

## CURRICULUM VITAE

Kurt Kinkaide Hubbard, PhD(c), OTD, OTR/L

### BUSINESS ADDRESS

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### EDUCATION

Doctor of Philosophy (PhD), ABD – Health Psychology/Behavioral Medicine, est. 2013  
Northcentral University, Prescott, AZ

Doctor of Occupational Therapy (OTD) – Occupational Therapy, 2006  
University of St. Augustine - School for Health Sciences, St. Augustine, FL

Master of Science (M.S.) – Occupational Therapy, 2000  
Columbia University - College of Physicians and Surgeons, New York, NY

Master of Arts (M.A.) – Psychology, 1997  
Fairleigh Dickinson University, Teaneck, NJ

Bachelor of Arts (B.A.) – Psychology, 1993  
State University of New York at Stony Brook, Stony Brook, NY

Associate of Arts (A.A.) – Liberal Arts, 1991  
Suffolk County Community College, Brentwood, NY

### UNIVERSITY TEACHING EXPERIENCE

- 2013-Present     Adjunct Professor, University of St. Augustine - School for Health Sciences, St. Augustine, FL
- Teaching graduate level Occupational therapy, Physical therapy, and Orthopedic Physicians Assistant courses in a 12 month interdisciplinary environment
  - Developed Interactive and lab exposures to a blended academic environment
- 2012-Present     National Dean of Occupational and Physical Therapy Studies, Heathrow, FL
- Responsible for the development, progress, and growth of Occupational and Physical Therapy programs including curriculum preparation; initial and ongoing program operation, compliance, programmatic accreditation; organizing and leading national and local advisory committee; marketing to for clinical site contracts.

- 2011-Present     Adjunct Professor, Nova Southeastern University, Ft. Lauderdale, FL
- Teaching and Developing Advance Policy Issues curriculum for Occupational Therapy in the Dr. OT and PhD programs
  - Organizing Advocacy assignments related to the respective on and off campus doctoral programs
- 2009-2013       Adjunct Professor, Flagler College, Psychology Department, St. Augustine, FL
- Development of upper level undergraduate curriculum and courses
  - Teaching various undergraduate Psychology classes
  - Development of a Psychology externship and research program related to health science careers
- 2006-2013       Assistant Professor, University of St. Augustine - School for Health Sciences, St. Augustine, FL
- Teaching graduate level Occupational and Physical therapists in a 12 month interdisciplinary environment
  - Developed Occupational Therapy clinic to provide outpatient and community outreach programs to assist local community residents
  - Developing student training and clinical experience facilitated by faculty practice
  - Development of curriculum and courses relating to accreditation standards
- 1995-1997       Instructor, Fairleigh Dickinson University, Psychology Department Teaneck, NJ
- Taught various undergraduate classes
  - Developed and implemented a mentor program for incoming students to participate in with a faculty advisor
  - Coordinator of Research and Development for the Clinical Psychology program

### **CLINICAL/RESEARCH EXPERIENCE**

- 2009-2012       Owner – Physical Intelligence, L.L.C., FL
- Delivering outpatient rehabilitation services, cognitive behavioral therapy, and pain management programming.
  - Development of the Occupational Therapy Department
  - Development of referral mechanisms relating to medical doctors for the outpatient facility
- 2008-Present    Owner – Hubbard Behavioral Health, P.C, FL
- Developing and providing cognitive-behavioral techniques to various health care facilities
  - Developing and providing stress management and pain management programs to various health care facilities

- Participation in securing resources regarding psychosocial programming for various agencies, including grant participation
  - Product development: *Inventor*. Developing and implementing assistive technology products for various populations
- 2004-Present     Owner - Hubbard Occupational Therapy, P.C., NY & FL
- Contract with various agencies and clinics to provide Occupational Therapy services to various disorders and populations
  - Providing supervision to Occupational Therapy departments, including inservices
  - Consultation with various hospitals to develop community outreach programs and research protocols
- 2001-2006     Occupational Therapist/ Therapy Program Manager, St. Mary's Hospital, NY
- Provide family-centered based evaluations/treatment of clients age 0-18 years of age addressing functional needs related to adaptive development, adaptive behavior, sensory, motor, postural development and psychological functioning
  - Perform specific assessments in fine motor, gross motor, feeding, oral-motor, cognitive/psychological and social-emotional development
  - Provide on-site evaluations and clinical supervision to Occupational Therapists and Occupational Therapy Assistance working in the community
- 2001-2006     Senior Occupational Therapist/Fieldwork Supervisor, Department of Education – NY
- Assessment/ treatment of children/adolescents with cognitive and physical disabilities
  - Participate in group counseling, vocational training, self-care training, rehabilitation team meetings, discharge planning, and community care plans
  - Lead rehabilitation meetings and community care plan meetings
  - Supervise Occupational therapy students in their fieldwork affiliations from New York City area universities. The main objective is to introduce students to the practical application of treatment techniques to children/adolescents with special needs
- 1998-2004     Consultant & Co-Director (Occupational Therapist, Community Integration Counselor), Rehabilitation Specialist - NY
- Evaluate/treatment of cognitive, behavioral, and physical dysfunction secondary to brain injuries. Population includes: neurological and orthopedic disorders, learning disabilities

- Develop rehabilitation programs designed to utilize therapeutic techniques and access professional services to enable clients to learn skills they need to return to a productive independent life
  - Train/supervise staff regarding clinical and administration issues
  - Conduct/present research on quality care and treatment protocols
- 2001                    Director, Work Hardening Program, Beth Abraham Hospital - NY
- Develop rehabilitation programs designed to train patients for employment outside the hospital setting
  - Train/supervise staff regarding clinical interventions and administration issues
  - Assistance maintaining Joint Commission on Accreditation of Healthcare Organizations (JCAHO)
  - Assistance attaining Commission on Accreditation of Rehabilitation Facilities (CARF)
- 2000- 2004            Occupational Therapist/ Fieldwork Supervisor, SunDance Rehabilitation Corporation – NJ
- Evaluated/treated patients in need of rehabilitation (e.g. Cardiovascular, orthopedic and neurological conditions) in Prospective Payment System
  - Attended hospital meetings, and patient care conferences
  - Supervised Occupational therapy students in their fieldwork affiliations from New York City universities. The main objective was to assist students with entry-level competence regarding the practice of occupational therapy
- 1995-1997            Clinical Psychology Extern/Research Coordinator, North Shore University Hospital-Cornell University Medical Center - NY
- Conducted individual and group cognitive-behavioral therapy and research for anxiety disorders (inpatient and outpatient) with children, adolescents, and adults
  - Developed and implemented various clinical protocols

### **PROFESSIONAL POSITIONS**

#### Florida Occupational Therapy Association:

President (July 2011-present)

President Elect (September 2010-July 2011)

Mental Health Special Interest Section Chair (2009-2011)

Health Promotion and Wellness Special Interest Section Chair (2008-2011)

Assistive Technology Special Interest Section Chair (2006-2011)

Member of the Board of Directors: Project Special Care, a center devoted to the under privileged of St. Johns county (2009–present)

Committee Member for Sponsorship: American Cancer Society (2008–present)

Committee Member - Student Advisory Board: Northcentral University (2008–2012)

Committee Member - Professional Advisory Committee: Nova Southeastern University, providing assistance in the development of the entry level OTD program (2011-present)

Committee Member – Professional Advisory Committee: Remington College, providing assistance in the development of the entry level OTA program (2012)

### **FUNDED GRANTS**

- 2012-2014    CogniFit – St. Augustine, FL.  
Brain training software to assess function skills relating to activities of daily living in early memory loss clients.  
Role: Co-investigator (Total: \$7,500)
- 2009-2011    Johnson & Johnson / Roslyn Carter Institute – St. Augustine, FL.  
*Environmental skill-building program for caregivers of those with dementia.*  
Role: Co-investigator (Total: \$100,000)

### **PUBLICATIONS**

- Hubbard, K. (2009-present). Kurt's Korner: Monthly health and wellness tips for the community. *St. Augustine Record*.
- Hubbard, K., Moore, V. (2012). *Using occupational therapy services in a tripod model to facilitate change for persons diagnosed with dementia/alzheimer's disease in a community setting*. [Abstract]. The Florida Occupational Therapy Association Annual Meeting, St. Augustine, FL.
- Hubbard, K., Moore, V. (2012). *Occupationally relevant classroom for the geriatric population: Facilitation of continued development using Erikson and Maslow* [Abstract]. The American Psychological Association Annual Meeting, Orlando, FL.
- Hubbard, K. & Guerrette, S. (2012). *Evidenced based research and the patent process made easy* [Abstract]. The American Occupational Therapy Association Annual Meeting, Indianapolis, IN.
- Hubbard, K. & Bourgoing, P. (2012). *Qi Gong as a complementary approach to occupational therapy: A case study demonstrating innovative practice in the treatment of parkinson's disease* [Abstract]. The American Occupational Therapy Association Annual Meeting, Indianapolis, IN.
- Hubbard, K., Huber, M., & Varughese, S. (2011). *Males in occupational therapy: Assessing the barriers* [Abstract]. The Florida Occupational Therapy Association Annual Meeting, St. Augustine, FL.

- Hubbard, K., Moore, V. (2011). *Occupational therapy program to facilitate continued development in day treatment programs* [Abstract]. The Florida Occupational Therapy Association Annual Meeting, St. Augustine, FL.
- Hubbard, K. & Collinson, A. (2011). *The role of occupational therapy to facilitate engagement in a community based homeless shelter* [Abstract]. The Florida Occupational Therapy Association Annual Meeting, St. Augustine, FL.
- Hubbard, K. (April, 2011). *Using a functional outcome menu to facilitate client independence in traumatic brain injury: Optimizing OT in a transitional living care facility* [Abstract]. The American Occupational Therapy Association Annual Meeting, Philadelphia, PA.
- Hubbard, K. (April, 2011). *The impact of stress and anxiety and effects of progressive muscle relaxation on academic performance in occupational therapy students* [Abstract]. The American Occupational Therapy Association Annual Meeting, Philadelphia, PA.
- Hubbard, K. & Kiernan, E. (April, 2011). *Service learning: Preparing occupational therapy students for the “real world” challenges they face* [Abstract]. The American Occupational Therapy Association Annual Meeting, Philadelphia, PA.
- Hubbard, K. & Watson, J. (April, 2011). *The use of a blended learning model in occupational therapy education* [Abstract]. The American Occupational Therapy Association Annual Meeting, Philadelphia, PA.
- Hubbard, K. (February, 2011). *Special Interest Section – Mental Health: How to “reinvent” mental health practice in occupational therapy* [Abstract]. The Florida Occupational Therapy Association Annual Meeting, Sarasota, FL.
- Hubbard, K. (August, 2010). Bridging the gap between OT education and community needs in psychosocial interventions. *Focus: Florida Occupational Therapy Association Quarterly, Summer Edition*, 6-7.
- Hubbard, K. (April, 2010). *The use of the infinity multipurpose foot inspector to assist in the adherence of foot monitoring protocols in individuals with diabetes* [Abstract]. The American Occupational Therapy Association Annual Meeting, Orlando, FL.
- Hubbard, K., & Story, A. (January, 2010). *A new assistive technology device to facilitate foot monitoring protocols in people with diabetes*. [Abstract]. The Assistive Technology Industry Association Annual Meeting, Orlando, FL.
- Hubbard, K. (April, 2009). *Multipurpose Foot Inspector: Product Presentation* [Abstract]. Award Winner: The Annual 35<sup>th</sup> Maddak Award Product Presentation, Houston, TX.

- Hubbard, K., & Clark, M. (April, 2009). *Case Report: The role of Occupational therapy in multiple systems atrophy (Shy-Drager Syndrome)* [Abstract]. The American Occupational Therapy Association Annual Meeting, Houston, TX.
- Gitlow, L., Flecky, K., & Hubbard, K. (April, 2009). *The use of service learning to educate occupational therapy students about assistive technology* [Abstract]. The American Occupational Therapy Association Annual Meeting, Houston, TX.
- Hubbard, K. (February, 2009). *Special Interest Section – Health Promotion & Wellness: Incorporating health and wellness concepts in occupational therapy practice* [Abstract]. The Florida Occupational Therapy Association Annual Meeting, Orlando, FL.
- Hubbard, K. (January, 2009). *Barriers for effective faculty implementation of non-traditional assistive technology education in today's university system* [Abstract]. The Assistive Technology Industry Association Annual Meeting, Orlando, FL.
- Hubbard, K. (January, 2009). *Access technology curriculum highlights* [Abstract]. The Assistive Technology Industry Association Annual Meeting, Orlando, FL.
- Hubbard, K. (March, 2008). *Special Interest Section – Assistive Technology: Promotion of assistive technology in occupational therapy* [Abstract]. The Florida Occupational Therapy Association Annual Meeting, Gainesville, FL.
- Hubbard, K. (February, 2008). *Service learning to promote assistive technology use in students* [Abstract]. The Assistive Technology Industry Association Annual Meeting, Orlando, FL.
- Hubbard, K. & Miller, P. (April, 2007). *Anxiety: It's relationship to fear of falling, falls efficacy and number of falls* [Abstract]. The American Occupational Therapy Association Annual Meeting, St. Louis, MO.
- Hubbard, K. & Marvin, P. (April, 2007). *Occupational performance in mothers with pre-term infants in an urban population* [Abstract]. The American Occupational Therapy Association Annual Meeting. St. Louis, MO.
- Hubbard, K. (2006, November). *Special Interest Section – Assistive Technology: Reimbursement issues regarding durable medical equipment and its impact on occupational therapy* [Abstract]. The Florida Occupational Therapy Association Meeting Annual Meeting, Ft. Lauderdale, FL.
- Hubbard, K., Radnitz, C. L., Binks, M., Broderick, C. P., Lillian, L. B., Schlein, I. S., Willard J., Walczak, S., Tirch, D. D., Festa, J. & Perez-Strumolo, L. (1997, May). *Factors relating to chronicity of PTSD and depression in spinal cord injured patients* [Abstract]. The American Association of Spinal Cord Injury Psychologist and Social Workers Annual Conference, Las Vegas, NV.

- Hubbard, K., Lachenmeyer, J., Shack, A., & Uccello, R. (1997, November). *The Yale-Brown Obsessive Compulsive Scale: Evidence for the two-factor model* [Abstract]. The Association of the Advancement of Behavioral Therapy Annual Meeting, Miami, FL.
- Hubbard, K., & Sigal, J. (1997, November). *The role of cognitive schemata in social anxiety* [Abstract]. The Association for the Advancement of Behavioral Therapy Annual Meeting, Miami, FL.
- Lachenmeyer, J., Uccello, R., Shack, A., & Hubbard, K. (1997, November). *Assessment of childhood obsessive-compulsive disorder* [Abstract]. The Association of the Advancement of Behavioral Therapy Annual Meeting, Miami, FL.
- Lachenmeyer, J., Shack, A., Uccello, R., Hubbard, K., & Hollick, C. (1997, November). *Obsessive-Compulsive personality and obsessive-compulsive disorder: Increase co-morbidity under conditions of high anxiety* [Abstract]. The Association of the Advancement of Behavioral Therapy Annual Meeting, Miami, FL.
- Shack, A., Handley, K., Lachenmeyer, J., Radnitz, C., Lofu, P., Malczak, S., & Hubbard, K. (1997, November). *Panic disorder and self-medication in substance abuse patients* [Abstract]. The Association of the Advancement of Behavioral Therapy Annual Meeting, Miami, FL.
- Hubbard, K., Shack, A., Lachenmeyer, J., Uccello, R., & Handley, K. (1997, May). *Prevalence of psychopathology in families of patients with OCD* [Abstract]. The American Psychiatric Association Annual Meeting, San Diego, CA.
- Hubbard, K., Shack, A., Uccello, R., Lachenmeyer, J., & Handley, K. (1997, March). *Prevalence of psychopathology in families of patients with panic disorder and generalized anxiety disorder* [Abstract]. The Anxiety Disorders Association of America Annual Meeting, New Orleans, LA.
- Hubbard, K., Handley, K., Lachenmeyer, J., Shack, A., & Uccello, R. (1997, March). *Reduction in anxiety symptoms in cognitive-behavioral group treatment for panic disorder* [Abstract]. The Anxiety Disorders Association of America Annual Meeting, New Orleans, LA.
- Hubbard, K., Shack, A., Uccello, R., & Lachenmeyer, J. (1997, March). *Differential symptomatology for panic disorder and generalized anxiety disorder*. [Abstract]. The Anxiety Disorders Association of America Annual Meeting, New Orleans, LA.
- Shack, A., Handley, K., Lachenmeyer, J., Radnitz, C., Lofu, P., Malczak, S., & Hubbard, K. (1997, March). *Self-efficacy and dual-diagnosis in substance abuse patients* [Abstract]. Orthopsychiatric Annual Meeting, Toronto, Canada.

- Massoth, N., Broderick, C., Montello, N., Breed, S., Callahan, F., Gordon, D., Festa, J., & Hubbard, K. (1996, October). *Measuring cognitive impairment of functional life skills in traumatically brain injured adult* [Abstract]. The Eastern Psychological Association Annual Meeting, Washington, DC.
- Hubbard, K., Handley, K., Lachenmeyer, J., Shack, A., & Uccello, R. (1996, November). *A comparison of The Yale-Brown Obsessive-Compulsive Disorder Scale: Interview and self report versions* [Abstract]. The Association for the Advancement of Behavior Therapy Annual Meeting, New York, NY.
- Handley, K., Hubbard, K., Lachenmeyer, J., Shack, A., & Uccello, R. (1996, November). *A comparison of measures of functioning in patients with obsessive-compulsive disorder* [Abstract]. The Association for the Advancement of Behavior Therapy Annual Meeting, New York, NY.
- Wayland-Smith, D., Hubbard, K., & Eisen, A., (1996, November). *Determinants of attention within the visual field of non-clinical and anxiety disordered subjects* [Abstract]. The Association for the Advancement of Behavior Therapy Annual Meeting, New York, NY.
- Hubbard, K., Bogoro, S., Lord, J., Stokes, J., Harvey, P., & Pogge, D., (1995, May). *Cognitive impulsivity predicts poly substance abuse in hospital inpatients* [Abstract]. The American Psychiatric Association Annual Meeting, Miami, FL.
- Montello, N., Massoth, N., Festa, J., Gordon, D., Hubbard, K., Kalmar, K., & Westerveld, M. (1994, October). *Interrater reliability of the prose recall subtest of the Adolescent Memory Test using gist and conceptual scoring system* [Abstract]. The Eastern Psychological Association Annual Meeting, Boston, MA.
- Putnam, K., Harvey, P., Hubbard, K., & Scherl, W. (1994, March). *Age related patterns of memory functioning in chronic schizophrenia* [Abstract]. Biological Psychiatry Annual Meeting, Philadelphia, PA.
- Heyman, R., Vivian, D., & Hubbard, K. (1994, October). *Coding marital interactions at three levels of abstraction* [Abstract]. The Association of the Advancement of Behavior Therapy Annual Meeting, Atlanta, GA.

## **PRESENTATIONS**

- Hubbard, K. (2010 – present: delivered annually). *Health and wellness: 8 week wellness workshop series*. St. Johns Welfare federation, St. Augustine, FL.
- Hubbard, K. (2009 – present: delivered biannually). *Breast cancer and stress workshop: 10 week stress management series*. St. Johns Welfare Federation, St. Augustine, FL

- Hubbard, K. (2011, October). *Translating evidenced based research to practice in caregiver training*. Presented at the annual Rosalynn Carter Institute for Caregiving - Georgia South Western University, Americus, GA.
- Hubbard, K. (2009, March). *Wellness programming to combat cancer*. Presented at the American Cancer Society Relay for Life, St. Augustine, FL.
- Hubbard, K. (2006, April). *Treatment protocols in rotator cuff arthropathy*. Presented at St. Mary's Hospital, Bayside, NY.
- Hubbard, K. (2006, April). *Threats to internal validity: Research design errors in treatment protocols*. Presented at St. Mary's Hospital, Bayside, NY.
- Hubbard, K. (2005, October). *Psychological issues in individuals with special needs: Transitioning from school to the "real world."* Presented at the semi-annual related service day, New York City Department of Education, New York, NY.
- Hubbard, K. & Payne, K. (2004, April). *Sensory integration treatment in motor unit disorders*. Presented at the semi-annual related service day, New York City Department of Education, New York, NY.
- Hubbard, K. (2003, April). *Neurodevelopmental treatment in children with special needs*. Presented at the semi-annual related service day, New York City Department of Education, New York, NY.
- Hubbard, K (2001, September). *Proper seating and positioning in low tone children*. Presented at the semi-annual related service day, New York City Department of Education, New York, NY.
- Hubbard, K. (2000, November). *Perceptions and vision disorders in children and adolescents*. Presented at Felician College, Garfield, NJ.
- Hubbard, K., St. John, N., Trush, J., & Miller, P. (2000, May). *The effects of mood on functional mobility in a well elderly population*. Presented at the eighteenth annual interdisciplinary research day, Columbia University Health Science Center, New York, NY.
- Hubbard, K. (1995, March). *Coping strategies of college freshman*. Presented at the annual Fairleigh Dickinson University research day, Teaneck, NJ.

### **OTHER PROJECTS**

Featured Professional – (2012). Inspired to act: Pushing the OT profession to new heights. *Today in OT*, 3, 10-12.

WFOY, 1240AM – St. Augustine, FL – Frequent guest on the *St. Johns County Evening Talk Radio with Al Brennan*. A weekly local talk radio show addressing community issues impacting the local community.

Product development: *Inventor* - Developing and implementing assistive technology products for various populations

- Patent: Multipurpose Lower Extremity Examination Stool,  
Patent # US 8,240,769 B1, date 08/14/2012