

FOTA23 CONFERENCE & EXHIBIT HALL

FLORIDA
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THERAPY
ASSOCIATION

NOV
4-5,
2023
CLEARWATER

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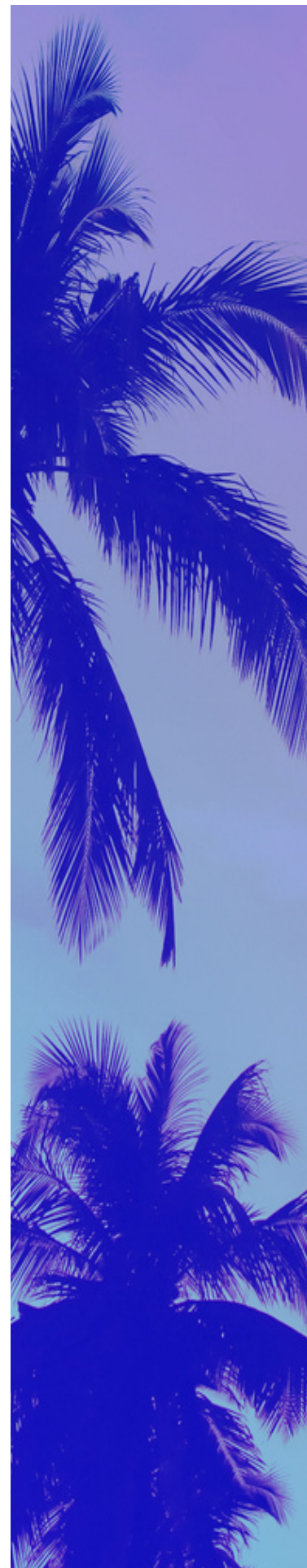


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Deb Oliveira, PhD., OTR/L
FOTA President



WELCOME FROM THE FOTA PRESIDENT

Welcome to our Florida Occupational Therapy Association annual conference. Again, a special thank you to Nova Southeastern-Tampa for hosting us at their beautiful new facility. The conference committee has been working hard to bring you great courses, workshops, conversations that matter, and professional posters. Of course, our students will be presenting their research, too. Make time to see their poster presentations.

Learn what FOTA is doing for you at our business meeting and join us in congratulating our award winners. FOTA would not exist without the dedication of our volunteers. Frank Gainer from AOTA will be at the meeting to talk about the AOTA annual conference in Orlando.

We are always looking for volunteers so please stop by the FOTA booth if you are interested.

Thank you to our generous sponsors who make a conference like this possible. Please go by and see what they have to offer our therapists and clients. Enjoy networking with fellow occupational therapists.

Last, but never least, a big thank you to Janine Silvaroli, who has spent countless hours ensuring everything is organized and “perfect” for your enjoyment.

Do join us Saturday after the conference for the President’s Beach ball party!

I look forward to our time together.

Deb Oliveira, PhD., OTR/L
President
Florida Occupational Therapy Association

Schedule at a glance

Sunday: November 4, 2023

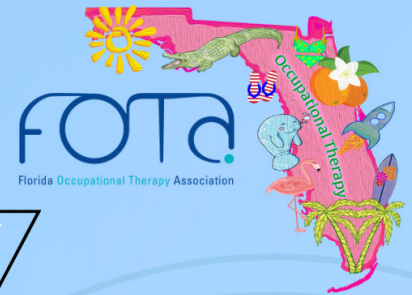
7 am.....Registration
7:45-8 am.....Opening Ceremony
8-11 am.....Sessions
9-11 am.....Student Posters
11 am.....Keynote Speaker
12 pmLunch|Expo
1 pmProfessional Posters
1-5 pm.....Sessions
5 pm.....President’s Beach Ball

Sunday, November 5, 2023

7 am.....Registration
8-11 am....Sessions
9 am.....Student Posters
10 am.....Professional Posters
11am..... Member Mtg | Legislative
12 pm.....Lunch | Expo Hall | Raffles
1-3 pm.....Sessions
2 pm.....Student Poster Awards
3 pm.....FOTA23 Concludes

FOTA23 CONFERENCE & EXPO HALL

HYBRID EVENT
14 LIVE CE'S



Keynote Speaker

Douglene Jackson

PhD, OTR/L, LMT, ATP, CYT, FAOTA

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at the
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Beach Ball

SATURDAY | NOV 4

5:00 PM

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FOTA23 Schedule: Saturday, November 4

7:00	At Event Check-In - Lobby								
7:45	Opening Ceremony								
8:50	WS-65 Collaborating for Better SCI Outcomes: Personalized Approaches to Spinal Cord Injury Rehabilitation	CTM-139 OT and Behavior Analysts: Evidence for Effective Collaboration around Challenging Behaviors	SC-141 Beyond the Backpack: Creating Non-Traditional Level I Fieldwork Experiences in Public Schools	SC-54 Non-Kinship Foster Parent Training Needs: An OT Perspective	SC-32 Bundled Payment Model: Utilization of OT in FL Skilled Nursing Facilities	SC-125 Presenteeism: A Catalyst for Burnout Amongst Occupational Therapists	SC-118 OT & Cognition: Implementing the Allen Cognitive Levels for Improved Outcomes	WS-46 The importance of body awareness in fall prevention	SC-49 Float like a butterfly, sting like an OT: occupation-based boxing program clients w/ Parkinson's
9:00		10 Minute Break							10 Minute Break
9:50		SC-10 Maternal Neuro-recovery: OT Strategies for Postnatal TBI Rehabilitation	SP1 Student Poster 1	CTM-61 Beyond the CERT: Determining Frequency of Services	SC-14 Self-regulation and School Success	SC-108 Getting Finger Amputees Back to Work	SC-40 Employers Use of a Strengths-Based Approach When Hiring Neurodivergent Individuals		SC-26 Patient and Family-Engaged Care and Occupational Therapy- A changing landscape
10:00	10 Minute Break								
10:50	SC-63 Restoring the Hemiplegic UE post-CVA with Vivistim VNS Paired Rehab	CTM-24 Caring for the Caregivers	SP-2 Student Poster 2	SC-137 Soaring with SOTA! Understanding Your Purpose in Leadership!	SC-22 Phenomenological Study Experiences of Black OT Students & Practitioners	SC-34 intersection of Life Journeys through Sensory Processing & Occupations	SC-106 Unleashing Innovation: 3D Printing for Occupational Therapists	SC-13 Understanding Athletes Experience when Transitioning to Life Beyond Sport	SC-144 Am I really crazy? Living and working with Bipolar 1 Disorder
11:00	Keynote Speaker								
1:00	WS-3 Structured Observations of Sensory Integration-Motor (SOS) & Comprehensive Observations of Proprioception(COP-R) :Clinical reasoning & Progress monitor	WS-160 Medical Errors (Licensed Req.)	WS-152 Enjoying learning to be an occupational therapist. Developing a culture of appreciative inquiry within occupational therapy education delivery	PP-1 Professional Poster 1	SC-127 Pre-Diabetes Gamble: A New Role for OT's in Secondary Prevention	SC-48 Functional abilities - youth/young adults w/ dev disabilities: PEDI-PRO	SC-132 NBCOT® National Certification Exam: Information You Need to Know	CTM-115 OT's role collaborating with community-based organizations for fall prevention.	SC-19 Utilizing soft skills when developing therapeutic alliance with patients
1:50	10 Minute Break								
2:00				CTM-112 Leveraging virtues of Remote Patient Monitoring & Telehealth in Disruptive environment	SC-23 Supporting student success in Fieldwork: Considerations for diverse students	SC-87 Dementia Care and the Critical Role OT Plays in Care	SC-147 Importance of play, leisure, & occupational balance in mental health and well-being	CTM-151 Home and community health therapy services post Public Health Emergency (PHE).	SC-162 Integrative Approaches to Dementia & Mental Health Through OT
2:50	10 Minute Break								
3:00	WS-113 Hands Down: The Best Review of Fundamentals of Hand Therapy for the Non-CHT	CTM-31 Talking about Unsanctioned Occupations without Judgement	CTM-15 Entrepreneurial: Opportunities in community to break disabled barriers	WS-50 Strategies for engaging individuals who are grieving in desired occupations.	SC-131 Advocating for our Clients, our Practice and our OT Profession	SC-110 Clinical Decision-Making for Orthotic Selection: A Case Studies Approach	SC-30 The Role of OT With Pediatric Burn Patients For Long-term Scar Management	WS-21 Breaking Barriers, Building Bridges: Cultivating Belonging for Black Students	SC-157 Journals of Outkast: Using Hip Hop Prompts for Student Reflection in FW
3:50	10 Minute Break				10 Minute Break				10 Minute Break
4:00		CTM-8 Stressed and burnt-out? OT solution to occupational stress	SC-47 Utilizing Simulation in OT Education: An Evidence-Based Approach		SC-4 Review of Evidenced Based Evaluation and Treatment for Brachial Plexus Birth Palsy	SC-18 OT Leadership: Supports and Barriers Within Aging in Place	SC-136 OTs Move Beyond Fine Motor Skills to Supporting Cognition & Literacy for Learners		SC-138 Telepractice: Supporting Older Adults Living in Asst. Living & Bridging Classroom Community
5:00	President's Beach Ball								

HAVE A BALL AT FOTA23

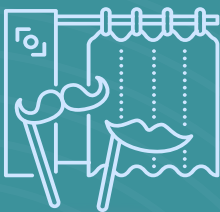


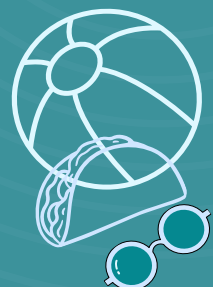
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FOTA23 Schedule: Sunday, November 5

7:00	Event Check-In - Lobby								
8:00	SC-69 OT practitioners early id of potential benign paroxysmal positional vertigo in adult vestibular	SC-58 To Rule In and Rule Out Potential Shoulder Pathologies: Using an Evidence-Based Approach	WS-135 Advanced Practice Skills in Diabetes Management: A Fresh Look At Diabetes Technology And How to Use It In Your Setting	WS-60 Increasing Access and Inclusion to Hand Therapy: A Manual Techniques Workshop for the General Occupational Therapist	SC-166 Decreased Sound Tolerance (DST) in Autism	SC-38 Clinical reasoning, occupational therapy education, and OT practice	CTM-161 <i>Legislative Think Tank</i>	WS-158 The Future of Occupation is Hip Hop: A Provocation	CTM-142 OTA's Let's Talk, What's the Pulse? Opportunities, Issues, and Solutions
8:50	10 Minute Break				10 Minute Break				10 Minute Break
	SC-109 What to Expect when You're Expecting (Feeding Therapy)	SC-37 Using Analysis of Variance (ANOVA) in OT & Rehabilitation Research			SC-01 Incorporating Mental Wellbeing into Practice Across All Settings	SC-134 Foundations of Fall Prevention: An evidence-based approach	SP-3 Student Poster 3		CTM-62 <i>Collaboration for the Doctoral Capstones</i>
9:50	10 Minute Break								
10:00	SC-145 Accepting and living with multiple complex co-morbidities in the prime of life	SC-119 Empowering Transformation: OT's Role in Supporting Formerly Incarcerated Women	SC-122 Level II Fieldwork Success: Understanding and Implementing Strategies for Positive Outcomes	PP-2: <i>Professional Posters 2</i>	SC-11 Rewiring the Brain-Pelvic Axis: Pelvic Floor Occupational Therapy for Women's Urinary Incontinence	CTM-35 <i>Sit Down with the FOTA President: OT and OTA Students</i>		SC-163 Sunshine Slumber: Revisiting Sleep Hygiene for Older Adults in Florida.	CTM-111 Pedagogy Partners (P2): A Faculty Pipeline Program in OT & Lessons Learned
10:50	10 Minute Break								
11:00	Presidents Address, Legislative Update & Awards AOTA Conference Update								
12:00	Lunch EXPO Hall Raffles								
1:00	SC-143 Caregiving for elderly parents: When the tables are turned	SC-124 Primary Care's Hidden Potential: Occupational Therapy Interventions to Bridge Service Gaps	SC-85 How to "Land a Job" as a new graduate	WS-130 Activity Analysis in Sensory Integration	SC-28 Wrapping up success: Using exam wrappers to improve learning outcomes in higher education	SC-17 Enhancing Student Self-Efficacy Levels & Recognition of Ethical Behaviors Through Simulation	SC-06 OT Home Assessment: Evaluations, Considerations, Improvements, & Funding	WS-159 Laws and Rules (Licensed Requirement)	CTM -155 <i>Latest Advances: Robotics in Pediatrics to Improve Function</i>
1:50	10 Minute Break				10 Minute Break				10 Minute Break
	Student Poster Awards				Student Poster Awards				
2:00	SC-39 Level Up Your Understanding of Executive Function & Sensory-Processing Behaviors	SC-52 Intro to Vestibular Rehab for Occupational Therapists	SC-44 Diabetes Update: New Technology for self-management & focus on U/E impairments		SC-148 Are We Stopping People Doing? A Critical Review of Fatigue Management	SC-76 Holistic Admissions in OT Education: Why is it important?	SC-133 From Student to OT: How to Successfully Transition from Classroom to Practice		
3:00	FOTA23 Concludes								

FOTA AWARDS & MEETING



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Sunday 11am

STUDENT POSTER AWARDS



Who will take home the honors this year?

Sunday 2pm

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Conversations that Matter

Sat 8:00 CTM-139 Research Intermediate
Occupational Therapists and Behavior Analysts: Evidence for Effective Collaboration around Challenging Behaviors
Speakers: Annemarie Connor, Sarah Fabrizi

Abstract: Occupational Therapy practitioners (OTP) across practice settings must effectively address clients' challenging behaviors in order to maximize participation in therapy, facilitate goal-directed persistence, improve functional skills acquisition, and decrease caregiver stress. This session will explore OTP teaming with Applied Behavior Analysts as an evidence-based approach to managing challenging behaviors, and will explore supports and barriers to effective collaboration between professions.

Objectives: Understand the research evidence for the efficacy of applied behavior analysis. Explore productive ways to collaborate with behavior analysts to address challenging behavior. Discuss supports and barriers to teaming from practitioner perspectives.

Sat 9:00 CTM-61 CANCELLED
Beyond the CERT: Determining Frequency of Services
Speakers: Debra Misrahi, Pauline Kelly

Abstract: In 2006, a group from across Florida came together to develop the *Considerations for Educationally Relevant Therapy (CERT)*. This summary provided school-based OT practitioners an overview of the functional skills students need to perform in an educational setting. As time progressed, most practitioners in Florida stopped using this document as guidance for recommending service minutes. As school-based therapists, what tools do we use if any, when recommending and determining service minutes?

Objectives: Participants will be able to identify current methods of the decision-making process when recommending minutes of services. Participants will be able to articulate their rationale for determining service minutes to stakeholders. Participants will be able to discuss federal and state statutes that guide the decision-making process when recommending minutes of service.

Sat 10:00 CTM-24 Health & Wellness Introductory
Caring for the Caregivers
Speaker: Barbara Ingram-Rice

Abstract: Caregiver burnout arises from a patient's health changes, role shifts, and limited resources. Medical recommendations add to the strain on unpaid caregivers. Barbara Ingram-Rice, an OT turned full-time caregiver, faced challenges with unsuitable recommendations and services. Caregivers struggle to prioritize self-care due to time constraints. *Objectives:* This Conversation That Matters aims to explore how OT practitioners can better support patients by assisting caregivers effectively. The learning objectives for this topic include identifying the top struggles caregivers face with medical recommendations, exploring strategies to assist patients and caregivers in finding alternative solutions for complex recommendations, and utilizing an occupational profile to gain insight into caregivers' perspectives

Sat 1:00 PM CTM-115 Gerontology Introductory
OT's role collaborating with community-based organizations for fall prevention.

Speakers: Christina Kane, Annette Bullard, Jennifer Castelli

Abstract: This session will describe the collaboration between OT and various community-based organizations in efforts to reduce the risk and incidence of falls through OT home safety assessments and sharing simple, low-cost environmental adaptations. Presenters will provide information to participants about resources and partnerships that can be initiated to spread best practices throughout our local communities and advocate for the role of OT in fall prevention. *Objectives:* Participants will: Identify fall risk reduction community partners. Advocate for OTs role for reducing fall risk with community dwelling seniors. Discuss OT strategies in fall risk reduction.

Sat 2:00 CTM-112 Technology Intermediate
Leveraging the virtues of Remote Patient Monitoring and Telehealth in a Disruptive healthcare environment: How will OT usher in these virtual tools?

Speakers: Jose Rafols, Evelyn Terrell

Abstract: Remote patient monitoring (RPM) and equal access to healthcare are telehealth's most important assets. These variables redefine the manner in which healthcare providers engage their patients remotely. RPM is being used for cost savings and patient compliance reasons, such as fall prevention, medication reconciliation, assessment of weight, cardiopulmonary assessment, fetal monitoring, diabetic care, post-surgical compliance, and much more. This disruptive technology should be discussed further. *Objectives:* Explore and discuss the uses of remote patient monitoring and telehealth by occupational therapists and occupational therapy assistants. Discuss, debate and demystify the use of remote patient monitoring for patient safety and compliance measures. Engage participants in substantive conversations regarding disruptive technologies, such as these and how the OT profession may embrace them.

Sat 2:00 CTM-151 Home Health Intermediate
Home and community health therapy services post Public Health Emergency (PHE)

Speaker: Amanda Kotolski

Abstract: The Public Health Emergency (PHE) regarding COVID-19 ended in May 2023. With the end of PHE; policies that have affected daily practice will be changing by the end of 2023. Join us in learning and discussing post PHE changes regarding occupational therapy services and its application to the home and community health setting. *Objectives:* Participants will increase knowledge and awareness of post Public Health Emergency policies that affect Occupational therapy practice. Participants will identify decision-making strategies for best practices within the home and community health setting regarding PHE policy changes. Participants will identify strategies to integrate PHE policy changes within client care."

Conversations that Matter

Sat 3:00 CTM-15 Work Programs Introductory **Entrepreneurial discussion regarding building and growing opportunities in the community to break down barriers for the disabled**

Speakers: Regina Bonyngne, Katie Hart

Abstract: The Clever Club was created to help empower people through connection with others, integration into the community, and adapting leisure activities to allow for full participation and healthy living. Identifying meaningful activities then implementing can be challenging for both the client and the creator(s). Additionally, starting a club or program can be overwhelming, especially with the weight of financial decisions, accounting, and the legalities for those organizations who are nonprofit. *Objectives:* Come for honest conversation to learn of creative funding sources to support your organization and collaborate with others on the ups/downs of starting a club; gather resources to support individuals' ability to integrate into the community. Identify how programs provide opportunities for sustainable employment, a source of livelihood, a chance for building social contacts, and build self-esteem.

Sat 3:00 CTM-31 Occupational Science Intermediate **Talking about Unsanctioned Occupations without Judgement**

Speakers: Ricardo Cruz Carrasco, Beverly Murphy

Abstract: This session traces the origin of the dark occupations construct, and terms interchangeably heretofore considered unhealthy or unsanctioned. Conversation will collect ways that participants define and view these occupations, and then compare them with definitions from popular and scholarly literature. Examples from the audience will enrich the discussion with concrete experiences and resources to better understand the construct from a clinical, research and knowledge building perspective. *Objectives:* Trace the history of dark occupations as an occupational science construct; Define occupations that may be considered dark, taboo, unsanctioned or unhealthy. Provide examples of unsanctioned, dark, taboo, or unhealthy occupations.

Sat 4:00 CTM-08 Physical Disabilities Introductory **Stressed and burnt-out? Occupational therapy solution to occupational stress**

Speakers: Kaye Rubio, Patricia Bowyer, Christopher Goffredo, Kristin Domville

Abstract: Burnout is a physiological and psychological response to events or conditions in the workplace. The presentation provides tools to examine burnout through the Model of Human Occupation (MOHO). The MOHO construct of volition and its application to address burnout will be discussed. Participants will use the Work Environment Impact Scale (WEIS) to examine their work environment. Participants share their WEIS results and potential plans of action to address burnout in their setting in small groups. *Objectives:* At the conclusion of this session, participants will be able to explain the definition of occupational stress, burnout, and MOHO constructs. At the conclusion of this session,

participants will be able to develop a plan of action, using the MOHO constructs to address personal occupational stress and burnout.

Sun 8:00 CTM-161 Introductory **Legislative Think Tank**

Speaker: Carlos Martoral

Abstract: The purpose of this conversation is to offer members a closer look at the FOTA Government Affairs section. It will offer an opportunity for participants to ask questions, share insights, and collectively address relevant concerns.

Sun 8:00 CTM-142 Introductory **Occupational Therapy Assistants Let's Talk, What's the Pulse? Opportunities, Issues, and Solutions**

Speaker: André Johnson

Abstract: OTA Real Talk Conversation That Matters will discuss current and future professional issues relevant to occupational therapy assistants (OTAs). The discussion will start with traditional and nontraditional opportunities for OTAs for career advancement and leadership. Then the discussion will dive into professional practice issues for better community awareness of these issues and to build innovative solutions and strategies. Active audience participation will drive the conversation. *Objectives:* Attendees will participate in a discussion of current trends and issues related to occupational therapy assistants (OTAs). Participants will develop solutions to issues affecting traditional & emerging practice occupational therapy assistant roles and opportunities. Participants will identify traditional and nontraditional professional career advancement opportunities.

Sun 9:00 CTM-62 Education Introductory **Collaboration for the Doctoral Capstone**

Speakers: Pamela Kasyan-Howe, Kristin Domville

Abstract: The doctoral level entry point is developing to meet current trends in higher education and healthcare. The OTD capstone project and experience provide our profession the opportunity to increase the rigor of evidence supporting our practice. The capstone project, experience, and curriculum can build capacity between clinicians and academic programs. This conversations that matter will discuss strategies for clinicians, students, and academics to guide collaboration toward rigorous OTD projects. *Objectives:* Discuss a comprehensive range of contemporary challenges and issues encountered in capstone development. Discuss steps needed to implement rigorous capstone projects and experiences to advocate for occupational therapy in Florida. Compare and contrast two distinct models of capstone development assessing their strengths and limitations.

Conversations that Matter

CTM-35 Sun 10:00 Introductory

Sit Down with the FOTA President: OT and OTA Students

Speaker: FOTA President Debora Oliveira

Abstract: A conversation with OT and OTA students about the importance of membership in professional organizations. Discuss the benefits of membership to the individual, the state of Florida, nationally, and the clients served by occupational therapists. Students will have the opportunity to engage in a dialogue with the President of FOTA, ask questions, and have a chance to explore potential leadership roles in the organization. Students will understand the importance of continued membership in FOTA and other professional organizations. Students will become familiar with the benefits of continued membership in FOTA. Students will develop an appreciation of engagement in professional organization membership throughout their career.

Sun 10:00 CTM-111 Intermediate

Pedagogy Partners (P2): A Faculty Pipeline Program in Occupational Therapy & Lessons Learned

Speakers: André Johnson, Jeffery Etheridge, Brittany Nash

Abstract: An interactive conversation with participants on the efforts of the Occupational Therapy Program at Florida A&M University to create & implement an approach to help develop & foster student interest in being a future OT academician. P2 was created to reduce barriers, clarify

expectations, and define the role and responsibilities of a future OT or OTA faculty. P2 was piloted the past academic year. The conversation will shift to additional innovative faculty development programs & strategies. Objectives: Attendees will hear about a pilot occupational therapy faculty pipeline program developed at Florida A&M University. Participants will learn & discuss innovative ways to address faculty shortages in occupational therapy academia. Participants will discuss & collaborate on alternative pipeline programs and strategies to address faculty shortages in occupational therapy.

CTM-155 Sun 1:00 Developmental Disabilities Introductory Latest Advances: Robotics in Pediatrics to Improve Function

Speakers: Jennifer Martinc, Joanne Flanagan

Abstract: We will discuss advances in the use of robotics in pediatrics to improve functional use of upper extremities in pediatric patients with neurological conditions. This conversation could provide practical clinical information to advance practice and to increase independence for children with neurological conditions. Objectives: Participants will discuss advances in the use of robotics in pediatrics to improve functional use of upper extremities. Participants will discuss clinical implications in pediatric occupational therapy.



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Professional Poster Session I: Saturday 1:00 pm

Sat 1:00 PP1-7 Physical Disabilities Intermediate **Occupational Therapy interventions to address Axillary Web Syndrome, a debilitating side effect of breast cancer treatment** **Speakers: Brittany Hypes, Kaye Rubio**

Abstract: Axillary web syndrome (AWS) is a complication of breast cancer (BC) surgery, with an incidence of 6% to 86%. It presents as tight, painful cords in the axilla, limiting shoulder range of motion (ROM) and performance of daily activities. This presentation will help OTs identify AWS and suggest treatments to address AWS. It is a case study of three women referred to outpatient OT where an MPS device was used to soften the axillary web at a cellular level to reduce pain and increase ROM. **Objectives:** At the conclusion of this session, participants will be able to explain axillary web syndrome, its characteristics, its impact on function, and treatment. At the conclusion of this session, participants will be able to describe Micro Point Stimulation and its potential use as a therapeutic modality in a treatment session.

Sat 1:00 PP1-20 Education Intermediate **Targeting Student Retention Through Health Domains For Students' Lifelong Success: An Evidence-Based Program Proposal**

Speakers: Nishi Brahmabhatt, Alysha Skuthan

Abstract: Using constructs of occupational science and the socio-ecological model of health promotion, "Lifelong Success" aims to explore occupation-based interventions, implemented by occupational therapy (OT) faculty, to address OT students' mental, physical, and social health domains, and examine their effect on academic success and student retention, with intention to influence lifelong health habits. **Objectives:** Participants will identify how occupational science constructs apply to proposed health domain interventions. Participants will demonstrate use of the socio-ecological model of health promotion to make informed decisions regarding interventions. Participants will appraise the value of addressing students' health domains to positively affect student retention and academic and lifelong success.

Sat 1:00 PP1-42 Gerontology Intermediate **What does Community mobility have to do with dementia caregiver burden? Results from a national study & significance for occupational therapy.**

Speaker: Paul Arthur

Abstract: Caregivers (CG) of persons living with dementia (PLWD) regularly endorse significant burden. While research has identified CG protective factors in role management (Resnick, 2014), less inquiry has focused on associated factors in persons with dementia. This national survey was completed with 113 CG's of PLWD in 30 states and highlights protective factors in PLWD as a focus for occupational therapy interventions. PLWD's community mobility significantly predicted CG burden ($\beta = -.220$, $p = .010$). **Objectives:** Participants will identify 3 historical protective factors in caregiver burden. Participants will discuss the physiological importance and value of community mobility in dementia care. Participants will discuss the influence of community mobility on caregiver burden.

Sat 1:00 PP1-45 Health & Wellness Intermediate **Women's Health Forum: An Occupation-Based Program Pioneered for New Mothers**

Speakers: Symphony Keys, Alysha Skuthan

Abstract: The Women's Health Forum is a community-based program created pregnant and/or postpartum women up to 3 years to improve self-efficacy and well-being. The program uses a holistic and multidimensional approach addressing physical, mental, emotional, and social aspects of health for women and children. The program is one that aims to augment maternal well-being, promote positive parent-child interactions, and optimize child developmental outcomes. Women will learn information related to mental health, body mechanics, and pelvic health. **Objectives:** Women will learn information related to child development and the role of occupational therapy. Women will identify how to apply strategies learned (i.e., pelvic health exercises, proper body mechanics, coping strategies, parenting tips) within their daily routine.

Sat 1:00 PP1-51 Mental Health Intermediate **Occupational Therapy Biofeedback Intervention to Reduce Anxiety in Persons with Long Covid**

Speaker: Colette Freda

Abstract: Purpose: The study used HRV biofeedback therapy to decrease anxiety levels in people with Long Covid. Methods: This study was quasi-experimental in the form of a pre-test-post-test design using the Generalized Anxiety Disorder (GAD) and the Quality of Life Scale (QOLS). Participants received eight biofeedback sessions. Results: Ten out of eleven participants reported a decrease in anxiety based on the GAD-7. Nine out of eleven participants reported an improvement in their quality of life. **Objectives:** Participants will gain knowledge of a non-pharmacological treatment approach. This research helps fill gaps in the literature and provides a rationale for occupational therapy interventions focusing on anxiety. Participants will have the ability to network with other researchers in the mental health field and lastly provide important feedback to this researcher on expanding the current research.

Sat 1:00 PP1-105 Education Introductory **Using a Hybrid Approach to Increase Confidence of Clinical Reasoning Skills in Occupational Therapy Students**

Speaker: Trevor St Clair

Abstract: This study explores the integration of online clinical reasoning modules and live client sessions to enhance occupational therapy students' clinical reasoning skills. Participants underwent a six-week hybrid program and completed pre- and post-surveys along with a standardized assessment. The results showed a significant increase in 4 items related to student confidence and competence in clinical reasoning, suggesting that this approach is effective for occupational therapy education. **Objectives:** The presentation aims to enhance participants' understanding of valued meaningful strategies, fostering student confidence in clinical reasoning skills. Additionally, it seeks to equip

Professional Poster Session I: Saturday 1:00 pm

participants with the proficiency to implement a hybrid teaching model for occupational therapy students. Lastly, the presentation aims to raise awareness of the evidence supporting these strategies.

Sat 1:00 PP1-123 Health & Wellness Introductory **Enabling Womanhood: Living a Fulfilling Life After a Spinal Cord Injury**

Speakers: Natalie Rivera, Alysha Skuthan

Abstract: Only 20% of SCI occur in women with educational training of occupational therapists on SCI management being gender-neutral or male-targeted. Females present with specific physical considerations requiring additional modifications in toileting, health management during pregnancy, menstrual care, and maintaining sexual health. Additionally, women are more at risk for having a mental health diagnosis and developing a significant decline in emotional well-being post-injury. **Objectives:** There will be successful identification of at minimum three gender-specific client factors women experience post-SCI. Via understanding client factors, there will be an application on impact on three female-specific performance patterns. Lastly, there will be an improved understanding of occupational therapy intervention by identifying three interventions for managing women's health post-SCI.

Sat 1:00 PP1-121 Fieldwork Introductory **Essentials of Level II Fieldwork: Understanding and Implementing Strategies for Success**

Speakers: Nichel Brunder-Allen, Jessica Fagan

Abstract: Positive Level II fieldwork experiences are possible. Occupational therapy students, practitioners, and academicians are invested in successful fieldwork experiences. There is often a gap between the student's expectations of a fieldwork experience and the fieldwork educator's expectations. Academic Fieldwork Educators can play a role in preparing students for fieldwork experiences and facilitating successful outcomes. Strategies for success are simple to implement and have a huge impact. **Objectives:** Following consideration of the presented themes, students will have resources to prepare for successful Level II fieldwork experiences. Fieldwork educators will have tools to assess their understanding, expectations, and previously employed teaching methods. Stakeholders in the Level II fieldwork experience will be able to identify strategies for successful outcomes

Sat 1:00 PP1-140 Education Introductory **Exploring the Effects of Socialization Among Women with Breast Cancer Related Lymphedema: A Scoping Review**

Speakers: Amanda Martins, Dianna Lunsford, Bryce Smith

Abstract: Social support is essential for women to manage the physical and psychological effects of breast cancer-related lymphedema (Alcorso & Sherman, 2015). Greater social support networks was linked to improvements in body image, motivation, self-efficacy, and participation in various roles (Anderson et al., 2022; Dönmez et al., 2021). Past

research has neglected socialization. **Objectives:** This review aimed to describe the relationship between breast cancer-related lymphedema and socialization. The viewer will gain an understanding of breast cancer-related lymphedema, including its characteristics and the current gold standard treatment. They will acquire knowledge about the relationship between socialization and breast cancer-related lymphedema based on current literature. They will also learn about the three themes that were identified and what these findings mean for therapists.

Professional Poster Session II: Sunday 10:00 am

Sun 10:00 PP2-9 Physical Disabilities Introductory **"You're just fat": Fighting the Stigma of Lipedema**

Speaker: Kaye Rubio

Abstract: Lipedema is a chronic progressive disease characterized by painful adipose tissue in the legs affects 10% of females worldwide. Lipedema is a poorly understood disease and patients are further impacted by the absence of diagnostic tools and the stigma associated with weight gain. This poster will present 2 case studies to define lipedema, its impact on participation, and provide resources to enable OTPs to address the needs of this underserved client population. **Objectives:** At the conclusion of this session, participants will be able to describe 3 characteristics of lipedema, physical and/or psychological symptoms, and impact on participation and quality of life. At the conclusion of this session, participants will be able to identify 3 treatment ideas or resources to help patients with lipedema overcome daily challenges and stigma.

Sun 10:00 PP2-36 Education Introductory **Building Strong Foundations: Revealing the Crucial Role of Scaffolding Anatomy in Occupational Therapy Curriculum**

Speakers: Lydia Kite, Sharniece Pierce

This abstract shows an overview of the importance of scaffolding techniques employed in an OTD program to facilitate anatomical learning. These techniques create supportive and dynamic learning environments to prepare future occupational therapists for complex challenges they will face in any setting. This thorough knowledge of anatomy empowers occupational therapists to deliver evidence-based, individualized care that promotes optimal functional outcomes for clients. **Objectives:** At the conclusion of this session, participants will be able to explain the importance of scaffolding anatomy within an occupational therapy program curriculum. As well as, participants will be able to identify strategies for implementation to scaffold anatomy in an occupational therapy program curriculum.

Professional Poster Session II: Sunday 10:00 am

Sun 10:00 PP2-107 Education Intermediate

Interest and Barriers to becoming an Occupational Therapy

Faculty Memeber: Perceptions of Current MSOT Students

Speakers: Jeffery Etheridge, Brittany Nash

At the national level, studies have shown that there is a significant academic workforce need in the field of occupational therapy, and faculty shortages are predicted to increase with the aging of the current academic workforce. This qualitative, thematic analyses based study, explored the level of interest and perceived barriers identified by current adult (18 and above), Master's of Science Occupational Therapy (MSOT) students in becoming a future occupational therapy faculty member. Participants viewing this poster will examine MSOT student perceptions of barriers and overall interest level in the possibility of becoming an OT faculty member. Additionally, this knowledge base assists stakeholders in developing potential strategies that could lead to the creation of better pathways for future occupational therapy faculty members to be developed from current MSOT students.

Sun 10:00 PP2-156 Gerontology Intermediate

The Reinvention of Occupational Identity: A Decision-Making Framework

Speaker: Stephen Pitts

Abstract: A decision-making framework developed to promote occupational identity (OI) in occupational therapy for older adults, obtained favorable results for occupational therapists to reinvent OI through authentic occupation-based practice. Identify personal clients who would benefit from implementation of The Reinvention of Occupational Identity: A Decision-Making Framework, to reinvent occupational identity for health and wellness. Objectives: Participants will implement components of the framework in daily practice including identifying appropriate clients, selecting relevant occupation-based assessments, and management of framework forms.

Sun 10:00 PP2-129 Health & Wellness Introductory

Occupational Balance and Well-being of Military Members: A Survey Study

Speakers: Thomas Laster, Stanley Paul, Diana Calafell

Abstract: Military members are exposed to operational stress throughout their career which results in decreased mental health, decreased participation in meaningful occupations, routines, and roles. This survey study will highlight the results of a comprehensive OT treatment approach for military personnel with occupational stress. A holistic education program for military personnel suffering from occupational stress and maladaptation will be discussed. Objectives: This poster will highlight the crucial role OT can play in treating military personnel who face varying levels of occupational stress. Demonstrate the evidence-based strategies and skills OT's have in creating holistic treatment programs to improve the overall well-being of service members. Educate individuals about the impact of occupational stress on mental health and social wellbeing.

Sun 10:00 PP2-126 Mental Health Intermediate

Occupational Therapy in Mental Health from Then to Now:

Interdisciplinary Strategies to Maximize Client Outcomes

Speakers: Katherine Turner, Stanley Paul

Abstract: Mental health is an important specialty area where OT thrived for the earlier part of the profession's history. However, over the years, as the profession has grown and evolved, we have lost our foothold within mental health practice. This poster will highlight an interdisciplinary approach to interventions in mental health OT practice within both primary care and long term care settings that help define the unique value of OT working within an interdisciplinary team Objectives: Highlight an interdisciplinary approach to interventions in mental health OT practice within primary care and residential settings. Highlight practical evidence-based strategies that working OT's can implement in their positions within the scope of mental health practice.

Sun 10:00 PP2-29 Sensory Integration Intermediate

Development of the Environment, Attitudes, Temperament, and Sensory Feeding Assessment

Speakers: Blair Carsone, Bryce Smith

Abstract: The EATS feeding assessment was designed to evaluate sensory-based feeding difficulties in children. Phase one consisted of a mixed-methods survey of expert pediatric feeding therapists and established the content validity. Phase two surveyed caregivers to determine if questions were understandable and established an age cutoff. Phase two revealed six questions that needed simplified language and an appropriate age of 24 months and older. The need for a pediatric sensory-based feeding assessment will be discussed. Objectives: The participants will understand the two-phased development of the Environment, Attitudes, Temperament, and Sensory (EATS) Feeding Assessment. The outcomes of the two phases will be elucidated. Participants will increase knowledge in administering the EATS Feeding Assessment.

Sun 10:00 PP2-5 Education Introductory

Occupational Therapy Graduate Students' Perception of a Structured Coping Strategy Program Addressing Stressors Hindering Academic Success

Speakers: Ana Rodriguez, Terry Munecas, Lisa Roberts

Abstract: The purpose of this study was to describe master's Occupational Therapy students' perception of a faculty-led intervention based on the cognitive-behavioral model. Students volunteered to participate in a six week coping program. The outcome was the qualitative data obtained from the students' weekly journaling. Four themes were noted: increased awareness of maladaptive behaviors, awareness of how coping strategies are incorporated, significance in classroom performance, and in daily outcomes. Objectives: At the conclusion of this session, participants will be able to value the importance of adaptive coping strategies to reduce anxiety and improve student performance. Participants will be able to compare and contrast adaptive versus maladaptive coping strategies to stressful situations. Also, as educators, consider implementation of a similar program into existing curriculum.

Professional Poster Session II: Sunday 10:00 am

Sun 10:00 PP2-149 Mental Health Intermediate

Tics, Teens, Telehealth, & Occupational Therapy: A Scoping Review and Retrospective Case Study

Speakers: Rebekah Jarrar, Heidi Woolley

Abstract: Teens with tic disorders and overlapping behavioral disorders face unique barriers to participation in school and social activities. They are often unable to access effective interventions that address the complexity of their overlapping conditions. The literature shows gaps in access to qualified providers to treat teens with tic and mental health disorders. A case study demonstrates how occupational therapy via telehealth using CBIT, CBT and the PEO Model can fill these gaps. Attendees will identify barriers teens with tic and mental health (MH) disorders face to participation in school and social settings. Objectives: Participants will learn effective interventions using a PEO lens to help teens reduce symptoms and increase participation. Attendees will explore how telehealth delivery can effectively increase access to OT therapies for teens with tics and MH disorders.

FLORIDA OCCUPATIONAL THERAPY EDUCATIONAL CONSORTIUM



WHO ARE WE?

We are a Florida-based organization comprising Academic Fieldwork Coordinators and Capstone Coordinators from Occupational Therapy and Occupational Therapy Assistant programs with the primary goal of offering excellent education and support to students, fieldwork educators, and capstone mentors.

FLOTEC's mission is to improve learning experiences through innovative exploration, design, and implementation, with a focus on excelling in fieldwork and capstone education.

WHAT WE PROVIDE

- Innovative partnerships between education and practice
- Fieldwork educator credentialing workshops
- OT resources, including articles in Focus and newsletters, as well as yearly recognition for exceptional fieldwork educators in OT.
- Collaborate with FOTA through the Fieldwork Education & Doctoral Capstone Experience Special Interest Section (SIS)
- Leadership at local, state and national levels for fieldwork education and capstone experiences.

FIELDWORK EDUCATOR TIPS

- 1 To ensure a project or presentation meets your department's needs, plan early. This guarantees a relevant outcome for the department.
- 2 It is recommended that students come prepared with a written plan for each patient on their daily schedule. Check in regularly with them to ensure they are doing so.
- 3 To be well-rounded clinicians, students should be equipped with administrative skills such as scheduling, marketing, and quality assurance.
- 4 For help with any student-related concerns or challenges, reach out to the AFWC and Capstone Coordinator at your school. They are trained to assist you.

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Short Courses

SC-32 Sat 8:00 Admn-Management Introductory **Effects of a Bundled Payment Model on the Utilization of Occupational Therapy in Florida Skilled Nursing Facilities** **Speaker: Christina Kane**

Abstract: As CMS continues to implement value-based reimbursement models, OTs must understand their impact on OT utilization and the potential impact on clients. This course will share the preliminary results of a study examining the impact of one mandated payment model on the utilization of OT provided in Florida SNFs. Results from a retrospective data review conducted to explore OT utilization in Florida SNFs using a publicly available database will be shared. This course will describe current reimbursement models implemented by CMS that impact the provision of OT services. Objectives: Participants will identify the potential impact of these reimbursement models and share strategies to increase awareness of changing reimbursement models on the utilization of OT.

Sat 8:00 SC-47 Education Introductory **Utilizing Simulation in OT Education: An Evidence-Based Approach**

Speakers: Sean Brim, Kristian Llaca

Abstract: Simulation has become an increasingly popular educational tool in healthcare professions, including occupational therapy. Educators will learn how to design and implement effective simulations that replicate real-world scenarios. Objectives: Upon completion of this short course, participants will have the knowledge and skills to effectively integrate simulation into their teaching methods, ultimately enhancing the educational experience for their students and preparing them for real-world clinical practice. Utilize evidence-based practices for designing and implementing effective simulations that will better prepare OT students for clinical practice.

Sat 8:00 SC-49 Health & Wellness Introductory **Float like a butterfly, sting like an OT: Benefits of creating an occupation-based rock steady boxing program for clients with Parkinson's Disease.**

Speaker: Claribell Bayona, Kristian Llaca

Abstract: Rock Steady Boxing (RSB) has been shown to have numerous benefits for clients with Parkinson's disease (PD), including improved motor functioning, cognitive functioning, emotional well-being, and increased independence with ADLs. This course will provide OT's and OTA's with the essential knowledge, skills, and practical tools needed to establish an occupation-based RSB program. Using this unique therapeutic approach, therapists can positively impact the quality of life of individuals with PD. Objectives: Participants will learn to design and implement an occupation-based Rock Steady Boxing (RSB) program for clients with Parkinson's Disease (PD). Participants will also understand the psychological and emotional benefits of an occupation-based RSB program for clients with PD. Additionally, participants will learn suitable boxing techniques, adaptations, and safety considerations for clients with PD.

Sat 8:00 SC-54 Mental Health Intermediate **Non-Kinship Foster Parent Training Needs: An Occupational Therapy Perspective**

Speakers: Pamela Kasyan-Howe, Mackenzie King

Abstract: Non-kinship foster parents (NKFP) report a lack of consideration from child welfare agencies regarding their training needs on managing complex behaviors and situations. Occupational Therapy Practitioners (OTP's) can provide training to benefit NKFPs, to support the mental health and occupational performance of their foster youth. This short course will educate OTPs on their role in addressing identified training needs with NKFPs to create and maintain their role as a caregiver to foster youth. Objectives: Describe the challenges of providing training to non-kinship foster parents in Florida's Child Welfare System. Analyze the benefits and challenges of integrating occupational therapy services with non-kinship foster parents within the foster care system. Identify training needs of non-kinship foster parents to support occupational performance for them and their foster youth.

Sat 8:00 SC-118 Gerontology Intermediate **OT & Cognition: Implementing the Allen Cognitive Levels for Improved Outcomes**

Speakers: Wendy Underwood, Shonda Brandon

Abstract: This session focuses on improving OT outcomes for those with a cognitive impairment. Using the Allen Cognitive Levels OT Practitioners can meet each person's needs related to where they are functioning cognitively. Focusing on what each person can still do is a major shift in treatment approach and leads us as clinicians to gear our sessions toward educating the person or educating the care partner in order to improve independence with skills and approach needed for optimal outcomes. Objectives: Upon completion of this session, Learners will be able to understand each Allen Cognitive Level in order to implement it into practice. They will be able to describe what each person at that level can still do and what activities and approach work best for each level. As well as, identify tangible ways to incorporate the Allen Cognitive Levels into their treatment sessions.

Sat 8:00 SC-125 Admn-Management Introductory **Presenteeism: A Catalyst for Burnout Amongst Occupational Therapists**

Speaker: Danielle Zabroski

Abstract: The purpose of this study examines the effect of presenteeism in regards to burnout and quality of care provided by occupational therapists. This study utilized a qualitative approach which found four main themes: decreased work quality, job demands, varied support, and need for change. Based on the results of this study further research is needed to gain a better understanding of the instances of presenteeism to better advocate for change and the well-being of occupational therapists. Objectives: To identify specific occurrences of presenteeism, which have contributed to increased levels of burnout and decreased quality of work by occupational therapists. To determine if

Short Courses

a lack of support from the organization's leadership when trying to call in causes higher instances of presenteeism. To determine possible steps to address the topics of presenteeism and burnout with leadership.

Sat 8:00 SC-141 Fieldwork Intermediate **Beyond the Backpack: Creating Non-Traditional Level I Fieldwork Experiences in Public Schools**

Speakers: Inti Marazita, Gayla Aguilar, Bonnie Decker

Abstract: The AOTA Fieldwork Ad Hoc Committee identified faculty-led fieldwork as an approach that should be considered to meet the experiential needs of today's learner (AOTA, 2017). In this faculty-driven fieldwork I, the students had the opportunity to use clinical reasoning and soft skills to serve children in the educational context. Faculty provided immediate feedback allowing the student to cultivate their clinical reasoning and interprofessional skills in preparation for their level II fieldwork. Explain the reciprocal relationship between a pediatric course and faculty-driven Level I fieldwork in pediatrics. Objectives: Describe ways to incorporate classwork into meaningful, hands-on, Level I fieldwork. Discuss supports and barriers of faculty-driven fieldwork opportunities.

Sat 9:00 SC-10 Introductory **Maternal Neuro-recovery: Occupational Therapy Strategies for Postnatal TBI Rehabilitation**

Speaker: Sabina Khan

Abstract: Postnatal traumatic brain injury refers to brain damage occurring after childbirth, which can have significant implications for the health and well-being of both the mother and her infant. Occupational therapists play a vital role in facilitating neurorehabilitation and supporting maternal functioning following postnatal TBI. This presentation aims to explore the intersection of maternal occupational therapy and neurology, focusing specifically on postnatal TBI. Objectives: Participants will understand the impact of postnatal traumatic brain injury (TBI) on maternal well-being and functioning. Participants will identify evidence-based occupational therapy (OT) interventions for promoting neurorehabilitation in mothers with postnatal TBI. Participants will explore the role of OT in supporting maternal-infant bonding and family dynamics during postnatal TBI recovery.

Sat 10:00 SC-13 Mental Health Introductory **Understanding Athletes Experience when Transitioning to Life Beyond Sport**

Speaker: M Lauren Dell'Arciprete

The transition to life beyond sport can have a significant effect on an individual, their mental health, and their identity. Individuals may experience occupational disruption, a temporary inability to adequately engage in meaningful tasks due to a significant life event (Whiteford, 2010). The purpose of this course is to share the results from survey research identifying areas of occupational disruption and imbalance following the transition from athlete to non-athlete. Following this course, participants will understand the areas

of occupational disruption experienced by athletes when transitioning to life beyond sport and describe the role of OT in supporting athletes as they transition from their sport. Attendees will engage in discussion on ways to create an occupation based transitional program.

Sat 9:00 SC-14 School Systems Intermediate **Self-regulation and School Success**

Speaker: Jennifer Maronie

Abstract: This course is designed to understand how children develop the ability to regulate and how early life experiences can disrupt this process. Polyvagal Theory will be discussed to support knowledge acquisition relating to regulation. A variety of intervention strategies will be shared that can be supported school-wide, in the classroom, or in smaller settings. Objectives: Participants will have a toolbox of ready to implement resources. Participants will be able to define self-regulation and understand how it develops. Participants will be able to identify strategies that can calm and regulate children in classroom and small group settings. Participants will learn about programs available for use in schools, that support self-regulation and student engagement.

Sat 9:00 SC-26 Health & Wellness Intermediate **Patient and Family-Engaged Care and Occupational Therapy- A Changing Landscape**

Speaker: Elise Bloch

Abstract: This course will provide participants with the historical and socio-political context for patient- and family-engaged care (PFEC). Experiences navigating the healthcare continuum will illustrate the critical role of OT to better prepare clients and their families for successful partnerships and self-advocacy with providers. The OT role within the Patient Family Advisory Council and strategies and resources needed to advocate for a PFEC service delivery model will be discussed. Participants will explain health care policy and legislation related to patient- and family-centered care (PFCC). Objectives: Therapists will delineate the role of OT with families to assist them in successfully navigating healthcare and educational systems. Attendees will discuss the OT advocacy role in establishment of a PFCC service delivery model in various settings.

Sat 9:00 SC-40 Work Programs Introductory **Employers Use of a Strengths-Based Approach When Hiring Neurodivergent Individuals**

Speaker: Meredith Morig

Abstract: A large percentage of neurodivergent adults are unemployed, despite evidence supporting that this population has the same desire to work as neurotypical individuals. Most legal policies in the workplace disregard neurodivergence. Neurodiversity advocates encourage companies to develop the strengths of neurodivergent employees rather than pathologizing their weaknesses. As occupational therapists, we can support neurodivergent strengths and help companies achieve optimum inclusivity. Objectives: Participants will recognize the challenges

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neurodiverse individuals experience transitioning to the workforce. They will analyze how companies can embrace a strengths-based approach to provide an autonomy-supportive environment for neurodiverse employees. Participants will also identify how occupational therapists can support change in workplace culture to embrace differences and reduce barriers.

Sat 9:00 SC-108 Technology Introductory **Getting Finger Amputees Back to Work**

Speaker: Breanna Long

Abstract: Despite that 94% of all upper-limb amputations occur at the digit & metacarpal levels, little technological prosthetic development occurred, leaving only aesthetic passive restoration options. Within this session, prosthetic solutions will be introduced as they relate to getting this affected population back to work and back to the activities they love. **Objectives:** Compare the percentage of finger amputations to that of other upper extremity amputations. Identify the current prosthetic interventions available. Recognize the important steps to create successful patient outcomes with body-driven prostheses by helping improve prosthetic function and contributing to post-delivery care.

Sat 10:00 SC-22 Research Intermediate **Belonging: A Phenomenological Study Exploring the Lived Experiences of Black IOT Students and Practitioners**

Speakers: Nardia Aldridge, Chloe Hill, Sierra Green, Lili Maglaris

Abstract: This study explored the lived experiences of Black OT students and practitioners with systemic racism. Additionally, how efficiently their academic curriculum prepared them to handle racism and bias within didactic and clinical settings. This study featured a phenomenological design with data collection through semi-structured Zoom interviews and focus groups with 15 Black students in entry-level OT programs and 5 Black OTR practitioners within their first three years of practice. **Objectives:** Participants will demonstrate an understanding of the lived experience of Black OT students and practitioners with racism in various environments. In addition, they will examine action steps for creating culturally safe environments for Black students and practitioners. The participants will create a network of support with whom they may connect to have difficult and courageous conversations.

Sat 10:00 SC-34 Sensory Integration Intermediate **Reflections: Intersections of Life Journeys through Sensory Processing and Occupations through the years**

Speakers: Ricardo Carrasco, Susan Skees-Hermes, Erik Hermes

Abstract: The course tracks a 3-decade journey of a client, mother and therapist through occupational therapy interventions for sensory processing and occupational performance. The intersections shared during the course are each participant's reflections on the sustained therapeutic, professional and personal relationships maintained through each person's life journey. The session shares insights, collaborations, and group reflections and current practice applications. **Objectives:** Share the lived experience narrated

by presenters. Articulate how intersections occurred between client, mother and therapist in pursuit of practice, professional development and life trajectory of a client with sensory processing disorder to a productive adult. Reflect on own practice for similar situations recognizing the value of nurturing relationships beyond clinical interventions.

Sat 10:00 SC-63 Physical Disabilities Intermediate **Restoring the Hemiplegic Upper Extremity post-CVA with Vivistim VNS Paired Rehab**

Speakers: Amanda Saylor, Becca Carr

Abstract: In this course we will explore the interventions utilized and share the functional outcomes of a patient with initial flaccid hemiplegia, from the acute to chronic stage of stroke, in conjunction with newly FDA-approved Vivistim VNS Paired Rehab. This presentation will increase participants' knowledge and skill in treating the hemiplegic upper extremity both in the acute and chronic stages for improved outcomes and to build awareness of the effectiveness of Vivistim for patients who may benefit. **Objectives:** At the conclusion of this session, attendees will be able to implement high-repetition & intensive interventions for the hemiplegic upper extremity. Participants will be able to describe the science behind Vivistim VNS Paired Rehab for the chronic stroke patient and the outcomes expected. Finally, those attending will be able to use evidence-based methods to manage the subluxed shoulder.

Sat 10:00 SC-106 Technology Introductory **Unleashing Innovation: 3D Printing for Occupational Therapists**

Speakers: Blanche Leeman, Cheryl Sheffield

Abstract: Welcome to a transformative journey that merges cutting-edge technology with the power of healing! This course is designed to equip you with the knowledge, skills, and inspiration to leverage this game-changing technology for the benefit of your clients. **Objectives:** By the end of the course, you'll have the confidence and expertise to integrate 3D printing seamlessly into your practice, revolutionizing the way you provide care and support to your clients. Participants will be able to use basic computer-assisted design (CAD) software to create an artifact. Participants will be able to identify opportunities for 3D printing use in OT education and practice. Participants will be able to identify potential local resources to assist them with CAD design and/or 3D printing.

Sat 10:00 SC-137 Introductory **Soaring with Student Occupational Therapy Association! Understanding Your Purpose in Leadership Begins Here!**

Speakers: Liam Pruna, Michiah Adams, Jessica Cariello, Jeremy Gonzales

Abstract: This short course will include a presentation on increasing student involvement and leadership opportunities within local, state and national OT organizations. Student Occupational Therapy Association leaders will have the opportunity to share leadership ideas and network with other occupational therapy student leaders via short breakout sessions to identify strategies to promote involvement at the student level which then can continue once the student

Short Courses

becomes a practitioner. Identify 3 methods for increasing student involvement. Objectives: Describe roles in Student Occupational Therapy Association, Florida Occupational Therapy Association, and American Occupational Therapy Association/ Identify and network with Florida Student Occupational Therapy Association officers.

Sat 10:00 SC-144 Mental Health Introductory

Am I really crazy? Living and working with Bipolar 1 Disorder **Speaker: Debora Wilkinson**

Abstract: Mental illness. Bipolar Disorder1 Crazy. Other people. Not me. These are all words I used to describe myself at different points in my life. I went from a thriving career as a new O.T. to attempted suicide, trying to break out of restraints and climb over institutional walls, to group living in a home for the mentally ill, to returning to work as an Occupational Therapist nearly 13 years later. Join me on my journey of confusion and bewilderment to self reflection, faith and self belief. Objectives: What specific evaluations do you use in your O.T. practice to assess a client's current level of functioning and determine objective outcomes for discharge planning? Describe your preferred theory on recovery from mental illness. Identify three recovery tools and/or support systems available to those with mental illness.

Sat 1:00 SC-19 Introductory

Utilizing soft skills when developing therapeutic alliance with patients

Speakers: Sean Brim, Kristian Llaca

Abstract: During this course, we will cover how to develop a therapeutic environment for your client and families. These strategies could help reduce cancellations, or tardiness during the session. Also, during the course will discuss how to get out patients to buy into the importance of therapy and adhering to a home exercise program. Tips will also be provided on how to actively listen, rapport building, and how to empower your patients. Objectives: Develop strategies for how to build rapport with patients. Discuss how to actively listen to patients and ensure patients are listening . Establishing a healthy therapeutic alliance. Identify factors that influence therapeutic alliance. Discuss strategies on how to develop therapeutic alliance from the evaluation and treatment planning process.

Sat 1:00 SC-48 Developmental Disabilities Intermediate **Using a new self-assessment of functional abilities for youth and young adults with developmental disabilities: The PEDI-PRO**

Speaker: Jessica Kramer

Abstract: Client-centered practice includes consideration of a client's perceived strengths and areas of need. The PEDI-PRO app measures perceived Daily Activities, Social/ Cognitive, and Mobility functional skills of youth with DD ages 14-22. Attendees will learn how to support youth to evaluate their functional abilities, and how to interpret the computer-generated PEDI-PRO score report to identify strengths and areas for intervention. Objectives: The session will review 7 years of research to validate the PEDI-PRO. Participants will understand how to use the accessible PEDI-PRO with youth

and young adults with DD. They will practice interpreting the PEDI-PRO score report to plan client-centered interventions important for successful transition to adulthood. Finally, through a review of seven years of federally funded research, participants will describe the evidence supporting the use of the PEDI-PRO.

Sat 1:00 SC-127 Research Introductory

The Pre-Diabetes Gamble: A New Role for Occupational Therapists in Secondary Prevention

Speaker: Cati Rodriguez

Abstract: Qualitative literature review of the lived experiences of people with pre-diabetes, healthcare providers perceptions of the pre-diabetes condition, and considerations that promote or limit the transition from pre-diabetes to Type 2 Diabetes Mellitus. The results of this review provide a holistic understanding for occupational therapists and healthcare providers of the factors that contribute or deter the change process of people with pre-diabetes in preventing Type 2 Diabetes Mellitus. Objectives: Examine the lived experiences of people with pre-diabetes and healthcare providers' perceptions of the pre-diabetes condition. Distinguish factors that affect health management to prevent type 2 diabetes mellitus in people who are pre-diabetic. Identify opportunities for the field of occupational therapy in preventive services for people with pre-diabetes.

Sat 1:00 SC-132 Education Introductory

NBCOT® National Certification Exam: Information You Need to Know

Speaker: Suny Darcy

Abstract: During this session, an NBCOT Ambassador will share valuable information about preparing and applying for the national OTR and COTA certification exams. Specific topics include exclusive details about the exams, study tool resources, test day information, data regarding exam questions, and advice from other students and recent certificants. This presentation will allow you to be better informed about the various aspects of the national certification exam experience. Objectives: Participants will understand the national certification examination application process. They will learn about exam preparation strategies and the NBCOT Aspire® Study Tools and StudyPack™. Participants will also increase awareness of NBCOT and the importance of continuing competency.

Sat 2:00 SC-23 Fieldwork Intermediate

Supporting student success in Fieldwork: Considerations for diverse students

Speakers: Nardia Aldridge, Lakeisha Sanders-Woods, André Johnson, Nazarah Williams

Abstract: Considering the current social and racial climate, it is important for AFWC to understand the challenges diverse students face for fieldwork placement. Racial concerns with geographical location, accessibility, and the cost of living need to be considered, as socioeconomic status and intersectionality of identities pose barriers and can further disadvantage students. This session will focus on reflective analysis of current practices, exploration, and the development of strategies. Objectives: The participants

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will identify geographical, cultural, and safety factors that can impact student fieldwork performance. They will also discuss strategies to promote diverse students' success. In addition, the participants will create a network of support with whom they may connect to have difficult and courageous conversations about successful fieldwork placements for diverse students.

Sat 2:00 SC-87 Gerontology Introductory **Dementia Care and the Critical Role Occupational Therapy Plays in Care**

Speaker: Debbie Reber

Abstract: This course will aid participants in understand the difference between the normal symptoms associated with cognitive aging, and symptoms indicative of Alzheimer's disease or other forms of dementia. We will look into the progression of the 3 stages of dementia, risk factors, and strategies to help them successfully age in place with dignity. OTs have unique skills in effectively implementing programs that will continue to maximize their performance with all ADLs as the disease progresses. Objectives: During this session, we will explore the statistics, risk factors and prevention strategies for people with dementia. The participants will review the seven stages of dementia and what reinforcements can be implemented to maximize independence. We will also investigate caregiver education, support, and resources to prevent burnout for those caring for a loved one with dementia disease.

Sat 2:00 SC-147 Health & Wellness Intermediate **The importance of play, leisure, and occupational balance in mental health and well-being**

Speaker: Sue Somerville

Abstract: Play and leisure is associated with positive roles, identities and overall QOL. COVID prevented opportunities for play and leisure causing social isolation and disruption in occupational balance, resulting in occupational deprivation and alienation. Post-COVID, people continued to experience long-term effects, such as PTSD and social withdrawal. This post-COVID study can assist OTPs in providing valuable resources and interventions to restore occupational balance for us and our clients. Objectives: Goals of this short course is for participants to understand the differences between play and leisure and why it's important, and the impact play and leisure have on mental health and quality-of-life. As COVID caused and continues, post-COVID, to cause barriers inhibiting play/leisure, participants will understand these barriers and how they can provide resources for themselves and our clients.

Sat 2:00 SC-162 Mental Health Introductory **Therapeutic Pathways: Integrative Approaches to Dementia & Mental Health Through OT: Planning and Implementing Multi-component Programs**

Speakers: Pamela Kasyan-Howe, Arnelle Sampson, Kristin Domvile

Abstract: This course explores the intersection of dementia, MH, and OT. Offering evidence-based strategies for evaluating and treating MH decline and dementia focused on

creating holistic programs encompassing fitness, cognitive stimulation, sensory engagement, and outdoor activities. Participants will acquire tools to bolster the effectiveness of evaluation and intervention for dementia and related conditions. Focusing on multi-component programming to foster a holistic and person-centered approach. Utilize tools to effectively assess pre/post-therapy functional capacities of patients with dementia. Objectives: Distinguish between the roles of multi-component occupation-based activities in enhancing client outcomes versus solely promoting social interaction. Explain the significance of occupation-based cognitive rehabilitation in maintaining everyday functional memory and occupational performance.

SC-131 Sat 3:00 Introductory **Advocating for our Clients, our Practice and our OT Profession** **Speakers: Michael Steinhauer, Suny Darcy**

Abstract: Effective advocacy on several levels is the hallmark of a successful professional experience. Advocacy efforts are within the OT scope of practice and membership in state and national associations is paramount, serving as your insurance for your profession. This session will discuss advocacy at the local, state, and national levels. Participants will learn of the critical importance of advocacy and ways in which OTPs can participate at a level comfortable for their individual needs. Objectives: Participants will recognize the key elements that support advocacy efforts; discuss strategies and tactics most effectively used in advocacy efforts and will learn about current advocacy efforts at the national and state level. In this interactive session, participants will understand the importance of building coalitions to help with advocacy successes.

Sat 3:00 SC-110 Intermediate **Clinical Decision Making for Orthotic Selection: A Case Studies Approach** **Speaker: Kelly Daniels**

Abstract: Novice clinicians do not have the experience with fabricating orthoses and research supports how this affects occupational therapy practice. This course reviews types of orthoses and provides an overview of different materials utilized to fabricate orthoses. It compares the properties, handling characteristics, advantages, and precautions of each material discussed. Objectives: Participants will understand how to critically assess a case while determining the orthosis and material required for the case. Participants will understand different types of material and their associated properties, handling characteristics, advantages, and precautions. Individuals will determine which orthosis to fabricate based on the case and identify the appropriate material to use. Finally, participants will critically analyze the case, explain the orthosis necessary, and determine the material required.



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Sat 3:00 SC-30 Intermediate

The Role of Occupational Therapy With Pediatric Burn Patients For Long-term Scar Management

Speaker: Nicole Avena

The literature indicates acute and long-term treatment for pediatric burn injuries have significantly improved since the 1960s with changes in available interventions and compression therapy. Occupational therapists will gain professional knowledge on the specialized evaluation process, identification of scar appearance (indicated by the Vancouver Scar Scale assessment), and interventions for scar management, such as compression garments, scar massage, splinting, and scar sheets/taping. Discuss the evaluation process for pediatric burn patients who are referred to occupational therapy services for early intervention to prevent hypertrophic scarring. Assess the appearance of the burn using the Vancouver Scar Scale (VSS) in relation to its vascularity, pigmentation, pliability, and height. Identify the appropriate skilled scar management interventions for improved quality of life.

Sat 3:00 SC-157 Fieldwork Introductory

Journals of Outkast: Using Hip Hop Prompts for Student Reflection in FW

Speaker: Jian Jones

Abstract: Self-reflective practices are helpful in Level II OT fieldwork, however, more literature is needed that intersects the use of Hip Hop as prompt to promote reflective thinking and planning for improved approaches in student practice. This study explored student perceptions of using Outkast (rap duo) influenced journal prompts during Level II fieldwork. Study findings will help the profession understand Hip Hop culture's usefulness in OT education, specifically in Level II fieldwork. Participants will review the benefits of reflection during Level II fieldwork for improved student planning and performance. Objectives: Participants will learn about the infusion of Hip Hop culture in Level II fieldwork student reflective practices. Participants will discuss the meaningful impact of Hip Hop culture in OT education, specifically as it relates to Level II fieldwork.

Sat 3:00 WS-21 Education Intermediate

Breaking Barriers, Building Bridges: Cultivating Belonging for Black Students

Speakers: Nardia Aldridge, Chloe Hill, Sierra Green, Lillian Maglaris-Gabaldon

Abstract: The lack of representation and belonging among Black OT students often results in systemic inequities. Considering the current social and racial climate, educators must be aware of the barriers faced by Black students. This session will focus on reflective analysis of current practices to allow attendees the opportunity to collaborate on exploring barriers, building bridges, and developing strategies to cultivate a sense of belonging for Black students, which will positively impact all students. Objectives: The participants will first identify barriers that Black students may experience in their programs. They will also discuss the current strategies that are being used in their programs. The session will

end with the participants collaborating on and generating practical steps and strategies that can be taken in the classroom to cultivate and foster a sense of belonging for all students.

Sat 4:00 SC-04 Introductory

A Review of Evidenced Based Evaluation and Treatment for Brachial Plexus Birth Palsy

Speakers: Emalie Styles, Julie Wells

Abstract: This course will introduce evidence-based practice decisions from diagnosis to evaluation & treatment of brachial plexus birth palsy. It will assist in the clinical decision-making process & allow them to further help families with a diagnosis of brachial plexus birth palsy through the course of treatment. It will give a brief overview of the surgical procedures & what that means for practice & treatment post-operatively. Potential splinting & bracing needs for optimal outcomes will be reviewed. The course will discuss the most up to date information regarding the best practice for evaluation & treatment of brachial plexus birth palsy. Objectives: Participants will grasp the various post-operative precautions & protocols for the most common neurosurgical procedures for brachial plexus birth palsy. Participants will understand the etiology & risk factors associated with brachial plexus birth palsy.

Sat 4:00 SC-18 Research Introductory

Occupational Therapy Leadership: Supports and Barriers Within Aging in Place

Speaker: Katherine Lynch

Abstract: According to AARP, 85% of elders want to age in their homes (2022). OT interventions are effective in helping adults age in place (AIP), yet there is a lack of OT leaders in AIP. In fact, only .02% of OTs held managerial positions across all settings in 2022 (U.S. Bureau of Labor Statistics). This presentation outlines supporting and limiting factors for OTs in leadership positions in AIP. Objectives: Participants will understand this phenomenon so that they can advocate for leadership in the profession. Participants will describe how OT interventions are both effective and feasible in helping adults AIP. Participants will be able to identify and describe the facilitators that support OTs in holding leadership positions in AIP, and the barriers that inhibit OTs from holding leadership positions in AIP. Participants will be able to identify next steps in research and advocacy for OT leadership.

Sat 4:00 SC-136 School Systems Intermediate

Proof that Hands Don't Write by Themselves: Occupational Therapists Move Beyond Fine Motor Skills to Supporting Cognition and Literacy for Learners

Speaker: Beverly Toombs

Abstract: How will a student benefit from copying letters if they cannot read the words that are created? If OTPs are working on handwriting outside of intentionally improving literacy, then the question begs; is what we are doing truly purposeful? How will we remain relevant in an ever changing public school environment if our value in relation to public health, district goals and student success is not

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clearly defined and communicated? Let's move beyond the traditional role of OT in handwriting. Objectives: OTPs will understand the relevance of handwriting to overall literacy development for children with disabilities. OTs will explain how cognitive impairments such as poor working memory as well as contextual and environmental factors play a part in the promotion of emergent literacy. OPTs will improve their self-efficacy in communicating our role in literacy to promote best outcomes for the student.

Sat 4:00 SC-138 Technology Intermediate **Empower Telepractice Program: Supporting Older Adults living in Assisted Living Communities and Bridging the Classroom to Community, Where are We Now?**

Speaker: Marcia Hamilton

Abstract: The Empower program served to combat COVID-19 related occupational interruptions in residents of an ALF. Empower utilizes structured motor, process and social interaction skills to improve outcomes and mitigate mental, physical and social decline, in the post pandemic era. The presentation describes program development, interprofessional collaboration and ongoing changes supporting sustainability of the program for both older adult community residents and occupational therapy graduate students. Objectives: Participants will consider the application of occupational science in identifying barriers to resilience and occupational orchestration, apply the occupation based theory of Empower and its 7-step procedure to effectively engage a variety of performance skills and explore how the program's generalizability can broaden the impact and outcomes of the occupational therapy process.

Short Course: Sunday Sessions

Sun 08:00 SC-38 Education Intermediate **Clinical reasoning, occupational therapy education, and occupational therapy practice.**

Speaker: Cody Cox

Abstract: Clinical reasoning is "the process that practitioners use to plan, direct, perform and reflect on client care" (Schell-Boyt, 2019, p. 482). Clinical reasoning contributes to the foundation of occupational therapy and its aspects are utilized in education and practice to facilitate the transactional relationship between the domain and process. This presentation aims to increase knowledge of clinical reasoning to support occupational therapy education and occupational therapy practice. Objectives: The participants will: Understand the terms clinical reasoning, diagnostic reasoning, professional reasoning, and therapeutic reasoning. Identify aspects of clinical reasoning embedded throughout occupational therapy practice. Apply the aspects of clinical reasoning to a case study.

Sun 08:00 SC-69 Gerontology Introductory **The role of Occupational Therapy practitioners in early identification of potential benign paroxysmal positional vertigo in adult vestibular cases.**

Speaker: Sheetal Shenoy

Abstract: Benign paroxysmal positional vertigo (BPPV) is known to cause functional limitations affecting activities of daily living. Even though BPPV is easily recognizable, it is a commonly missed diagnosis. Can we as occupational therapy (OT) practitioners recruit our skills by helping identify BPPV cases, early on? One of the simplest tool would be adding BPPV related screening questions during evaluation. The role of OT is hence vital in early identification of BPPV leading to prompt care of patients. Objectives: Participants will recognize BPPV related symptoms and functional complaints that affect activities of daily living. They will use one screening questionnaire about BPPV to identify potential patients with this disorder. The merits of early identification of BPPV cases will be discussed.

Sun 08:00 SC-58 Physical Disabilities Introductory **To Rule In and Rule Out Potential Shoulder Pathologies: Using an Evidence-Based Approach**

Speaker: Sean Brim

Abstract: Using the most recent research information, we will explore numerous specific provocative tests of the shoulder during this course. The most recent research on traditional tests will also be covered, including whether or not it is useful to use them to identify potential shoulder pathologies and rule out common shoulder pathologies. Also discussed will be non-traditional tests of the shoulder which could be more beneficial than previous traditional special tests used in the clinic. Objectives: Participants will learn about what makes a provocative test special based on statistics. Participants will also learn about provocative tests for rotator cuff pathology based on the evidence. Participants will also learn about provocative tests for glenohumeral joint instability. Lastly, participants will learn about provocative tests for less common shoulder pathologies.

Sun 08:00 SC-166 Developmental Disabilities Introductory **Decreased Sound Tolerance (DST) in Autism**

Speakers: Tana Carson PhD, OT, Yuxi Qiu PhD, Katherine Long, Monica Niebles, Angela Medina PhD

Abstract: Decreased Sound Tolerance (DST) refers to an atypical response to sound that can limit participation in meaningful occupations. Two subtypes of DST include misophonia and hyperacusis (P. J. Jastreboff & Jastreboff, 2014). Caregivers of children with autism report a prevalence of 60.1% (Carson et al., 2021). However, screening tools for DST in pediatrics are limited. The First Pediatric Misophonia and Hyperacusis Questionnaire is currently being developed to close this measurement gap. Objectives: Participants will be able to identify and differentiate symptoms of three decreased sound tolerance (DST) conditions. They will understand how these symptoms limit participation in meaningful occupations and important questions to ask caregivers when evaluating clients with autism. Attendees will

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understand the importance of early screening and treatment for DST conditions in children with autism.

Sun 9:00 SC-01 Health & Wellness Intermediate **Incorporating Mental Wellbeing into Practice Across All Settings**

Speaker: Kimberly Twiss

Abstract: Physical and mental health equally impact a client's overall health and well-being, and as Occupational Therapy practitioners we should routinely incorporate both areas into everyday practice. Mental health is the state of mind, emotions, feelings and behaviors that can influence engagement, decision making, response to life stressors/ crises and relationships. Through understanding mental health, and identifying client specific approaches to care a clinician can facilitate functional engagement. Objectives: This course will begin with defining mental health, exploring the impact of the brain on function and understanding behaviors. The course will then introduce strategies and approaches to incorporate mental wellness into everyday practice and impact functional engagement. Concluding with a review of assessments and goals for incorporating mental wellness into plan of care development.

Sun 9:00 Am SC-134 Gerontology Introductory **Foundations of Fall Prevention: An evidence-based approach** **Speakers: Jacqueline Achon, Kristian Llaca**

Abstract: This course provides participants with a comprehensive approach to fall prevention. Participants will learn evidence-based interventions, assessments, and general modifications to enhance safety, independence, and quality of life in older adults. Objectives: Identify fall risk factors in older adults and conduct comprehensive assessments to evaluate their fall risk levels. Apply evidence-based interventions and strategies for fall prevention, DME recommendations, and environmental modifications. How to educate older adults and their caregivers about fall prevention measures, empowering them to adopt proactive safety practices in daily life.

Sun 9:00 SC-109 Intermediate **What to Expect when You're Expecting (Feeding Therapy)** **Speakers: Jessica Martin, Kristine Perez, Stephanie Kern**

Abstract: Best practice for treating Pediatric Feeding Disorder encompasses the four domains of PFD. This includes addressing external factors that negatively impact progress with feeding: sleep routines, family readiness, bowel regimen, and mealtime routines. This course will use research and clinical experience to support feeding treatment that is comprehensive, family-centered and supports all areas of development. Objectives: Upon completion of this course, the learner will be able to identify factors that can impact a child's progress in feeding therapy. The learner will gather the skills to coach caregivers on addressing these 4 areas to prepare a child for success in feeding therapy. They will learn to address these areas in feeding therapy as they arise.

Sun 9:00 SC-37 Research Introductory **Using Analysis of Variance (ANOVA) in Occupational Therapy and Rehabilitation Research: From Data Entry to Interpretation** **Speakers: Yuanlong Liu, Stanley Paul, Danji Lu**

Abstract: This introductory course will demonstrate the use of ANOVA and SPSS software as a widely used and highly versatile statistical tool for assessing the performance of two or more groups on a broad range of dependent variables within Occupational Therapy and Rehabilitation research. At the end of the course, one will be able to identify different variables in OT research, learn to import data into SPSS program, and learn the command structures on running ANOVA and other statistical procedures. Objectives: Gain knowledge about the use of ANOVA as a versatile statistical tool, Learn the different uses of SPSS software for OT research, Learn skills on how to enter data, analyze, and run a number of statistical procedures in SPSS. Create basic charts, graphs, and tables for data display and interpretation. Learn how to write the results of statistical analyses using APA and AMA formats.

Sun 9:00 SC-145 Health & Wellness Introductory **Accepting and living with multiple complex co-morbidities in the prime of life** **Speaker: Debora Wilkinson**

Abstract: We've all done it, at least most of us. We've treated patients who, in the prime of their lives, have been struck down by mental and/or physical illness. We often wonder, how do they do it? How do they survive emotionally, financially? How do they keep it together? This presentation guides healthcare professionals through the challenges of successfully coping with complex medical and psychiatric co-morbidities. Join me in guiding patients on the road to living a productive and meaningful life. Objectives: Explain different coping mechanisms a person might use when dealing with serious illness. Explain how we, as healthcare professionals, assist our patients to live fuller, more meaningful lives within the limitations of chronic illness? Determine how to maximize use of effective coping mechanisms in a person's daily life.

Sun 10:00 SC-119 Mental Health Introductory **Empowering Transformation: Occupational Therapy's Role in Supporting Formerly Incarcerated Women** **Speakers: Pamela Kasyan-Howe, Geneis Viles-Zalewski**

Abstract: Annually, 81,000 women are released from U.S. prisons. Despite current services, upon release, many women are faced with decreased social support, increased parental stress, vocational challenges, homelessness, and poverty. The problem is insufficient MH services for formerly incarcerated women, affecting their success with re-integration. This short course educates participants on an occupation-based reintegration program, exploring advocacy for OT services to improve post-release outcomes. Explore an occupation-based reintegration program, and how to adapt the program in different settings. Objectives: Identify the role of OT in supporting the reintegration of formerly incarcerated women into the community. Describe the mental health and societal challenges faced by formerly incarcerated

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women that result in decreased occupational engagement, occupational performance, health and wellness.

Sun 10:00 SC-163 Gerontology Introductory **Sunshine Slumber: Revisiting Sleep Hygiene for Older Adults in Florida.**

Speaker: Carlos Martoral

Abstract: In this comprehensive program, we delve into the unique sleep challenges faced by older adults and explore effective strategies to enhance sleep quality and overall well-being. From reimagining bedtime routines to understanding the science of sleep, participants will gain invaluable insights into creating an optimal sleep environment. Join us in this enlightening journey to rediscover the joy of restful nights, basked in the warm embrace of the Florida sun. **Objectives:** Understand Basic Sleep Science and Age-Related Sleep Changes. Explore Sleep Hygiene Principles. Develop Personalized Sleep Plans

Sun 10:00 SC-11 Introductory **Rewiring the Brain-Pelvic Axis: Pelvic Floor Occupational Therapy for Women's Urinary Incontinence**

Speaker: Sabina Khan

Abstract: This course explores the concept of “rewiring the brain-pelvic axis” in the context of pelvic floor occupational therapy for women's urinary incontinence. It delves into neuroplasticity and its potential to reshape neural pathways, enhance muscle control, and improve bladder function. Through a combination of evidence-based techniques, participants will gain insights into how to optimize treatment outcomes for women with urinary incontinence. **Objectives:** Participants will understand neuroplasticity principles underlying the brain-pelvic axis and its relevance to women's urinary incontinence (UI). Participants will explore multimodal evidence-based pelvic floor occupational therapy techniques to enhance bladder control. Participants will apply a comprehensive approach to optimize treatment outcomes for women with UI.

SC-122 Sun 10:00 Education Introductory **Level II Fieldwork Success: Understanding and Implementing Strategies for Positive Outcomes**

Speakers: Nichel Brunder-Allen, Jessica Fagan

Abstract: Positive Level II fieldwork experiences are possible. Evidence provides strategies for success during Level II Fieldwork experiences for all invested stakeholders. There is often a gap between the student's expectations of a fieldwork experience and the fieldwork educator's expectations. Considering elements of communication, personal responsibility, organization, problem-solving, and emotional intelligence enhances the fieldwork experience. **Objectives:** Following attendance of this course stakeholders in the Level II fieldwork experience will be able to identify strategies for successful outcomes. Students will gain resources to prepare for a positive Level II fieldwork experience. Fieldwork educators will have tools to assess their understanding, expectations, and previously employed teaching methods of entry-level practitioners.

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SC-85 Sun 1:00 Introductory **How to “Land a Job” as a new graduate**

Speaker: Jordan Powers

Abstract: Prepare the next generation of occupational therapist and assistant students to navigate the challenges of finding and securing a position after completion of their program. **Objectives:** The participants will gain an understanding of how to navigate entering the workforce after graduation. They will be able to dictate the process for creating a resume/cover letter applicable to a job posting. Students will be able to practice interview skills to “land a job” and negotiate salary/benefits.

Sun 1:00 SC-28 Education Introductory **Wrapping up success: Using exam wrappers to improve learning outcomes in higher education**

Speakers: Kimberly Fahlgren, Camille Nichols, Heidi Horwitz

Abstract: workshop will explore the effectiveness of exam wrappers in improving exam scores, study habits and critical thinking in higher education. Participants will learn what exam wrappers are and how they can be used in their Occupational Therapy program curriculum. The short course will cover the key components of an effective exam wrapper, and how to create and integrate into them their teaching practices to improve student learning outcomes. **Objectives:** Participants will define exam wrappers and describe the purpose of using exam wrappers in higher education. Attendees will identify key components of exam wrappers and explain how they can improve exam scores, study habits and critical thinking. Engagement in hands-on learning activities will empower participants to create and evaluate exam wrappers for their own courses.

SC-17 Sun 1:00 Research Intermediate **Enhancing Student Self-Efficacy Levels & Recognition of Ethical Behaviors Through Simulation**

Speakers: Brittany Nash, Jeffery Etheridge

Abstract: The purpose of this course is to discuss student self-efficacy levels of recognizing and demonstrating ethical behaviors pre and post a simulation operationalizing the Occupational Therapy Code of Ethics. Self-efficacy was measured using an adapted version of the New General Self-Efficacy Scale and perception was measured using open-ended questions. This course will provide foundational evidence supporting the use of simulation to promote self-efficacy for the recognition of ethical violations. **Objectives:** The participants of this course will be able to describe the benefits of standardized simulated learning experiences and the benefits of simulation to enhance student self-efficacy of the Occupational Therapy Code of Ethics. Participants will also be able to express creative uses for simulation other than teaching/learning clinical skills.

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Sun 1:00 SC-06 Gerontology Introductory
Occupational Therapy Home Assessment: Evaluations, Considerations, Improvements, and Funding
Speakers: Nadya Ramos, Shane Tong

Abstract: The ability to understand the impact of clients who are at the highest risk for encountering environmental barriers regardless of age, gender, disability, culture, or socioeconomic class target the overall need for occupational therapist. The ability for occupational therapist to assess, address, and remediate these barriers can allow clients across the spectrum the ability to engage in meaningful occupations in an environment that promotes optimal performance. Objectives: Recognize environmental barriers within a client's home. Describe possible home modifications and/or equipment options to improve a clients safety and independence. Identify grant funding options for home modifications both VA and non- VA resources.

Sun 1:00 SC-143 Gerontology Introductory
Caregiving for elderly parents: When the tables are turned
Speaker: Debora Wilkinson

Abstract: O.T.'s assess patient, environment and family dynamics, hoping that our recommendations will be implemented for the client's safety and maximal independence. It seems easy when we are the provider however, when the tables are turned and the therapist becomes primary caregiver (1) to a family member resisting their advice, challenges arise. How do we, as therapists, facilitate the use of a person's environment and situation to enable optimal well-being and participation in daily life skills? Objectives: Define the term caregiver and list three of its primary attributes. Determine the specific challenges of being a therapist who is a patient caregiver versus being a therapist who is caregiver to a family member. Determine how experiencing differences in the two roles can make a difference in determination of specific plans of care as a professional.

Sun 1:00 SC-124 Physical Disabilities Introductory
Primary Care's Hidden Potential: Occupational Therapy Interventions to Bridge Service Gaps
Speakers: Pamela Kasyan-Howe, Onyedikachi Ibeji

Abstract: This short course provides insights on barriers, and entry points to access clients from a primary care setting. The course expands on a study that identifies occupational performance deficits among primary care patients, to demonstrate the types of occupation-based OT services that would benefit this population. Objectives: Participants will gain an understanding of the barriers obstructing the integration of OT services into primary care and examine strategies for educating PCP's on the integration of OT. Propose strategies for incorporating occupational therapy into a primary care practice, considering both client-centered and cost-effective aspects. Evaluate the barriers to OT service utilization within primary care, understanding the implications for both patients and practitioners.

SC-39 Sun 2:00 Sensory Integration Introductory
Level Up Your Understanding of Executive Function and Sensory-Processing Behaviors
Speakers: Blair Carsone, Rita Lenhardt

Abstract: This presentation will describe the relationships between executive function and sensory-processing behaviors across the lifespan. After describing the relationships, the presenters will then provide clinic-based case examples. As each case is elucidated, effective positive behavior strategies for clinicians to utilize and implement will follow each case. Objectives: Clearly explain executive functioning across the lifespan and how it can impact clients in a variety of settings. Confidently explain sensory processing across the lifespan and how it can impact clients in a variety of settings. Accurately describe the relationship between executive function and sensory-processing behaviors.

Sun 2:00 SC-148 Physical Disabilities Intermediate
Are We Stopping People Doing? A Critical Review of Fatigue Management
Speaker: Helen Carey

Abstract: OT's consider fatigue management as a fundamental intervention. A multiple case study design studied the impact of increasing daily activity for people with ALS. Pre and post intervention mixed data demonstrated how positive impact is achieved for people with ALS receiving OT which enhances positive tiredness. This challenges the concept of fatigue management OT practice. Positive tiredness is proposed as an alternative intervention for chronic conditions in OT practice. Identify how enabling positive tiredness for people with ALS can have a positive impact in functional ability. Objectives: Illustrate the potential of fatigue management deconditioning people with chronic conditions. Challenge the predominance of fatigue management as an OT intervention to a variety of conditions. Introduce the concept of positive tiredness to enhance people's level of doing.

Sun 2:00 SC-76 Education Intermediate
Holistic Admissions in OT Education: Why is it important?
Speaker: Sheri Montgomery

Abstract: Holistic admissions is all the buzz in OT education. Participants will be exposed to holistic admissions concepts, ways to attract a diverse applicant pool, and how the impact of holistic admissions may establish greater diversity in OT practice. Objectives: Participants will gain an understanding of holistic admissions terms, concepts, and strategies; will consider how holistic admissions may impact the future of the profession and expand the diversity of practice and practitioners; reflect on strategies and evidence presented that may be generalizable to broader areas of the profession.

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Sun 2:00 SC-133 Education Introductory **From Student to OT: How to Successfully Transition from Classroom to Practice**

Speaker: Suny Darcy

Abstract: The time after graduation can be an exciting yet daunting time. Gaining your license, negotiating your first income, and managing student loan payments are all new experiences. In this workshop, learn the basic information on gaining a FL license, navigating salary negotiations and even understanding the basic Federal Government student loan repayment information. Resources for further reference and information for professional assistance will be provided. **Objectives:** Participants will be able to navigate how to identify the average entry-level income for their desired setting. They will navigate and have a basic understanding of what the requirements are for Federal Student Loan repayment and potential resources to learn more. Participants will also be able to identify their own potential pitfalls and strategies to navigate through them before they happen.

Sun 2:00 SC-77 Fieldwork Introductory **Principles of Fieldwork Education from the Clinical Perspective: Strategies for Structuring Fieldwork, Mentorship, Providing Feedback, and Remediation**

Speakers: Mary Sheena Estalilla, Ashley Donnelly

Abstract: Fieldwork education is an integral part in progressing the occupational therapy student to entry-level practice. A successful fieldwork experience is multifactorial, which relies on students' academic readiness, fieldwork site's support and educator's mentoring capabilities. This session will provide a comprehensive overview of high-quality fieldwork education at a multi-site urban medical center and present evidence-based teaching strategies to ensure fieldwork success. **Objectives:** Occupational Therapists will describe how to structure the fieldwork education experience in the clinical setting. Learners will identify evidence-based strategies for successful mentorship and understand elements of high-quality, effective feedback to improve student performance. Attendees will outline components of the remediation process and individual responsibilities.

Sun 2:00 SC-44 Physical Disabilities Introductory **Diabetes Update: New Technology for self-management & focus on U/E impairments**

Speaker: Jeffrey Loveland

This session will provide occupational therapy practitioners with a broad overview of current information on the incidence of diabetes (T1D & T2D) and prediabetes, how each are diagnosed, population susceptibility, common symptoms, prevention and management strategies to include demonstrated technological advances. Special focus will be given on how diabetes can affect an individual's engagement, participation and health to include upper extremity conditions noted to occur with this population. **Objectives:** Identify and understand how diabetic conditions occur and affect key body systems. Identify how diabetes can impact function in selected occupations, performance skills and client factors.

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Identify upper extremity conditions that can occur in individuals with diabetes, and how they would be addressed by occupational therapy practitioners.

Sun 2:00 SC-52 Sensory Integration Introductory **Intro to Vestibular Rehab for Occupational Therapists**

Speaker: Kevin Minner

Abstract: Vestibular Rehabilitation Therapy (VRT) is primarily a PT driven specialty focused on specified protocols upon differential diagnosis of the vestibular system. There is a lack of client-focused, occupation-driven care involved with VRT and a dearth of OTs with this specialty certification. This short course will provide an overview of the anatomy involved, analyze the mechanisms of action across vestibulopathy, and discuss the current state of the research of VRT within an OT lens. **Objectives:** Attendees will describe the anatomy/3 mechanisms of action of the vestibular system for the most common complaints. This leads to differentiating between common symptom words clients use to distinguish which region of the inner ear is being most affected. Finally, attendees will relate concepts to their current practice to highlight frequent client challenges.





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WORKSHOPS

Sat 8:00 WS-46 Physical Disabilities Intermediate

The importance of body awareness in fall prevention

Speaker: Brigitte Belanger, Carly Rimes

Abstract: This is a hands-on workshop that delves into the role of body awareness in neurorehabilitation. Participants will learn about current research into neuro-rewiring and the benefits of adopting a new approach to the management of neuro degenerative diseases. **Objectives:** Participants will receive evaluation tools to accurately identify client difficulties, and practice innovative interventions designed to facilitate neuro rewiring and enhance safety during functional tasks. Participants will be able to recognize compensatory and abnormal movement patterns and how to correct posture to maximize safety & independence in function. They will apply an evidence-based practice strategy that uses neuro-rewiring to restore body awareness necessary for occupational participation. Participants will understand the relationship between proprioception and body awareness.

Sat 8:00 WS-65 Physical Disabilities Introductory

Collaborating for Better SCI Outcomes: Personalized Approaches to Spinal Cord Injury Rehabilitation

Speaker: Becky Piazza, Dug Jones, Ana Ghislandi

Abstract: This workshop will expose students and recent graduates to introductory clinical practice skills and considerations into co-collaborating with individuals with spinal cord injury. Participants will engage with National Wheelchair Basketball Association Hall of Fame recipient, Mr. Dug Jones, and learn from his lived experiences with SCI. Participants will gain hands-on exposure with SCI specific mobility approaches, therapeutic exercise/stretching programs, and practice skills. **Objectives:** Learn strategies for promoting independence in ADLs after SCI: explore adaptive techniques, equipment and home exercise programs. Acquire transfer and mobility techniques: gain exposure to safe and effective transfer and mobility techniques after SCI. Understand psychological and emotional aspects of spinal cord injury: learn strategies to provide appropriate support and encouragement.

Sat 1:00 WS-152 Education Intermediate

Enjoying learning to be an occupational therapist. Developing a culture of appreciative inquiry within occupational therapy education delivery

Speaker: Helen Carey

Abstract: Appreciative Enquiry is a positive, strengths based approach to organizational development. This workshop will consider how appreciative enquiry can be delivered to embed a positive learning environment for student occupational therapists. Attendees will be engaged in applying the themes of appreciative enquiry to student learning; fostering positive relationships between students and faculty, delivering a strengths based approach to problems, and enhancing students and faculty coproduction. **Objectives:** To identify appreciative enquiry themes within a student learning environment. To illustrate how appreciative enquiry can enhance a learning culture. To define principles which can enhance collaborative student learning. To illustrate how

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student and faculty satisfaction can be enhanced through appreciative enquiry.

Sat 1:00 WS-160 Introductory (Mandatory License Session)

OT's Role in the Prevention of Medical Errors

Speaker: Barbara Ingram-Rice

Abstract: Medical errors account for upward of \$40 Billion and only about 10% of errors are even reported. This mandatory topic for OT Practitioners in Florida focuses directly on how OT's specifically can influence the prevention of medical errors to ensure the safety of their clients. This program was designed to meet the criteria in Section 456.013(7), Florida Statutes, which mandates that two hours of continuing education medical errors prevention is required for licensure renewal in Florida. **Objectives:** Participants will be able to identify the difference in an individual mistake and an institutional or process mistake, Identify the steps of Root Cause Analysis, Identify current patient safety goals, Identify ways OT Practitioners can have an impact on the process of error prevention to increase patient safety.

Sat 1:00 WS-03 Sensory Integration Intermediate

Structured Observations of Sensory Integration-Motor(SOSI) & Comprehensive Observations of Proprioception(COP-R):Clinical reasoning & Progress monitor

Speaker: Dominique Kiefer

Abstract: This workshop will focus on the interpretation of standardized data from The Structured Observations of Sensory Integration -Motor (SOSI-M) & the Comprehensive Observations of Proprioception (COP-R) in conjunction with other assessment tools. Participants will learn to use data to plan treatment and measure outcomes. The SOSI-M and COP-R are two new nationally standardized assessments. **Objectives:** By the end of the workshop, participants will be able to interpret results of the SOSI-M and COP-R and integrate the information provided with results from other assessments to understand the child's deficits and its impact on functional performance. Special focus will also be on planning targeted sensory integration interventions and determining the best outcome measures.

Sat 3:00 WS-50 Mental Health Introductory

Strategies for engaging individuals who are grieving in desired occupations.

Speakers: Jeffrey Loveland, Melissa Tilton

Abstract: This session will provide an in-depth overview of grief, bereavement and mourning, how they can impact function, and logistical factors that an occupational therapy practitioner should consider prior to engaging in assessment and intervention with this population. Professional theoretical, assessment and intervention strategies available to the client and occupational therapy practitioner will also be discussed. **Objectives:** Compare and contrast grief to bereavement and mourning and stages of grief to the new DSM-5 TR criteria for Prolonged Grief Disorder. Examine professional guidelines and factors to be considered when providing occupational therapy services to clients who are grieving. Identify & discuss occupational therapy theories & models, assessment

and intervention concepts for this population.

**Sat: 3:00 WS-113 Physical Disabilities Intermediate
Hands Down: The Best Review of Fundamentals of Hand
Therapy for the Non-CHT**

Speaker: Anne Moscony, Dianna Lunsford, Jennifer Castelli

Abstract: OTs who can address UE injuries are needed due to the aging population growth, technological advancements and an increase in CHT retirement. For those who have been practicing for a while without access to a CHT, confidence in addressing basic hand issues is likely low. This course will review common UE orthopedic and soft tissue issues. Focus will be on how to safely assess and treat functional limitations and occupational performance issues and when to refer these clients to a specialist. Participants will: Identify common injuries of the hand, including wrist fractures, CTS, trigger finger and OA. Objectives: Apply the information presented to safely assess an injury of the hand and determine how this condition is adversely impacting occupational performance. Determine those conditions of the hand that require more specialized assessment and intervention.

Workshop: Sunday Sessions

**Sun 8:00 WS-158 Occupational Science Introductory
The Future of Occupation is Hip Hop: A Provocation**

Speakers: Jian Jones, Denerale Jones

Abstract: This workshop presents a provocation: The future of Occupation is Hip Hop. In making this statement, Hip Hop is centered as a multi-racial, cross-ethnic, youth cultural, and contemporary consideration for participation in meaningful occupation. After the presentation of an interdisciplinary panel discussion supporting the provocative stance, the audience will participate in an activity to show how Hip Hop culture is embedded with meaningful occupation for those who identify. Objectives: Participants will explore the meaning of Hip Hop as an occupation. Participants will observe themes from an interdisciplinary pre-recorded panel discussion connecting Hip Hop culture to meaningful occupations in alignment with the OTPF-4. Participants will identify meaningful occupations within a Hip Hop song using the OTPF-4 domain definition.

**Sun 8:00 WS-60 Physical Disabilities Intermediate
Increasing Access and Inclusion to Hand Therapy: A Manual
Techniques Workshop for the General Occupational Therapist**
Speakers: Hoang Tran, Vanessa Grijalba

Abstract: Access to Certified Hand Therapists (CHT) is limited (Krishnan & Chung, 2020). Therefore, it is critical that all occupational therapists (OT) practice at the top of their license to treat upper extremity (UE) injuries when working in areas of need (AOTA, 2017). Therapists will reflect on barriers to providing effective UE rehabilitation, identify occupation-based evaluation and treatment, and apply manual techniques for common hand and wrist injuries in adults across all settings. Objectives: At the end of this workshop, participants will be able to understand a framework to address common hand and wrist injuries. By the end of this workshop, participants will be able to apply manual therapy

techniques for joint and soft tissue limitations. At the end of this workshop, participants will have discussed barriers to practice and have resources to support advancement in this area.

**Sun 8:00 WS-135 Physical Disabilities Advanced
Advanced Practice Skills in Diabetes Management: A Fresh
Look At Diabetes Technology And How to Use It In Your Setting**

Speaker: Suny Darcy

Abstract: The realm of diabetes management is changing and changing rapidly. Occupational therapists need to be equipped with advanced knowledge on the new technology and information to maximize their own practice in maximizing engagement, and complication prevention. Learn how to read new reports and understand the terminology that impacts occupational participation. Apply strategies in your current practice to educate and empower clients to manage their diabetes. Objectives: Attendees will be able to apply the most recent evidence in diabetes technology. They will identify and interpret their pertinent reports, and terminology for client application. Attendees will be able to identify occupational therapy evaluation and intervention in their setting.

**Sun: 01:00 WS-130 Sensory Integration Introductory
Activity Analysis in Sensory Integration**

Speaker: Elise Caton

Abstract: Activity Analysis is the occupational therapist's super power. OTs use a wide range of knowledge to identify roadblocks and create solutions to access to successful participation in meaningful occupation. Sensory Integration can be a significant contributor or roadblock for participation in children and adults. Complexities involved in SI and addressing the needs of children, families, and adults can be overwhelming. Activity analysis empowers the practitioner for successful treatment solutions. Objectives: Understand the role of activity analysis in sensory integration treatment. Utilize an activity analysis framework to identify aspects of sensory input involved in the treatment activity. Identify modifications for the treatment activity to modify sensory inputs for enhanced participation in meaningful occupation.

**Sun: 1:00 WS-159 Introductory (Mandatory License Session)
The Laws & Rules of OT in Florida**

Speaker: Barbara Ingram-Rice

Abstract: This Course will help participants meet their mandatory requirement for 2 hours of education on Laws and Rules. It will cover what laws OT Practitioners are required to follow, the structure of the Board of OT practice, Supervision of OTAs and OT Aids, Certification is use of prescription devices, overall continuing education requirements and ways to obtain CE credit., and discipline. Objectives: In this course participants will: review the content of the OT Practice Act, learn about annual updates, understand supervision requirements and requirements for prescription devices and what disciplinary



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Student Poster Session I

Saturday 9:00 am SP1-27 Fieldwork

An Education Module Designed to Address Bullying and Incivility in an Occupational School: Florida Gulf Coast University Program: MOT

Speaker: Angela Mae Elizalde, Caroline Aguiar, McKenna Beach, Grace Hamrick, Carly McPhail

Advisor: Edwin Myers, OTD, OTR/L, ATP

Abstract: The aim of this study is to determine the effectiveness of an educational module designed to identify factors that may lead to incivility and bullying in OT fieldwork education. The study will involve pre-test and post-test questions, and a follow up semi-structured interview. The results of this study will benefit the research team in determining the effectiveness of this education module and to implement any adjustments before releasing the module to the public. **Objective:** Understand the long-term effects bullying and incivility may have on the careers and personal lives of occupational therapy personnel. Identify key factors occurring during the fieldwork experience that may indicate the presence of incivility and bullying. Identify methods to address the well-being and quality of life of an OT/OTA student during fieldwork."

Saturday 9:00 am SP1-33 Gerontology

Effects of Hospitalization and MCI on Medication Management: A Pilot Study

Speaker: Margaret McGee, Madison Brown

School: Florida Gulf Coast University | Program: MOT

Advisor: Denise Allen OTD OT/L CHT

Abstract: It is important to recognize medication errors in clients with no known cognitive impairment to avoid secondary health issues. The MoCA, Rapid Cognitive Screen, and Pill Box Test were performed on a convenient sample of older adults with no known cognitive deficits in acute care and a control from the community. Correlations between tests and populations were examined. Results are being tabulated to help guide best practices to address the role of cognition in medication management. **Objective:** The audience will understand the role of cognition in medication management. The audience will understand the efficacy of the Rapid Cognitive Screen compared to the MoCA. The audience will understand the need to incorporate medication management within different populations.

Saturday 9:00 am SP1-59 Mental Health

Nurture Notes for Foster Families

Speaker: Daisy Trowbridge

School: South University | OTA

Advisor: Dana Dixie, OTD, OTR/L

Abstract: This presentation examines the need for occupational therapy services within the foster care system. Nurture Notes is an OT-based community program that focuses on the individual therapeutic needs of children and provides caregivers with support and educational resources to improve the psychosocial development of children within the foster care system using a child specific approach. **Objectives:** Participants will gain an understanding of the

mental health issues experienced by children placed in foster care. Presenters will explain how trauma can lead to sensory and behavior issues and how addressing these issues can improve social skills and overall experience within the foster care system. Participants will learn how a program was developed for West Florida Foster Care Services.

Saturday 9:00 am SP1-64 Mental Health

An Occupation-Based Program: For Children and Youth Addressing Well-being and Positive Behaviors

Speaker: Deena Patel

School: University of St. Augustine- Miami | OTD

Advisors Kristin Domville DrOT MOTR/L, Pamela Kasyan-Howe OTD MOTR/L, Sean Brim OTD, MSOT OTR/L,

Abstract: This capstone project was focused on delivering an occupation-based program to improve well-being and positive behaviors for youth with or at risk for mental health disorders to support social participation. This project advocates for Occupational Therapy's role in mental health, by providing educational services on the following topics: emotional well-being, coping skills, positive self-identity, and self-regulation strategies for the youth as a form of positive behavior management. **Objectives:** Describe how Occupational Therapists would fit within the site to address children and youth with poorly developed positive behaviors and well-being. Explore effective activities for the population at the site. Analyze the use of positive behavior skills by children and youth throughout the continuum of care.

Saturday 9:00 am SP1-72 Occupational Therapy

Occupational Therapy's Pain Management Role Within the Chiropractic Setting

Speaker: Samantha Royer

School: Nova Southeastern University - Tampa Bay

Advisor Christina Kane Ed.D., M.S., OTR/L

Abstract: This Capstone Project sought to explore and identify occupational disruption along with OT's role within a chiropractic setting that is treating patients with acute and chronic musculoskeletal pain. The SOD and The Modified Barthel Index were used to identify any occupational disruptions within ADLs and IADLs. Results revealed 3 areas of IADL disruption including hobbies, exercise, and sleep. Identifying OT's role in the pain management emerging practice area alongside a multidisciplinary team. **Objective:** Identifying OT's role within a chiropractic setting. Establishing and implementing a needs assessment that identified 3 prominent IADL disruptions. Creating educational material pertaining to OT's role, pain education, and ways to mitigate pain.

Student Poster Session I

MOVED TO SUN SP1-75 Gerontology

Assistive Technology as Preventative Healthcare for Older Adults and Coverage Recommendations: A Position Paper

Speaker: Anna Ingram

School: Gannon University

Advisor: Anne Moscony, OTD, OTR/L, CHT

Abstract: Older adults are increasingly interested in aging in place. AT devices and services are popular as a means of supporting occupational participation in one's home. They can improve a person's health, safety, and wellness. Despite the range of AT, there are few accessible options covered by insurance. Following a review of Medicare guidelines, this position paper identifies several recommendations to provide older adults with avenues of coverage for procuring these devices and/or services. **Objectives:** Participants will define AT devices and services that can support aging in place. Participants will identify potential avenues for procuring AT devices and services. Participants will identify means for advocating for older clients who desire to age in place.

Saturday 9:00 am SP1-80 Health & Wellness

Is Ergonomics or Postural Advice Beneficial to Reduce Neck Pain, or Headaches?

Speakers: Camryn Landis, Sara Flowerday, Kayleigh Hahn, John Leschitz

School: Jacksonville University

Advisor: Megan Bewernitz, Ph.D., OTR/L

Abstract: The purpose of this poster is to explore the current ergonomic interventions that can be utilized by occupational therapy practitioners. Neck pain and headaches are prevalent disorders impacting one's quality of life. The results indicated that ergonomic or postural advice successfully reduced neck pain and headaches, especially when paired with exercise or stretching programs. Given the significant impact on occupation, these findings can be implemented in occupational therapy practice. **Objectives:** Articulate how stand-alone and combined ergonomic interventions are implemented into occupational therapy practice. Recognize the role of occupational therapy in current ergonomic interventions. Understand importance of organizations and participants complying with recommended ergonomic interventions.

Saturday 9:00 am SP1-82 Mental Health

Cooking Programs in Long Term Care Facilities, Maintaining engagement in meaningful activities of retirement community residents.

Speaker: Ryan Hoffman

School: Polk State College

Advisor: Annette Bullard, M.Ed., B.A., COTA/L

Abstract: The purpose of implementing a cooking/baking based program into a long-term care facility is to promote continuing engagement in meaningful activity, the sense of community, increased social connections, and growth of overall wellness of residents. The cooking program provides residents with engaging occupation-based activity that is important for targeting fundamental emotional needs in retirement communities. **Objectives:** To understand the importance of meeting the psychosocial based needs of residents in long term care facilities through implementation

of occupation based programs. To further understanding of how promoting engagement in meaningful activity in residents is beneficial, through the promotion of mental wellbeing, socialization and emotional regulation.

Saturday 9:00 am SP1-84 Fieldwork

Psychoeducational Jenga

Speaker: Bryann Sanidad

School: Polk State College

Advisor: Annette Bullard, M.Ed., B.A., COTA/L

Abstract: The goal of Physcoeducational Jenga game is to determine whether or not this game has enhance social participation and overall mental state of the patient to increase independence in ADLs and other performance task essential for client recovery. Each patient have different deficits of physiological issues, but upon completing the game, the conclusion will be that each individual who participated will gain insight and have active participation in their recovery. This fun and interactive activity will target the following goals to promote and increase independence in the clients occupations such as ADLs, IADs, health management, sleep, work, play, leisure, and social participation. **Objectives:** Each topics that are discussed in this activity will be about positive affirmation, increase self esteem, positive thoughts, and increase social participation.

Saturday 9:00 am SP1-91

Investigation of Leadership Tools for New Clinicians

Speakers: Eden Hawes, Amarachi Charles-Okezie

School: Jacksonville University

Advisor: Megan Bewernitz, Ph.D., OTR/L

Abstract: Leadership is an essential component of occupational therapy. Our research hones in on what current literature says about important qualities of leaders in occupational therapy, interdisciplinary leadership skills, and leadership in non-clinical settings. New clinicians should ultimately seek mentorship, fellowship, involvement in research or community projects, establish relationships with healthcare professionals, and gain clinical experience in different settings. **Objectives:** We intend for our research poster to articulate knowledge of three to four tools for leadership development for occupational therapists. Viewers should observe potential in person and online resources for mentorship relationships. They should also comprehend the need for occupational therapy specific development resources in future research.

Saturday 9:00 am SP1-92 Mental Health

Aquatic Home Exercise Plan for the Parkinson's Population

Speaker: Alyssa Watson

School: Polk State College

Advisor: Lucerito Gonzalez, COTA/L, MSOT/S, AFWC

Abstract: As an OT professional, a goal we aim to maintain is stabilization of occupational performance for those with Parkinson's Disease (PD). We also want to maintain the consistency of the program that is not year round. Lastly, we want to apply and aquatic home exercise plan that is both holistic and PD specific based on foundational standards set forth by the Rock Steady Boxing organization. **Objective:** We aim to provide a structured workout that can be done anywhere within the person's context and environment.

Student Poster Session I

We also aim to maintain or improve function in the primary symptoms of Parkinson's such as tremors and poor balance. Lastly, we want the participants to engage in extensive and intense movements, strength training and aerobic exercise to maintain and stabilize PD specific symptoms.

Saturday 9:00 am SP1-93 Mental Health

Words of Wisdom and Life lessons

Speaker: Alexis Lane

School: Polk State College

Advisor: Annette Bullard AFWC, BA, COTA/L

Abstract: My poster is on the words of wisdom and the life lessons that our senior citizens have to offer the generations under them. This project is to give the seniors a meaningful activity to complete while providing wisdom for those with less life experience. This will all around promote positive mental health for everyone involved. Objective: My project will teach younger people life lessons and words of wisdom without the hardship of learning them. It helps gain a better understanding on how willing seniors are to help and how much they have to offer those with less life experience. Lastly, it can help people learn the value of having close and trusting relationship with elders.

Saturday 9:00 am SP1-98 Developmental Disabilities

The Effects of Employment on the Autistic Adult Population.

Speakers: Kayla Osowski, Natalie Cornwell, Jaylynn Moss, Megan Horowitz

School: Florida Agricultural and Mechanical University

Advisor: Debora Oliveira PhD., OTR/L

Abstract: The study addressed autistic person's perception of their overall satisfaction regarding being employed. Employment for people with an Autism Spectrum Disorder diagnosis has positive effects on overall life satisfaction, while not being unemployed has a negative effect. Studies have consistently established that employment fosters life satisfaction for individuals with disabilities (Robertson., 2019). Overall, employment has been linked to increased occupational performance, life satisfaction, productivity, and well-being (Ohl, 2019). Similarly, work is seen as a strong predictor of well-being in people with disabilities (Tilley, 2020). Using current evidence-based research, along with the reports of participants that meet requirements to engage, the researchers explored the impact being an employee has on them. The benefits the occupational therapy profession has on this study can direct interventions and possibly open doors to interventions of clients with autism. Objectives: Understand the participant's perspectives on being employed. Discover the impact of employment of autistic adults on their quality of life, well-being, and occupational performance. Understand the relationship between employment and positive outcomes in autistic adults.

Saturday 9:00 am SP1-101 Fieldwork

"Pop Of Art" - Providing Creative Enjoyment in Senior Living Through Color

Speaker: Juliana Trimarche

School: Polk State College

Advisor: Annette Bullard, AFWC, BA, COTA/L

Abstract: Many seniors face difficulty in maintaining a leisure

filled lifestyle, especially those who require assisted living. The proposed activity is to engage seniors in a painting a canvas through the use of paint filled balloons. This activity will provide senior with enjoyment and increase social participation skills along with providing positive emotional reinforcement. Objectives: The first learning objective is focused on allwing seniors to be more engaged in a creative and functional activity. The second learning objective is to promote new levels of excitement and positive emotional reinforcement to seniors. The third learning objective is to provide seniors with a new found sense of pride and accomplishment in themselves.

Saturday 9:00 am SP1-104 Mental Health

Memory Books Benefits for Those with Dementia

Speaker: Mary Hartley

School: Polk State College

Advisor: Annette Bullard, M.Ed., B.A.,COTA/L, Lucerito Gonzalez, COTA/L, MSOT/S, Cora Schwingel

Abstract: Dementia is a disease that causes progressive loss of cognitive function. It greatly affects many aspects of a person's life. It causes difficulty in thinking, remembering, and reasoning, and many aspects of a person's activities of daily living. Communication is difficult and memories may be hard to recall. Memory Books have been found to help those with Dementia to remember their past and stimulate long term memory. Objectives: Did the clients participate in making their Memory Books and enjoy it? Did they enjoy looking at their Memory Books and what effect did it have on them, brought joy, calmed them, did it help them communicate thoughts and ideas that had been hard for them to remember? Lastly, howdid participation in this project benefit the clients, staff, and families?

Saturday 9:00 am SP1-146 Research

An Occupation-Based Approach to Postpartum Care: A Pilot Questionnaire

Speakers: Alexis Hawks

School: Nova Southeastern University

Advisor: Kim Rose, OTD, OTR/L

Abstract: Postpartum mothers (n=113) ≤12 months were recruited via social media for a self-administered survey, the Postpartum Occupational Disruption Questionnaire. Occupational disruption was classified on a four-point scale and was reported by 97.4% (n=110) of respondents. Common reports included difficulty returning to daily life and occupation, physical dysfunction, dissatisfaction with overall health, and a desire for specialized care during the perinatal period to return to occupational engagement. Objective: Identify areas of occupation that are commonly affected during the postpartum role transition to motherhood. Learn the importance of identification of mothers at risk for occupational disruption. Explain the benefit and necessity of occupational therapy's role in perinatal care.

Student Poster Session I

Saturday 9:00 am SP1-164 Physical Disabilities

Primary Care's Hidden Potential: Occupational Therapy Interventions to Bridge Service Gaps

Speaker: Onyedikachi Ibeji

School: University of St. Augustine - Miami

Advisor: Kristin Domville DrOT MOTR/L, Pamela Kasyan-Howe OTD MOTR/L

Abstract: his poster explores occupational performance deficits and barriers to OT utilization in primary care. It highlights OT's potential for delivering cost-effective, client-centered care to address service gaps. Presenting findings from a quantitative study assessing occupational

performance deficits among primary care patients. The study aims to inform patients and PCP's about effective strategies for integrating occupational therapy within primary care for improved patient outcomes. Propose strategies for incorporating OT into a primary care practice, considering both client-centered and cost-effective aspects. Objective: Evaluate the barriers to OT service utilization within primary care, understanding the implications for both patients and practitioners. Comprehend occupational deficits' influence on primary care, evidenced by quantitative research.

Student Poster Session II - Saturday 10:00 am

Saturday 10:00 am SP2-16 Technology

Effectiveness of virtual reality on upper extremity motor performance in children with cerebral palsy: A systematic review

Speakers: Juliana Bell

School: Gannon University Program: OTD

Advisor: Bonnie Decker, EdD, OTR/L, FAOTA

Abstract: This review seeks to understand if virtual reality (VR) is effective in improving upper extremity motor performance (UEMP) in children with cerebral palsy (CP). 21 studies were included from 5 databases from 2006-2021. Studies included children aged 4-20 that have CP, VR intervention, and measured UEMP. The results showed improved UE function and fine motor skills when used for a minimum of 360 minutes for 3 weeks. Further studies are needed to support VR effectiveness in occupational therapy. Objective: Participants will analyze a variety of virtual reality (VR) interventions that are used in therapy for children diagnosed with cerebral palsy (CP). Participants will understand the effects of VR on upper extremity motor performance in children diagnosed with CP. Participants will understand the minimum VR intervention frequency to be implemented in therapy for children with CP.

Saturday 10:00 am SP2-53 Health & Wellness

Secondary Stroke Prevention: An Occupational Therapy Based Program

Speaker: Shazida Sarwar

School: University of St. Augustine- Miami I OTD

Advisors: Kristin Domville DrOT MOTR/L, Pamela Kasyan-Howe OTD MOTR/L

Abstract: Approximately 90% of strokes are preventable and attributed to modifiable risk factors (Diener et al., 2020). Clinical guidelines present that lifestyle modification for risk factor management should be a priority following a stroke (Bailey, 2019). OTs can create and implement occupation-based programs that provide education on healthy lifestyle habits and health literacy to promote stroke prevention and occupational engagement among stroke survivors (Asaba, 2020; Malstram et al., 2021). Objectives: Participants will understand the importance of an occupation-based program focusing on lifestyle habits and health literacy to address stroke prevention among stroke survivors to improve

occupational engagement. Participants will be able to understand the importance of an occupation-based program focusing on lifestyle habits & health literacy to address stroke prevention. Objectives: Identify the occupational performance (OP) deficits experienced by mothers of children with Type 1 Diabetes. Understand the significance of OT interventions in supporting mothers of children with Type 1 Diabetes. Discuss the implications of addressing maternal OP deficits on the overall well-being and quality of life for both mothers of children with Type 1 Diabetes and their children.

Saturday 10:00 am SP2-55 Mental Health

SP2 - 55 Mental Health

Non-Kinship Foster Parent Training Needs: An Occupational Therapy Perspective

Speaker: Mackenzie Kin

School: University of St. Augustine for Health Sciences - Miami

Advisors: Kristin Domville Dr OT MOTR/L, Pamela Kasyan-Howe OTD MOTR/L

Abstract: Non-kinship foster parents (NKFP) report a lack of consideration from child welfare agencies regarding their training needs on managing complex behaviors and situations. OT practitioners can provide training to benefit NKFPs, to support the mental health and occupational performance of their foster youth. This poster will educate OT practitioners on their role in addressing identified training needs with NKFPs to create and maintain their role as a caregiver to foster youth. Objectives: Describe the challenges of providing training to non-kinship foster parents in Florida's Child Welfare System. Analyze the benefits and challenges of integrating occupational therapy services with non-kinship foster parents within the foster care system. Identify training needs of non-kinship foster parents to support occupational performance for them and their foster youth.

Saturday 10:00 am SP2-70 Mental Health

Empowerment and Recovery-Coping Skills with Severe Mental Illness: An Occupation-Based Program

Speaker: Taylor Poirier

School: University of St. Augustine- Miami I OTD

Advisors: Kristin Domville Dr OT MOTR/L and Pamela Kasyan-Howe OTD MOTR/L

Abstract: The Empowerment and Recovery program aims

Student Poster Session II - Saturday 10:00 am

to address the barriers women with severe mental illness face by providing a structured and empowering environment that supports women in reclaiming their lives and enhancing their coping abilities. This program incorporates various therapeutic activities and interventions tailored to individual needs, focusing on three key areas: meaningful occupation engagement, skill development, and psychosocial support. Objectives: Recognize the importance of an empowerment-focused approach in occupational therapy interventions for women with SMI. Identify and describe key components of an occupation-based program tailored to address the needs of women with SMI. Develop an action plan for implementing empowerment-focused occupation-based interventions for personal practice to enhance mental well-being.

Saturday 10:00 am SP2-73

Program Development: An Introduction to Occupational Therapy, Physical Therapy, & Speech and Language Pathology in the Neonatal Intensive Care Unit | OTD

Speaker: Melissa Lamelas

School: Gannon University

Advisors: Anne Moscony, OTD, OTR/L, CHT

Abstract: Neonatal therapy is a highly specialized practice area for OT, PT, and SLP. Providing care to high-risk, medically fragile infants in the NICU requires in-depth knowledge and skills that are not thoroughly covered in graduate programs. This poster presents a program that was developed to provide OT/PT/SLP students a free, evidence-based, introductory training course that covers a multitude of topics designed to best prepare both students and entry-level therapists who aim to work in the NICU. Objective: Participants will recognize the need for a neonatal therapy introductory learning program. Participants will be able to identify the specific skills and knowledge needed to be successful students or practitioners in the NICU. Clinicians, academic instructors, and clinical instructors will be able to identify the different methods in which this program can be implemented.

Saturday 10:00 am SP2-83 Physical Disabilities

Correlation Between Driving-Related Clinical Assessment Outcomes and On-Road Performance

Speaker: Christopher Massaro, Stephanie Tieu

School: AdventHealth University

Advisors: Anne Moscony, OTD, OTR/L, CHT

Abstract: This quantitative retrospective correlational study aimed to collect and compare off road clinical assessment outcomes with the performance skill deficits observed during on-road driving assessments in people with various neurological deficits. 81 client charts were extracted from the clinic, in which 73 charts were eligible for analysis. The researchers found positive correlations for 3 out of the 4 cognitive tests along with the brake reaction test (visual-motor) to on-road performance. Attendees will understand the two major components of a comprehensive driving evaluation. Additionally, attendees will gain insight into the various assessments utilized in comprehensive driving evaluations. Finally, the researchers will inform attendees about the correlations found between off-road clinical assessments and on-road performance skill deficits to facilitate clinical decision making.

Saturday 10:00 am SP2-78 Mental Health

The Examination of Psychological Distress in African American Female College Students

Speaker: Jada Dawson, Aleassia George, Zaniyah Ali, Kaitlyn Stocks

School: Florida Agricultural and Mechanical University

Advisor: Debora Oliveira PhD., OTR/L

Abstract: The purpose of this project is to explore the prevalence of psychological distress in college-aged Black women and how it can affect occupational performance. Occupational therapy services for this population are suggested and would include several positive outcomes: prevention, health and wellness, quality of life, participation, role competence, wellbeing, and occupational justice. Objectives: Raise awareness of the mental health of Black college women and their symptoms. Understand the prevalence of psychological distress in study participants who identify as Strong Black Women. Explore how occupational therapy services can assist in increasing occupational performance in Black women with psychological distress.

Saturday 10:00 am SP2-90 Research

Needs of Parents for Therapeutic Carryover: A Qualitative Study

Speaker: Breanna Flaherty, Bryce Smith

School: Gannon University | OTD

Advisors: Blair Carsone, PhD, MOT, OTR/L

Abstract: This qualitative research study aimed to address the current gap in knowledge by assessing what caregivers need for Telehealth education programming to be accessible, useful, and advantageous for their families. Ultimately, this study looks at the supports and barriers for parents in carrying over therapeutic techniques. During data analysis, three overarching themes were identified: Current Resources and Usage, Carryover Support and Barriers, and Desired Resources. Objectives: Attendees will understand the implications of parent education. Attendees will understand the importance of the therapist and parent relationship. Attendees will identify the needs of families for virtual education resources.

Saturday 10:00 am SP2-94 Mental Health

How Does Music Affect Stress and Anxiety in College Students?

Speakers: Isaiah Brock, Sydney McTier

School: Florida Agricultural and Mechanical University | OT

Advisor: Debora Oliveira PhD., OTR/L

Abstract: Mental health has become a concern among college students. Despite the factors contributing to students' mental health issues, they will unlikely seek help from the available resources. This study explores the effects (positive or negative) of music on college students' stress and anxiety levels to gain insight into potential alternative coping mechanisms. The effects that listening to different genres of music has on depression and anxiety in college students. Explain how music can assist decrease stress.

Student Poster Session II - Saturday 10:00 am

Saturday 10:00 am SP2-95 Developmental Disabilities

Exploring Occupational Therapy and Homelessness for Individuals with Intellectual and Developmental Disabilities I

Speaker: Kaylee Lunderby

School: University of St. Augustine - Miami | OTD

Advisors: Kristin Domville DrOT OTR/L, Pamela Kasyan- Howe OTD OTR/L

Abstract: Homelessness affects a substantial percentage of individuals with IDD. This poster describes a research study that analyzed OTs and other stakeholders' perception of factors that increase the risk of homelessness for individuals with IDD. Viewers will understand the life skills that decrease the likelihood of homelessness. Adopting an occupational justice perspective underscores the significance of promoting occupational engagement for individuals with IDD, regardless of their living conditions. Objectives: Identify 3 barriers relating to functional cognition, adaptive functioning, and social supports among those who are homeless with IDD. Describe 3 collaborative approaches or community resources that can benefit those with IDD who are at risk of homelessness. Explore options for advocacy to decrease risk of homelessness in their community.

Saturday 10:00 am SP2-97 Research

The Importance of Body Awareness in Fall Prevention

Speakers: Maya Kaiser, Hannah Diller, Hannah Reola, Mia Pencak

School: Florida Gulf Coast University | MOT

Advisors: Brigitte Belanger, DSc, OTR/L, AAT(c)

Abstract: The purpose of this study is to determine if providing sensory stimulus and functional movements for people with concerns about falls increases body awareness, resulting in a decrease in falls. The information we learn from this study will help us determine if this brushing protocol is effective and can be used as a preparatory modality to enhance functional performance. The data collected from this study will be utilized to guide further research. Understand the significance of sensory stimulus and functional movements as potential interventions for individuals with concerns about falls. Objective: Understand the concept of body awareness and its relevance to fall prevention in the context of the presented research. Assess the potential implications and practical applications of the research findings for occupational therapy practitioners.

Saturday 10:00 am SP2-99

Negative Effects and Struggles of Non-majority Student Population at Universities

Speakers: Summara Jones, Ranija King, Jeilyn Fulbright

Florida Agricultural and Mechanical University | MOT

Advisor: Debora Oliveira PhD., OTR/L

Abstract: The purpose of this study was to find the difference between the experiences of non-majority and majority student populations at universities. The research focuses on their sense of welcomeness and culture at their current or previous institution. Participants were solicited from both HBCUs and PWIs. This topic relates to occupational therapy in the aspects of social participation and education in diverse populations. Identify the experiences of non-majority student populations attending or have attended higher education institutions. Identify students' sense of welcomeness and belonging within their institution. Ability to identify underrepresented students in higher education.

Sat 10:00 am SP2-103

Occupational Therapy Consultation Project for Gulfport Senior Center

Speakers: Stephanie Heckman, Sarah Scarbrough, Kristen Willis

School: Keiser University, Ft. Myers | MOT

Advisors: Dr. Vanessa Carmody, OTD, OTR/L, CAPS

Abstract: Keiser University's Fort Myers MSOT program learned how to become consultants, collaborating with Gulfport Senior Center in Gulfport, Florida on the proposed design of their new facility. Students reviewed blueprints, observed classes, and met with stakeholders to discuss universal design strategies. The students reported their findings to the local city council, the recommendations of which will be implemented. Objectives: Examine the components of the consulting process, such as marketing, forming professional connections, creating a contract for the engagement, and finishing the work. Consider the skills and knowledge required to become a successful consultant. The ability to scrutinize universal design strategies.

Saturday 10:00 am SP2-150 Health & Wellness

Physical Wellness Programming for Community-Dwelling Seniors in Local Senior Center for Improved Social, Physical, and Mental Well-being

Speaker: Steven Dinnen

School: Nova Southeastern University-Tampa Bay | OTD

Advisor: Ricardo Carrasco, PhD, OTR/L, FAOTA

The poster will cover the role of occupational therapy in a community center with a focus on psychosocial well-being. I will present the process of an occupation-based community program development, implementation, and evaluation. My topic highlights the importance of physical, mental, and social well-being for community-dwelling older adults. Additionally, it adds to the limited research about physical activity programs created by occupational therapists for community-dwelling older adults. Participants will have an understanding of the limited research on occupational therapists in the community practice setting, will learn three ways to implement occupational therapy skillsets into the community practice setting and learn how an effective occupation-based program can improve community-dwelling seniors' psychosocial well-being.

Saturday 10:00 am SP2-165

Diving into Adaptive Learn to Swim: Illuminating Evidence-Based Strategies

Speaker: Kristina Kobza

School: Florida International University | OTD

Advisors: Tana Carson PhD, OT

Abstract: Drowning is the leading cause of death for children ages 1-4 years and second leading for children ages 5-14 years. Traditional learn-to-swim classes have emerged as an effective strategy to prevent drowning, but do not meet the unique needs of individuals with disabilities. Adaptive learn-to-swim has evolved, but lacks a standardized definition or practice throughout literature. In this presentation, we will define adapted learn-to-swim and present evidence-based strategies. After listening to this presentation, participants will be able to define adaptive learn-to-swim. Objective: They will also be able to identify and describe strategies that make adaptive learn-to-swim an effective strategy for preventing drowning. Finally, participants will be able to identify resources and strategies to support drowning prevention and adaptive learn-to-swim.

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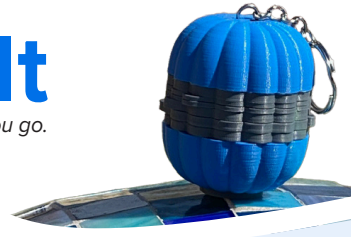
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Student Poster Session III - Sunday 9:00 am

Sun 9:00 am SP3-25 School Systems

Identifying Trends for Students with Disabilities Accessing Services During Postsecondary Transition: A Literature Review

Speaker: Kristin Kelly, Melissa Schaeffer, Nicole Quint

School: Nova Southeastern University - Fort Lauderdale | MOT

Advisors: Melissa Schaeffer OTD, OTR/L, BCP

Abstract: This research aims to investigate the trends and processes for students with disabilities when they transition from high school to post secondary opportunities. Additionally, through our literature review we will identify gaps in the current transition processes. By revealing gaps, occupational therapy practitioners can begin to advocate for a role within transition team service provision. **Objective:** The first learning objective is for viewers to understand the transition planning process for ESE students. Next they will be able to identify the strengths and gaps in the current transition system brought to light by the literature review. Lastly, learners will gain knowledge on how PEO and PFFC can guide the IEP team in developing individualized transition plans.

Sun 9:00 am SP3-66 Research

The effects of infant massage on mothers and mother-infant bonding: A scoping review | OTD

Speaker: Adriana Morton

School: Gannon University

Advisors: Anne Moscony OTD, OTR/L, CHT

Abstract: This scoping review supports the positive effects of infant massage on mothers as well as on their vulnerable infants. Evidence supports the value of structured education programs and OT involvement in NICU care to promote positive mother-infant interactions and improve outcomes for both mothers and their neonates. Future research should focus on understanding the barriers to the incorporation of infant massage by mothers of vulnerable infants, particularly in the United States. Participants will state the positive impacts of infant massage on mothers of vulnerable infants. **Objective:** Participants will describe how an infant massage program can facilitate maternal health and well-being. Participants will explain the role of OT in incorporating infant massage to promote positive mother-infant interactions and bonding.

Sun 9:00 am SP3-67 Research

Peer-mediated Social Skills Training: Advantages and Limitations for Young Adults with Autism | MOT

Speaker: Anna Millbourn, Amanda Sepe

School: Florida Gulf Coast University

Advisors: Annemarie Connor Ph.D, OTR/L

Abstract: Social skills training (SST) has been proven to be effective in bolstering social functioning among persons with autism. This quasi-experimental study examined the effects of a 12-session, work-related SST on young adults' self-efficacy, social functioning and mental health. Specifically, this study examined differences in outcomes between groups facilitated by occupational therapy students (OTS) and those that included a facilitator with autism. **Objective:** Understand trends in work-related SST among young adults with autism. Appreciate differences in group facilitation and how those

differences impact outcomes. Gain insight on methods to measure social functioning as a clinical outcome.

Sun 9:00 am SP3-68 Research

Exploring the Special Olympics Young Athletes Program to Promote Child Play Participation and Social Engagement: A Mixed-Methods Study | MOT

Speakers: Courtney Welch, Shelby Hugo, Caitlyn Klein, & Christopher Lee

School: Florida Gulf Coast University

Advisors: Sarah Fabrizi Ph.D, OTR/L

Abstract: This study examines the effect of participation in the Special Olympics Young Athletes (SOYA) program on children's play participation and social engagement with peers, parents, and volunteers. We investigate factors impacting engagement and the experience of the volunteers. Occupational therapists can promote children's ability to participate in desired occupations, including play, by facilitating person, environment, and occupation factors to support occupational participation and engagement. **Objective:** Attendees will be able to describe the physical and social environmental modifications to support child play participation and social interaction. We will share insights from the volunteers' experience and how it benefited themselves and the child participants. Attendees will leave with a greater understanding of the benefits of structured leisure opportunities for families of at-risk youth.

Sun 9:00 am SP3-71 Health & Wellness

Fighting for Occupational Justice for Sexual and Gender-Diverse Populations

Speaker: Vanessa Galindo-Jackson

School: Gannon University | OTD

Advisors: Anne M. Moscony, OTD, CHT, OTR/L

Abstract: The U.S. has advanced a record number of bills targeting the LGBTQ+ community. This contributes to societal rejection, mental health challenges, restrictions on gender-affirming care, and the near extinction of queer visibility. As a call to action, we request our policymakers enact legislative change that will promote occupational justice and support OTs' role in providing effective interventions, with more direct access to clients and less pushback when billing for non-physical disabilities. **Objectives:** By the end of this poster presentation, the learner will be able to identify occupational injustices the LGBTQ+ community faces. The learner will be able to comprehend the policies in place targeting the LGBTQ+ community. Lastly, the learner will be able to review the recommended legislative change to promote occupational justice for the LGBTQ+ community.

Student Poster Session III - Sunday 9:00 am

Sun 9:00 am SP3-74 Health & Wellness

What impact does modifying or having less restrictive sternal precautions after median sternotomy have on quality of life or functional recovery?

Speaker: Mary Isiminger, Savannah Jackson, Olivia Morand, Megan Peeples

School: University of Florida | OTD

Advisors: Chiung-ju (CJ) Liu, PhD, OTR/L, FGSA; Hongwu Wang, PhD

Abstract: This rapid review investigates the impact that modifying or having less restrictive sternal precautions after surgery has on the quality of life or functional recovery of adults following median sternotomy. It was found that modified sternal precautions did not differ in these outcomes as compared to standard sternal precautions. These findings share a client-centered perspective of flexibility in standards when treating median sternotomy with sternal precautions to promote ADL functionality. Objectives: Attendees should be able to describe what modified sternal precautions entail and the reasoning for using them. Attendees should be able to articulate the impact of using modified sternal precautions on functional recovery and quality of life. Attendees should be able to explain how the results of this study can be translated into OT practice

Sun 9:00 am SP3-81 Technology

Therapeutic Applications of Video Games and Virtual Reality in the Pediatric Population

Speaker: Madison Duncanson

Authors: Madison Duncanson, Kristopher Burns, Megan Hyman

School: Jacksonville University | OTD

Advisors: Megan Bewernitz, Ph.D, OTR/L

Abstract: As technology evolves, virtual reality (VR) has been incorporated into occupational therapy practices for all populations. VR is becoming more affordable and accessible, and video games are a popular leisure activity for children. This poster is a review of the therapeutic applications of VR and video games within the pediatric population. Research indicates effectiveness in distraction from pain, improvements in motor skills, and increase in motivation, which will advance the field of OT. Objectives: Learners will develop an understanding of the existing research about VR and video games as a form of pediatric OT rehabilitation. Learners will recognize the wide range of populations that OTs serve which can benefit from VR and video game based interventions. Learners will be able to explain the current occupational therapy related benefits of VR and video game based interventions.

Sun 9:00 am SP3-88 Work Programs

An Open Industry: Examining Ergonomics and Occupational Therapy

Speaker: Maggie Rutkowski

School: Gannon University | OTD

Advisors: Jennifer Castelli OTD, OTR/L, CHT

Abstract: Ergonomics is the science of work and has an emphasis on fitting the job to the person to improve efficiency, safety, and reduce the risk of work-related

musculoskeletal disorders. Ergonomists are professionals from various backgrounds with an understanding of the interaction between the person, the occupation, and the environment who provide assessment and solutions to workers of all industries. Occupational therapists receive sufficient education to pursue and become qualified ergonomists. Objectives: Learners will define ergonomics. Learners will understand the ergonomic process and how occupational therapy aligns. Learners will recognize the various opportunities for self-study and continuing education to become a qualified ergonomist.

Sun 9:00 am SP3-79 Mental Health

The Perceived Effects of Stress and Anxiety on Student-Athlete Occupational Performance

Speaker: Isis Williams, Kennedy Jones, Ellen Warrick, Jordyn Purifoy

School: Florida Agricultural and Mechanical University | MOT

Advisors: Debora Oliveira PhD., OTR/L

Abstract: Anxiety, stress, and other mental health issues have an interplay of effects on the overall well-being of student athletes. Being a college athlete requires the student to balance many different occupations and roles. There are many determinants of mental health issues within student-athletes that could affect their quality of life. This study explored college athletes who are exposed to feelings of anxiety or stress and how it affects their overall occupational performance. Objectives: In the qualitative research study, survey questions were completed to help better understand: Rates of stress and anxiety in college student athletes How participation in sports effects occupational performance Levels of stress and anxiety in collegiate athletes before, during, and after school activities.

Sun 9:00 am SP3-89 Health & Wellness

Occupational Therapy Practitioners Addressing Sleep Hygiene In Pediatric Populations

Speaker: Alexandra Lewis, Maddie Luke

School: Jacksonville University | ODT

Advisors: Megan Bewernitz, Ph.D., OTR/L

Abstract: The purpose of this poster is to explore the sleep hygiene interventions utilized by occupational therapy practitioners with their pediatric patients. A review of the literature concluded that sensory preferences have the largest influence on intervention efficacy, followed by age & commitment level. This can provide necessary information for practitioners who have pediatric patients with sleep hygiene issues, and help them to identify the most appropriate and effective intervention. Readers will acknowledge occupational therapists' role in pediatric sleep hygiene and the various interventions they may choose. Objectives: Readers will understand the importance of sleep hygiene on occupational performance. Readers will discern the variable with the most impact on the efficacy of sleep hygiene interventions.

Sun 9:00 am SP3-96 Fieldwork

Student Poster Session III - Sunday 9:00 am

Community-based Occupational Therapy for Individuals with Movement Disorders from a Student Perspective

Speaker: Cristina Guerra

School: Keiser University - Ft. Myers | OTA

Advisors: Kevin Bobos, OTD, OTR/L & Vanessa Carmody, OTD, OTR/L, CAPS

Abstract: When working in the role of an occupational therapist with individuals in a community-based setting, there are many roles that we are able to fulfill. Fellow therapists can create partnerships in the community to benefit members, conduct a needs assessment to determine service gaps in community-based settings, program development to benefit the development or refinement of member skills, grade activities based on the varying functional levels of members, and disseminate valuable information. Educating members, caregivers, and staff on safety and various topics related to movement disorders is empowering to members and assists with self-advocacy. Objectives: Participating in program development to fill in service gaps showed to be effective and enjoyed by members. Members reported improved quality of life following participation in 12-weeks of small group and whole population community-based OT.

Sun 9:00 am SP3-100 Research

Exploring the relationship between play activity and positive caregiving strategies during a therapeutic playgroup in a preschool setting.

Speaker: Alyssa Schmidt, Sarah Kelly, Suehellen Lecaros, Mikail Butchko, KerryAnn O'Leary

School: Florida Gulf Coast University | OT

Advisors: Sarah Fabrizi Ph.D, OTR/L

Abstract: This mixed methods study examined the relationship of play activities to the use of positive caregiving strategies during therapeutic playgroups in a preschool setting. The results from this study provide preliminary information on how play activities can be utilized to support positive caregiving strategies through scoring the PICCOLO testing tool. Facilitate caregiver-child interaction utilizing a variety of developmental topics to grow parent confidence. Objectives: Describe strategies for caregiver education and self-efficacy using play activities and developmental topics to promote parent competence. Recognize how play activities foster the development of motor milestones, positive caregiving relationships, and social skills in a preschool setting.

Sun 9:00 am SP3-102 Fieldwork

Adjusting to Sobriety: A Toolkit for Early Recovery

Speaker: Anushka Pandya, Sophia Miller, Liat Sauberman, Sushmita Jadubans

School: University of Florida | OT

Advisors: Heidi Horwitz, OTD, MOT, OTR/L

Abstract: Individuals in their first week of recovery at a residential treatment program do not have access to their phones. This project highlights the efforts of occupational therapy students to create a booklet to address the ADL/IADL needs of residents in early recovery. Individuals utilizing this resource will gain an enhanced understanding of occupational therapy through a summary of the field and the

related meaningful activities within the book that occupational therapists can help facilitate. Objectives: Attendees will describe two coping methods useful for the initial period of substance abuse recovery. Attendees will describe two ways to support occupational adaptation within the context of a structured rehab facility. Attendees will identify three activities to enhance participation in the initial stage of recovery without the use of technology.

Sun 9:00 am SP3-116 Developmental Disabilities

Executive Function Skill Needs in Undergraduate Students with Learning Disabilities and Attention-Deficit Hyperactivity Disorder

Speaker: Katherine DeNunzio, Anushka Pandya, Kelly Dillon

School: University of Florida | OTD

Advisors: Consuelo M. Kreider PhD, OTR/L

Abstract: Undergraduates with learning disabilities (LD) and attention-deficit hyperactivity disorder (ADHD) face challenges with executive functioning (EF) skills such as inhibitory control, working memory, and cognitive flexibility. This analysis identifies how undergraduates with LD/ADHD anticipated applying EF skills beyond academic contexts. Findings support the need for OT interventions addressing EF skills in the transition from academia to workplace contexts. Objectives: At the conclusion of this session, attendees will understand how EF skills are more pertinent in post-academic transition periods for college students with LD/ADHD. At the conclusion of this session, attendees will reflect on ways to support EF skill development in college students with LD/ADHD.

Sun 9:00 am SP3-154 Research

A rapid systematic review on the effects of virtual reality interventions on activities of daily living performance in adults with Parkinson's disease

Speaker: Leah Knight, Mikayla Ryder, Danielle Bellew, Emma Fraunhoffer, Daniela Moreira

School: University of Florida | OTD

Advisors: Hongwu Wang, PhD, Chiung-ju (CJ) Liu, PhD, OTR FGSA

Abstract: Using virtual reality (VR) as an intervention for Parkinson's Disease (PD) is emerging in OT practice. A rapid systematic review was conducted to determine the effects of VR on activities of daily living (ADL) performance in adults with PD. Key findings were found in three areas: (1) *Nintendo Wii* as a Modality of VR (2) Frequency of Intervention, and (3) Inconsistent Outcome Measures. OTPs should exercise caution when considering using VR to impact ADL performance as future research is needed. Objectives: The audience will be able to summarize current evidence for using VR interventions to improve ADL performance in PD clients. The audience will appraise the value of using VR interventions and illustrate how they can be integrated into clinical practice. The audience will analyze current recommendations for VR use and formulate questions regarding what should be explored in future research.

Sun 9:00 am SP3-167 Education

Student Poster Session III - Sunday 9:00 am

What are the experiences of patient and family faculty participating in a Patient and Family Engaged Care interprofessional educational experience?

Speaker: Nancy Le, Alexa Redmond

School: Nova Southeastern University - Fort Lauderdale | MOT

Advisors: Elise Bloch Ed.D., OTR/L

Abstract: his research study looked at the experiences of patient and family faculty participating in a Patient and Family Engaged Care interprofessional education experience.

Interviews and focus groups were conducted and data was analyzed using the Giorgio Method. The results showed that participants gained therapeutic benefits, a sense of meaningfulness and community, and a commitment to advocacy. Future implications will be discussed. **Objectives:** Individuals will identify PFEC tenets and their application to healthcare practice. Individuals will describe how to use patient and family faculty in healthcare education. Individuals will delineate the importance of implementing PFEC in both health professional education and within healthcare practice settings.

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