experience & project. Learn examples of current experiential OTD opportunities in Florida. List at least one idea for a Capstone experience and project at your site and learn the benefits of being a clinical site and working with a doctoral student.

## CTM-13 Sat. 3-3:50 TARPON B INTERMEDIATE

## How is your occupational balance? Conversations about occupations, health and well-being Ricardo Carrasco PhD, OTR/L, FAOTA, Mariana

Ricardo Carrasco PhD, OTR/L, FAOTA, Marian D'Amico EdD, OTR/L, FAOTA

Participation in this session will enhance occupationbased practice and self-care through occupational balance strategies. Benefits of occupational balance contribute to health and well being. Occupation-based practice denes how people engage in routines, habits, and roles.

Articulate the contributions of occupational science to occupational therapy. Assess one's occupational balance in performing one's roles. Consider occupational balance in day-to-day living.



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# PROFESSIONAL POSTERS

FRIDAY, OCTOBER 26 • 2-3 PM • ROOM 4

## Characteristics of Older Adults Facilitating Aging-in-Place Rebecca Estes PhD, OTR/L, CAPS

Judith Olson PhD, OT, FAOTA LEVEL: Introductory

Personal, environmental, and occupational characteristics all contribute to the ability to age-in-place. This cross-sectional mixed methods design study explored inter-relationships of PEO characteristics of older adults, agingin-place; and the meaning of home and aging in place. At the conclusion of this session, participants will be able to characterize

community dwelling adults 65 and older according to person characteristics defined as demographic, clinical, resiliency and creativity values. At the conclusion of this session, participants will be able to characterize community dwelling adults 65 and older according to occupation defined as occupational performance in home-related activities of daily living. At the conclusion of this session, participants will be able to identify elements of the meaning of home and aging in place for community dwelling adults 65 and older and implications for practice and teaching.

## Developing a Computer Based Training: Florida Department of Transportation Teen Distracted Driving Initiative

Sandra Winter PhD, OTR/L, Demetrius Branca LEVEL: Introductory

Distracted driving contributes to 60 percent of fatal/ serious injury teen crashes. We present our integrative review, and novel computer-based training focused on teens' risk awareness, distracted driving attitudes, and impacting driving behaviors such as cell phone use.

Synthesize the clinical aspects of teen distracted driving, and the implications to real-world practices. Apply advocacy skills, using new knowledge of distracted driving risks to the teen, the family, the community and society, conveyed in part through the lived experience of a family whose teen was killed by a distracted driver. Modify, in conjunction with teens and their family, key environmental factors (such as phone lock, rules for passengers, etc.) - and establish supports such as a parent-teen contract, and parental role modeling that are evidence based strategies for reduction of distracted driving.

## Driving Intervention for Returning Combat Veterans: Interim Findings of a Randomized Control Trial Sandra Winter PhD, OTR/L

Sherrilene Classen PhD, MPH, OTR/L, FGSA, FAOTA LEVEL: Introductory

Returning combat Veterans face an increased risk for motor vehicle collisions, injuries, and deaths. This poster presentation will highlight the necessary steps used in a research program while conducting a clinical trial to assess the effectiveness of an Occupational Therapy Driving Intervention.

Participants will comprehend the driving performance difficulties that returning combat Veterans face on civilian roads. Participants will recognize the necessity of pilot and feasibility studies for conducting a driving assessment and developing an intervention with returning combat Veterans. Participants will synthesize the key components of a clinical trial methodology.

## Focus on Letter Size to Teach, Remediate, Embed and Measure Handwriting Progress so you can Graduate Students as Neat Printers already! Beverly Moskowitz DOT MS OTR/LFAOTA LEVEL: Introductory

Correcting errors in Letter Size has proven to make immediate & measurable differences in the consistency & readability of the written page. Learn the research supporting this paradigm shift for teaching printing, and how a concept-driven approach is easily adapted to accommodate special learners.

Participants will be able to recognize, list, and describe the 8 key concepts in the Size Matters Handwriting Program. Explain and summarize the multiple research studies supporting the Size Matters Handwriting Program, including the methodology and posttest change scores. Identify, review and critique the scope, presentation and accommodations to emphasize, as well as the unessential variables to de-emphasize when promoting legible functional printing in multiple settings with a variety of learning needs.

## Linking the Pieces Between Sensory and Processing Cheryl Albright OTR/L

LEVEL: Introductory

As we heard a few years ago at FOTA conference, "we need to look beyond the horizon". Understanding basic physiology of any dysfunction of the central nervous system combined with current research, has proven very simple techniques to improve overall function. Basic understanding of sensory processing. Describe how fight/flight/freeze impacts functional performance. Describe different "limbs of yoga" and understand how and why yoga can assist fight/flight/freeze.

## Sensory Processing in Adults in Mental Health

Christine Moghimi ScD, MAS, OTR/L Eileen McGurk MA, OTR/L Angela Stowers MA, OTR/L LEVEL: Intermediate

This study focused on education and experiences, for both clients and staff of sensory systems, types of sensory input and the impact on mood, mental and physical state. Clients were encouraged to begin using sensation to self-regulate through the use of available sensory materials on the unit. Participants will be able to identify unwanted sensory stimuli experiences by those with mental illness that can cause distress and can exacerbate their current symptoms/behaviors. Participants will be able to demonstrate an understanding of current challenges in our mental health treatment facilities of implementing sensory modulation programming. Participants will be able to integrate results of this study into designing a sensory modulation program in their facility that addresses client/staff needs.

## The Effects of a Structured Coping Strategy Program for Graduate Occupational Therapy Students Ana Rodriguez OTD, MS, OTR/L

LEVEL: Intermediate

Students may use both adaptive and maladaptive coping strategies, or they may not have acquired strategies to effectively cope with stress. A six-week pilot educational intervention based on the cognitive-behavioral model was developed and delivered Master of Occupational Therapy students.

Learning Objectives: Identify common stress factors among graduate students.

## The Effects of Sensory Integration Interventions for handwriting remediation for elementary age children: Perspectives from Puerto Rico

Magali Lorenzo Gonzalez BSOT, OTD Stanley Paul PhD, MD, OTR/L LEVEL: Intermediate

The purpose of this survey study was to determine what sensory integration modalities and activities are currently used in practice by Puerto Rico's school-based occupational therapists and their effectiveness in the remediation of handwriting problems among elementary-school aged children.

Gain an understanding of the various handwriting difficulties encountered by elementary-school aged children in Puerto Rico. Understand the various types of sensory integration modalities and activities are currently used in practice by Puerto Rico's school-based occupational therapists. Understand the perceived effectiveness of the various modalities and activities in the remediation of handwriting problems among elementary-school aged children in Puerto Rico.

# The Role of Occupational Therapy in Pediatric Callosal Agenesis: A Systematic Review

Olivia Tumulty OTDS Jessica Thornton OTDS Gustavo Reinoso PhD, OTR/L LEVEL: Introductory

This systematic review aims to advocate for the role of OT intervention as it pertains to the population of children living with Agenesis of the Corpus Callosum (ACC). Due to the wide range of possible deficit, it is evident that children with ACC would benefit from all domains of OT services. participants will have a greater understanding of what ACC is and its causal factors. participants will be able to identify the common attributes and symptomatology of children living with ACC. participants will be able to generate appropriate treatment strategies to address areas of functional deficit displayed by children with ACC.

## Understanding Deep Work, Attention Residue and Optimal Occupational Performance Ricardo Carrasco PhD, OTR/L, FAOTA

Gustavo A. Reinoso, PhD, OTR/L LEVEL: Intermediate

Participants will apply concepts of deep work, attention residue, self-regulation for personal and professional goals. Assessment of task performance despite distractions will lead to discussions/discoveries. Strategies towards peak productivity will arise from group discussions and sharing. Articulate the impact of deep work and attention residue in occupational performance. Assess the impact of self-regulation in achieving one's professional and personal productivity goals. Identify strategies towards peak productivity.

## Variables that Affect Handwriting Skill Acquisition Among First and Second Graders Melissa Pastoriza OT-S Stanley Paul, PhD, MD, OTR/L LEVEL: Introductory

The parents of children with handwriting issues and OT clinicians were surveyed about variables that affect acquisition of handwriting skills. Study showed a relationship between development of physical, mental, cognitive, motor skills and play activities. Easy access and overuse of certain technology negatively impacted the skill acquisition.

LIdentify the variables that affect skill acquisition among 1st and 2nd graders with handwriting problems. Identify the relationship between play and handwriting skills. Identify the relationship between technology, technology use and handwriting skills.

## Work-Related Obstacles After Mental Illness: How Do the Clients Think?

Chia-Wei Fan MS, OTR/L, PhD LEVEL: Introductory

The aim of this study is to provide preliminary evidence of clients identified barriers that have contributed to poor employment outcomes and their future expectations on employment. One hundred and eleven clients were enrolled and interviewed. The functional variable and the coping skills variable were mentioned the most by the clients. At the conclusion of this session, participants will be able to gain more

insight of clients' self-perceived obstacles and their expectations on employment.

## PROFESSIONAL POSTERS SATURDAY, OCTOBER 27 • 1-2 PM • NOMEUS

## A Frame of Reference for Enhancing Client-Centered Goal Setting in Pre-Vocational Training for Adolescents with Autism Erica Rogowski-Esteva MOT, OTR/L

LEVEL: Introductory

This frame of reference addresses decreased participation in self-evaluation of client-centered goal setting for pre-vocational training in 17-year-old children with Autism Spectrum Disorder. It was created to provide a "first-steps" reference for pediatric therapists in the process of preparing their clients for life after high-school.

Identify the common difficulties adolescents with Autism face during the transitional period into adulthood. Obtain helpful strategies for goal development for this population. Apply concepts from Self-Determination Theory to practice with this population.

## A Survey of Client Experiences with Orthotics Using the OUEST 2.0 Mallory Rickloff OTD, August Mezzio OTS, Rebecca Constant OT

Mimi Joseph OTS LEVEL: Intermediate

To determine the level of client satisfaction with device characteristics and service provision of custom fabricated hand orthotics using the QUEST 2.0. Results indicated that therapists should consider comfort, effectiveness, and ease of use as they fabricate and adjust orthotics for their clients. Client experience with orthosis using the QUEST 2.0. Therapist will be able to use clients top satisfation criteria and customize orthosis accordingly. Understand the importance of customized orthosis provision by an occupational therapist's survey of Client Experiences with Orthotics Using the QUEST 2.0.

## Stakeholder-informed, Manualized Interventions for School and **Community Practice**

Annemarie Connor PhD, OTR/L LEVEL: Intermediate

Strategies for designing, testing, and refining manualized, skill-building programs that can be delivered by multiple disciplines and managed, monitored, and guided by occupational therapists in schools and community practice.

Participants will become familiar with tools and strategies to create and implement manualized, developmental, skill-building interventions that address the needs of high-incidence populations in school and communitybased practice settings. Participants will also become familiar with simple, data-driven methods to evaluate program effectiveness and continually refine program design using stakeholder feedback."

## Collaborating with rural families with autism gives a them voice in setting occupational therapy research priorities Consuelo Kreider PhD, OTR/L Prerna Poojary-Mazzotta PhD, OTR/L, CLWT Jennifer Harrison Elder PhD, RN, FAAN

LEVEL: Intermediate

Occupational Therapists, as part of a multidisciplinary research team, are partnering with rural families with autism where they have a voice in setting research priorities. This helps families define meaningful participation on their terms, thus advancing occupational therapy research in autism. Identify engagement strategies that occupational therapy researchers used in working with families with autism living in rural communities in order to understand the research priorities that are most important to them. Compare the occupational therapy researchers' foci in engaging with

families with autism living in rural communities. Describe the multidisciplinary research dynamics in working with families of children with autism in the rural community.

## Effect of Education on Healthcare Practitioner Assessment and Management of Neonatal Pain Jodie Hanrahan OTD, MS, OTR/L

LEVEL: Introductory

This evidence-based OT project addresses the topic of neonatal pain education in a NICU setting. An OTs role in the NICU includes protecting the fragile neonate from adverse sensory aspects as well as provision of interdisciplinary education on developmentally supportive practices. Identify the negative short and long term effects of neonatal pain. Recognize the effectiveness of neonatal pain education provided to NICU healthcare professionals. Recognize the significance of this evidence-based project in relation to occupational therapy in the NICU setting.

## Effects of Significant Home Clutter on Occupational Performance, Safety, and Accessibility Paula Lowrey OTD, OTR/L, CAPS LEVEL: Introductory

This case study explored the characteristics, safety and accessibility needs of a RBT client with significant clutter in his home. Changing environment alone resulted in positive outcomes. Study will enhance our understanding of the impact of clutter on occupational performance.

Identify the modifications/renovations that met the safety and accessibility needs of the RBT client. Determine the impact of clutter on occupational performance and home use. Understand the changes in guality of life after home modifications were provided.

## Fine Motor Foundations - The Building Blocks to Successful Handwriting Nancy Amar OTR/L

LEVEL: Introductory

This course will help students understand the natural stages of hand development as building blocks to creating an efficient pencil grasp. They will learn specific activities to promote the development of the hand. Students will be able to identify inefficient grasp patterns and learn how to pick out tools that promote an efficient grasp. Finally, students will learn important fundamentals to promote successful handwriting skills. Understand the normal stages of development of the hand and pencil grasp. Implement activities and pick out appropriate tools that promote an efficient pencil grasp. Understand important fundamentals to Teaching handwriting skills.

## Knowledge about occupations and learning disabilities supports mentors as co-regulators for college students with disabilities Sharon Medina MOT, OTR/L, Consuelo Kreider PhD, OTR/L LEVEL: Intermediate

Supportive others who serve as co-regulators are integral to development of strong self-regulation for young adults with neuropsychological conditions. This mixed-methods research highlights how supporting mentors as co-regulators can nurture mentee's ability for self-regulation across contexts.

Participants will be able to define co-regulation and identify situations where mentees, who are young adults with developmental neuropsychological conditions such as learning, attention, and autism disorders, need co-regulation supports. participants will identify the role graduate student mentors can provide in supporting self-regulation among undergraduates with LD's. Participants will reflect on ways that clinicians can facilitate mentors's ability to guide and support mentee's skills development and self-regulation.

## More Than Friends: Professional Use of an Occupational Therapy Facebook Group

Cheryl Sheffield OTR/L, ATP LEVEL: Introductory

Social media is widely used by OTs to collaborate, share practical knowledge and resources, and provide social support. It is a valuable tool for knowledge translation and professional development, especially through established communities of practice. It is an important tool to consider for the advancement of professional practice.

Identify 3 types of knowledge shared by professionals in Facebook groups. Identify the most common type of information exchanged by occupational therapists in a Facebook group and the type of knowledge which generates the most levels of engagement. Identify potential uses of Facebook groups to foster personal and professional development.

## Occupational Therapy & One Goal Summer Conference.

Susan Skees Hermes OTD, BCP, OTR/L LEVEL: Introductory

The Florida One Goal Summer Conference is an early childhood stakeholders collaboration established 30 years ago. The Florida Occupational Therapy Association (FOTA) strategic plan aligns with some common components. The results of the steps and outcomes will be discussed. Participants will identify unmet needs where occupational therapy through FOTA can provide advocacy and resources for the One Goal Conference organizations mission. Participants will learn the process for establishing an advocacy role as a volunteer occupational therapists through a college course assignment.

## Online Teaching in Occupational Therapy: The Four-Perspective Framework Davi Pallister JD, OTR/L, Namrata Grampurohit PhD, OTR/L

LEVEL: Intermediate

Occupational therapy educational programs are making greater proportions of their curricula available via online delivery. This study presents a scoping review of the available literature related to OT online education and presents a thematic analysis to inform educators for best practice. Describe the four perspectives within the two main categories of the framework for online education in occupational therapy that emerged from the author's scoping review. Develop an initial evidence-informed strategy for incorporating the four perspectives framework of curriculum, students, technology, and institutional supports to make more effective their online academic practice. Identify needed areas of future research to contribute and strength the available evidence in this area."

# Utility of the Fitness-to-Drive Screening Measure's for Identifying at-risk Older Drivers

Speaker: Shabnam Medhizadah OT-S, Sherrilene Classen PhD, MPH, OTR/L, FAOTA, FGSA, Sandra Winter PhD, OTR/L LEVEL: Intermediate

The need to screen for and identify at-risk older drivers is growing. This presentation will emphasis 10years of research and development of the Fitness-to-Drive Screening Measure for identifying at-risk older drivers. This tool may aid occupational therapists with initial fitness to drive decisions. Participants will accurately describe and identify the Fitness-to-Drive Screening Measure utility and development based on data presented on the web-based FTDS including the measure's purpose, use, development history, psychometrics, user patterns and trends, and construction of its short form. Through discussion with presenters, participants will appraise the application of the FTDS as an evidence-informed screening tool for identifying at-risk older drivers in occupational therapy clinics.

#### A climate of crisis in Mental Health post Parkland: How to Optimize and Advocate for the Use of Mental Health Approaches in School Based OT Anjali Parti OTD, OTR/L Kurt Hubbard PhD, OTD, OTR/L, FAOTA LEVEL: Intermediate

Due to the recent tragic shooting event at a high school in Parkland, FL an Ad-Hoc committee was formed to identify the unique role of OT in the school system and how we may facilitate strengthening mental health in the school system.

How to identify barriers to using mental health approaches in school based occupational therapy. How to identify and provide resources and strategies to school based therapists to utilize in OT sessions to address students' psychosocial. Strategies and approaches to gain support through advocacy efforts from school administration to incorporate mental health approaches in OT services in the school system.

## STUDENT POSTERS

## FRIDAY SESSION 1 • ROOM 4 • 10 - 11 am

## EIEIO Occupational Therapy on the Farm: Supporting Youth's Mental Health with Farm Animals

STUDENTS: Jennifer Brandon, Bethany Christopher, Stephanie Nelson FACULTY: Amanda Kotolski PhD, OTR/L, State College of Florida

## Dive into Another World for Better Mental Wellness; How Occupational Therapy Can Help

STUDENTS: Kathryn Kolaczynski, Jennifer Sheehan, Terri Sweat FACULTY: Amanda Kotolski PhD, OTR/L, State College of Florid**a** 

## A Musical Intervention: Let's Reminisce! Music Therapy Meets Occupational Therapy

STUDENT: Jackie Quist FACULTY: Anjali Parti OTD, OTR/L, Polk State College

## Little Backs, Little Bones: Backpack Safety for

School-Aged Children STUDENT: Amanda Teti FACULTY: Anjali Parti OTD, OTR/L Polk State College

## Gardening Makes Sense: Developing a Sensory Garden for Residents with Dementia in a Memory Care Facility

STUDENTS: Andrea Amazona, Taylor Nash, Maria Fatima Čuevas, Rebecca Grothendieck, Karla Perez FACULTY: Dana Dixie OTD/OTR/L, South University-Tampa

## Classroom Related Self-Perceptions in College Students with Developmental Learning and Attention Disorders

STUDENTS: Emily Prins, Kenna Prins FACULTY: Consuelo Kreider PhD, OTR/L, University of Florida

# Coping Strategies for People with Chronic Pain Who are Gainfully Employed

- STUDENTS: Tiara Stroman, Irane Collins, Mikaila Jones, Ruth Rivers FACULTY: Barbara L. Kornblau JD, OTR, FAOTA,
- Florida Agricultural & Mechanical University

# The Role of Occupational Therapy in Pediatric Callosal Agenesis: A Systematic Review

STUDENTS: Olivia Tumulty, Jessica Thornton, OTDS FACULTY: Gustavo Reinoso PhD, OTR/L, Nova Southeastern University

## Building Parent Competence and Child Participation through Collaborative Early Intervention Playgroups

STUDENT: Lauren Wine

FACULTY: Sarah Fabrizi OTR/L, PhD, Florida Gulf Coast University

# Psychosocial Effects of Work-Related Social Skills Training among Adolescents with Substance Use Disorder

STUDENTS: Hailey Grigas, Adeline Warren,

Cailyn Zornes, Parker Trefz FACULTY: Annemarie Connor PhD, OTR/L, Florida Gulf Coast University

## Misunderstandings About Learning Differences in Higher Education: Pervasive Yet Subtle Sources of Stigma

SPEAKER: Stephanie Judycki FACULTY: Consuelo Kreider PhD, OTR/L, University of Florida

#### Mentorship Supports for Problem Solving and Self-Advocacy for Undergraduates with Learning Disabilities and Attention Disorders

STUDENTS: Hannah Koedam, Gerard Garvan FACULTY: Consuelo Kreider PhD, OTR/L, University of Florida

## Occupational Therapy Students Perspectives of Intervention Research as Psychosocial Fieldwork Experience: A Mixed Methods Feasibility Study

- STUDENTS: Nathaniel Blichmann, Emily Kartiganer, Juliah Mancia, Kirstin Purdy
- FACULTY: Annemarie Connor PhD, OTR/L, Florida Gulf Coast University

## **Emerald Camp for Mourning Munchkins**

STUDENTS: Kaitlyn Sullivan, Ana Garcia, Rachel Bouzy FACULTY: Kimberlea Gensolin MS, OTR/L, Adventist University of Health Sciences

## Promoting Women's Health in the Homeless Population

STUDENTS: Hope Kennedy, Taylor Smith FACULTY: Sandra Winter PhD, OTR/L, University of Florida

# A View of the Effects of Hippotherapy and Equine-assisted therapy (EAT) from the Professional's Perspective

STUDENT: Ylis Morales FACULTY: Stanley Paul PhD, MD, OTR/L, South University

## **Occupational Therapy in the Mental Health Population**

SPEAKER: Lauren La Valle

FACULTY: Marcia Hamilton OTD, MSHS, OTR/L, BCP University of St. Augustine

# Clothes are not Going to Change the World, but the People Wearing Them Can

STUDENT: Amanda Ventura

FACULTY: Anjali Parti OTD, OTR/L, Polk State College

## FRIDAY SESSION 2 • ROOM 4 • 4 - 5 pm

#### Receiving Positive Vibes with ASMR: A New Spine-Tingling Approach to Occupational Therapy

STUDENTS: Jennifer Bowers, Jason Demerin, Shelby Fisher, Carly Houston FACULTY: Amanda Kotolski PhD, OTR/L, State College of Florida

#### The Mental Aspect of Sexual Orientation and Preference:

The Role of OT in Suicide Prevention in the LGBTQ Community

SPEAKER: Jasmine Thomas FACULTY: Anjali Parti OTD, OTR/L Polk State College

## Cognitive Intervention on the Move: A Mobile Game Board for the Traveling Therapist

STUDENT: Haley Miles FACULTY: Anjali Parti OTD, OTR/L, Polk State College

## The Aging Advantage

STUDENTS: Danielle Swain, Audrey Gould, Angela Oravec FACULTY: Kimberly Fahlgren OTR/L, OTD, Florida State College at Jacksonville

## Autism and Disaster Preparedness: Promoting Preparedness and Accessibility in Shelters

STUDENTS:	Dana Mack, Cailyx Jackson, Courtney Wiggins, Claudia Luna,
	Rachel Chrisien

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FACULTY: Sandra Winter PhD, OTR/L, University of Florida
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## **Psychosocial Components and Effects of 3D Printing**

STUDENTS: Jasmine Lake, Isabella Morles FACULTY: Prerna Poojary-Mazzotta University of Florida

# What are the factors of the students and the environment that influence in the children that present difficulties in writing

STUDENTS: Melissa Pastoriza FACULTY: Stanley Paul PhD, MD, OTR/L, South University

## Group Process and Self-Efficacy for Occupational Role Performance of Transition-Age College Students with Clinical Learning/Attention Difference

STUDENT: Jianne Apostol FACULTY: Consuelo M. Kreider PhD, OTR/L, University of Florida

#### Patient-Engagement Informs Research Exploring Gut Microbiota and Social and Sensory Behaviors in Autism

STUDENT: Sanja Dizdarevic

FACULTY: Consuelo M. Kreider PhD, OTR/L, University of Florida

## Autism and Pain: How Autistic Adults Perceive pain

STUDENTS: Saint-Claire, Mottley Heaven Clark, Kahler Lang FACULTY: Debora Oliveira PhD, OTR/L & Dr. Barbara Kornblau JD, OTR, FAOTA, Florida Agricultural and Mechanical University

## Association of AM-PAC scores, Occupational and Physical Therapy Recommendations and Discharge Disposition from Acute Care

STUDENTS: Natalie Rivera, Emily Summey, Jessica Johnson, Madison Daunt, Brittni Bridenburg

FACULTY: Lynn Jaffe, ScD, OTR/L, FAOTA, Florida Gulf Coast University

#### **Natural Disasters and Occupational Disruption**

- STUDENTS: Milady Velázquez De Jesús, Daniel Pereira, Kalie Fagins, Savannah Smith, Mariana Zelaya
- FACULTY: Ricardo C. Carrasco PhD, OTR/L, FAOTA, Nova Southeastern University

# Perceptions of Quality of Life of Unpaid Caregivers of Persons with Dementia

STUDENTS: Khilie Oubre, Paul LaFrance, Nadia Ruiz, Treana Taylor FACULTY: Barbara Kornblau JD, OTR, FAOTA, Florida Agricultural and Mechanical University

**The Role of Occupational Therapists in Burn Rehabilitation** STUDENT: Sara Golshiri, Gannon University

## Reliability and Reproducibility of a New Device to Measure Grip Strength as Compared to the Jamar Handgrip Dynamometer

STUDENTS: David Dominguez, Clare Chura, Morgan Fischer, Melissa Mallory, Rachel Swadlow

FACULTY: Edwin Myers OTD, Florida Gulf Coast University

# Legacy Building as Occupation: The Distinct Value of Occupational Therapy

STUDENTS: Brighid Rebolledo, Lauren Chiappe, Abigail DeGaetano FACULTY: Pam Stephenson, Mary Baldwin University: Murphy Deming College of Health Sciences

## Serenity Garden at Wekiva Springs: A Needs Assessment

STUDENTS: Brittney Weaver, Brittney Danehy, Madeleine Nagy FACULTY: Dr. Christine Moghimi, Adventist University of Health Science

# OTD Capstone in Education: Student Perspectives on Teaching Residency

STUDENTS: Emilie Parker, Sarah Cernat FACULTY: Mariana D'Amico EdD, OTR/L, FAOTA, Nova Southeastern University-Tampa

## SATURDAY SESSION 3 • NOMEUS • 10 - 11 am

#### Utilizing Multi-Sensory Stimulation Approaches with Dementia Care: The Process of Designing a Sensory Room in a Memory Care Facility

STUDENTS: Max Sinal, Rebecca Robinson, Sonia Telusme, Melissa Moody FACULTY: Dana Dixie OTD/OTR/L, South University-Tampa

## Mental Health Out of Whack? OT Has an App for That!

STUDENTS: Carl Andre, Tracey Durden, Stefanie Garza, Kristina Sheppard FACULTY: Amanda Kotolski, PhD, OTR/L, State College of Florida

**Paddle Your Way to a Healthy Mind with Occupational Therapy** STUDENTS: Nicole Brannock, Sarah Delaney, Khadijah Gland

FACULTY: Amanda Kotolski PhD, OTR/L, State College of Florida

## A Comparison of Two Workstation Designs Assessed using the ROSA and Cornell Outcome Measures: A Quantitative Approach

STUDENTS: Kelly Daniels, Kara Mihalic FACULTY: Kristin Valdes OTD, OT, CHT Gannon University

## Improving the Work Integration, Social and Self-Awareness Skills of Sex Trafficking Victims: An Educational Tool for Occupational Therapists

STUDENTS: Christopher Foye FACULTY: Belkis Landa-Gonzalez, EdD, OTR/L, FAOTA, Barry University

## **Masters of Occupational Therapy Student**

STUDENTS: Sarah Hays FACULTY: Linda Struckmeyer PhD, OTR/L, University of Florida

## A Call to Action: Transforming Perceptions of School-Based Occupational Therapy Post Parkland

STUDENTS: Kristina Kangas, Mallory Rapalyea FACULTY: Kurt Hubbard PhD, OTD, OTR/L, FAOTA, Nova Southeastern University

## The Impact of Cancer Care on Parenting for Fathers Diagnosed with Cancer

STUDENTS: Sarah Cernat, Lauren Chavez, Reagan Garcia, Inez Lomeli FACULTY: Sheila Longpre, Nova Southeastern University, Tampa Campus

#### People with Fibromyalgia and Alternative Treatment Interventions for their Chronic Pain

STUDENTS: Reva Forrest, Mackenzie Dummer, Michael Smith, Timothy Southerland

FACULTY: Barbara Kornblau JD, OTR, FAOTA, Florida Agricultural and Mechanical University

# Fidelity of a Traffic Safety Education Intervention for Combat Veterans

STUDENT: Katelyn Caldwell FACULTY: Sandra Winter PhD, OTR/L, University of Florida

# Identifying Information Needs of College Students with Learning Disabilities and Attention Disorders

STUDENTS: Mackenzi Slamka, Haley Benner, Claudia Luna, Luis Villarreal, Sharon Medina

FACULTY: Consuelo Kreider PhD, OTR/L, University of Florida

## Family Caregivers and Fall Prevention in Older Adults

STUDENTS: Erika Frisby, Calvin Bryant, Whitney McKnight, Carly Sapp FACULTY: Debora Oliveira PhD, OTR/L & Barbara Kornblau JD, OTR, FAOTA, Florida Agricultural and Mechanical University

#### The Effects of Sensory Modulation Therapy on Patients with Depression & Anxiety Disorders STUDENTS: Lilliam Cruz Pitre

FACULTY: Stanley Paul PhD, MD, OTR/L, South University

## **Competencies for Evidence-based Practice in Occupational Therapy: Preliminary Findings from a Modified-Delphi Study** STUDENTS: Samantha DeMaria

FACULTY: Christine Myers PhD, OTR/L, University of Florida

# Methods to measure the effect of human-animal interactions in a therapeutic setting: An exploratory study

STUDENTS: Danielle Reischer FACULTY: Brigitte Belanger, DSc, OTR/L, Florida Gulf Coast University

## Occupational Wellness for Keeping Golf Performance on Par

STUDENTS: Eric Wortman FACULTY: Maria Colmer OTD, OTR/L, Florida Gulf Coast University

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# 206 Innovative Stroke and Neurological Rehab Treatment Approaches -J.J. Mowder-Tinney PT, PhD, NCS



Osceola Regional Medical Center Kissimmee, FL - March 16, 2019

# 304 AEIOU: An Integrated Approach to Pediatric Feeding -Nina Ayd Johanson, M.S., CCC-SLP, CEIM, CHHP



Lee Health Cape Coral, FL - Nov. 2-3, 2018

# 237 Stroke Recovery Toolbox: Evidence Based Clinical Strategies and Assessments -Stephen Page, Ph.D., M.S., MOT, OTR/L, FAHA



Osceola Regional Medical Center Kissimmee, FL – Nov. 10, 2018 # 325 The Pediatric Brain: Functional Neuroanatomy, The Sensory Systems and their Treatment Applications -Janine Wiskind, MS, OTR/L, CBIS



Wolfson Children's Rehab Jacksonville, FL -Nov 30-Dec 1, 2018

#306 CAN-EAT Approach...Using Medical, Motor & Behavioral Strategies in Pediatric Feeding -Krisi Brackett, MS, CCC-SLP



Suncoast Therapy Tampa, FL - Nov. 30 – Dec. 1, 2018

# 214 Core Competencies for Traumatic Brain Injury Rehabilitation -Sheldon Herring, Ph.D.



Winter Park Memorial Hospital Conference Center Winter Park, FL - Jan 25, 2019

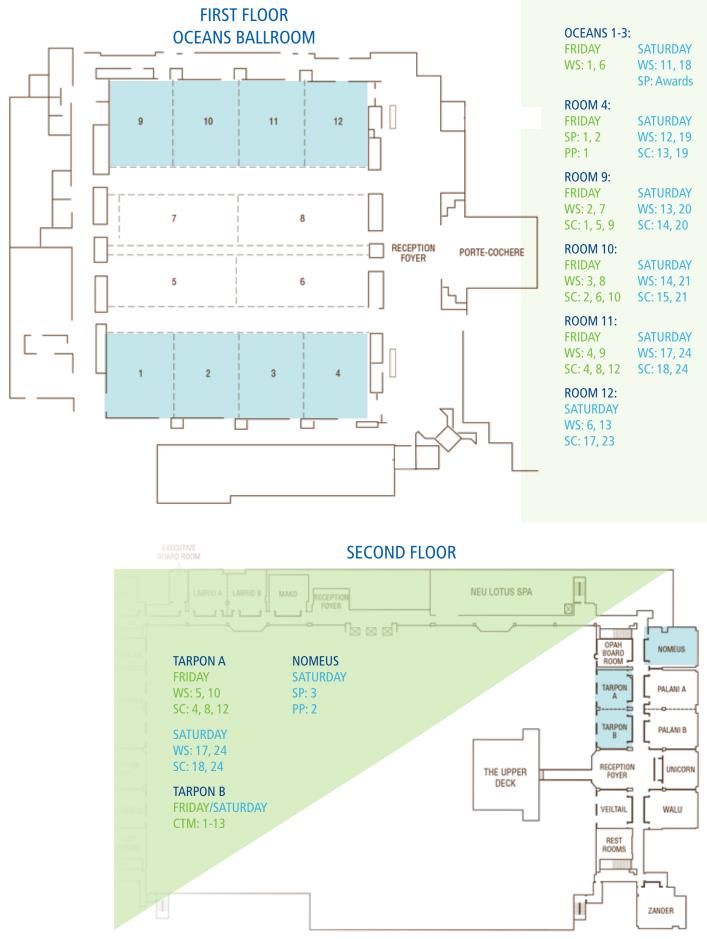


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## LOCATOR MAP



# HONG HR UNIVIERSITY

# **Occupational Therapy Assistant Program**





At Keiser University You Receive a Hands-On Learning Experience

Occupational Therapy Assistant program prepares students to work as occupational therapy assistants under direct supervision of a licensed occupational therapist. Students learn the therapeutic use of occupations which include self-care, work and play/leisure activities in order to maximize independent function, enhance development, prevent disability and maintain health. Intervention strategies may include adaptations to a task or environment or compensatory approaches in order to facilitate clients' achievement of maximum independence.

## www.keiseruniversity.edu

Keiser provides an environment in which students demonstrate ethical behaviors, critical thinking skills and commitment to lifelong learning as required of a competent healthcare professional.



This program is available in the following Florida campuses: Daytona Beach, Fort Lauderdale, Fort Myers, Jacksonville, Melbourne, Miami, Orlando, Pembroke Pines, Tallahassee, Tampa, West Palm Beach

